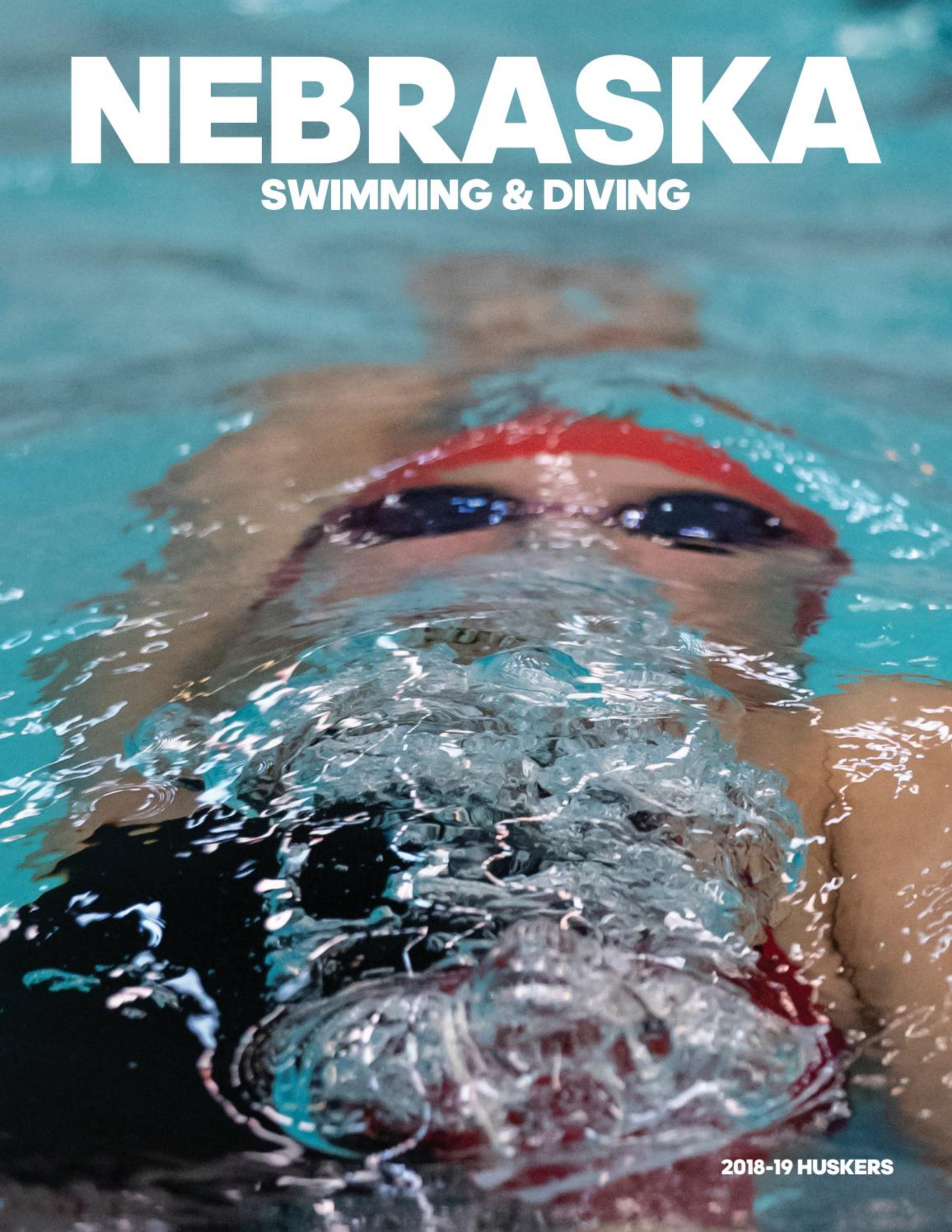
NEBRASKA

SWIMMING & DIVING



2018-19 HUSKERS

NEBRASKA
JUNIORS

WELCOME TO NEBRASKA SWIMMING & DIVING

THIS IS NEBRASKA.....1-30

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Nebraska's 11-member sophomore class led by 2018 NCAA qualifier Autumn Haebig (back), along with (kneeling, from left) Gabby Baratta, Jessica Pentlarge (second row, from left) Allison Kopas, Izzie Murray, Grace Tiernon, Rachel Powers (third row, from left) Clara Walstad, Madison Coughlen, Sutton Marvin and Mira Rhodes, hope to help the Huskers to new heights at the Big Ten and NCAA level in 2018-19.

Credits: The 2018-19 University of Nebraska Swimming and Diving Guide was designed, written and edited by Senior Associate Director of Communications/ Operations Jeff Griesch with assistance from student assistants Kyiia Rollag and Blake Otte. The guide was produced entirely on Adobe InDesign and printed at the University of Nebraska Copy Services. Cover photos by Scott Bruhn and design by Laura Leffler.

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ATHLETIC DEPARTMENT DIRECTORY

UNIVERSITY ADMINISTRATION ..... (402) 472-7211
President: Hank Bounds, Ph.D 472-2111
Chancellor: Ronnie Green. 472-2116
Faculty Athletics Representative: Josephine Potuto, J.D. 472-1252

ATHLETIC ADMINISTRATION ..... (402) 472-3011
Athletic Director: Bill Moos 472-3011
Deputy A.D./Chief of Staff: Bob Burton 472-3011
Deputy A.D./CFO: John Jentz 472-2273
Deputy A.D./Senior Woman Administrator: Pat Logsdon 472-3011
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STRENGTH & CONDITIONING/HUSKER POWER ..... (402) 472-3333
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Associate A.D./Director of Athletic Medicine ..... Dr. Lonnie Albers
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Assistant Athletic Trainers ..... Brad Brown, Tom Dufresne, Jolene Emricson, Drew Hamblin, Todd Johnston, ... Marcia Kennedy, Lisa Lowenstein, R.J. Pietig, Ashley Rudolph, Jeff Rudy, Julie Tuttle, Tyler Weeda
Chief of Staff/Orthopaedic Surgeon ..... Dr. Robert Dugas
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Assistant Director of Performance Nutrition ..... Lisa Kopecky

PERFORMANCE PSYCHOLOGY ..... (402) 272-2276
Senior Associate A.D./Performance ..... Todd Stull, MD
Director of Sports Psychology ..... Brett Haskell
Athletic Psychologist ..... Chad Doerr, Brett Woods

ACADEMIC PROGRAMS & STUDENT SERVICES ..... (402) 472-2042
Associate Directors of Academic Programs ..... Katie Jewell, Kim Schellpepper
Coordinator of Student-Athlete Development (Swimming & Diving) ..... Alvin Banks
Academic Counselors ..... Sheri Hastings, Caleb Hawley, Mike Nieman, Joann Ross
Learning Specialists ..... Andrea Einspahr, Denise Howell, Pablo Rangel
Administrative Assistant (Academics, Life Skills) ..... Leah Huber

LIFE SKILLS & ENRICHMENT ..... (402) 472-4616
Senior Associate A.D./Life Skills (Swimming & Diving) ..... Keith Zimmer
Director of Education & Engagement Programs ..... Stacey Burling
Diversity & Inclusion Director: ..... DaWon Baker
Assistant Directors of Life Skills ..... Sammi Cowger, Kate Frazier

EVENT MANAGEMENT ..... (402) 472-1000
Associate A.D./Events ..... Butch Hug
Director of Athletic Events ..... Matt Davidson
Director of Athletic Facilities (Devaney Center) ..... Randy Gobel
Assistant Directors of Athletic Events ..... Derek Bond, Tim Henrichs
Event Management Specialists ..... Andy Moser, Kale Terrill
Building and Grounds Supervisor ..... Steve Torske

HUSKERVISION ..... (402) 472-4645
Senior Associate A.D./Marketing & Multimedia ..... Brandon Meier
Assistant A.D./HuskerVision ..... Shot Kleen
Executive Director of Video Production ..... Kirk Hartman
Broadcasting Engineer ..... Scott Guthrie
Video Services Coordinator ..... Keegan Wilson
Video Production Coordinator ..... Amanda Holzwarth
Game Presentation Coordinator ..... Chris Pankonin
Video Production Specialists ..... Andrew Constans, Adam Pieper, Kevin Raguse

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Assistant A.D./Communications ..... Keith Mann
Senior Associate Director of Communications/Operations ..... Jeff Griesch
Senior Associate Director ..... Shamus McKnight
Associate Director ..... Matt Smith
Assistant Directors ..... Nate Pohlen, Connor Stange, Erica Nett
Swimming & Diving Communications Contacts ..... Kyiia Rollag, Blake Otte
Administrative Assistant ..... Vicki Capazo
Director of Website Services ..... Jeremy Foote
Athletic Department Photographer ..... Scott Bruhn

NEBRASKA INFORMATION
Location: Lincoln, Neb.
Population: 280,364
Enrollment: 25,820
Nickname: Cornhuskers, Huskers
Colors: Scarlet and Cream
Founded: 1869
Conference: Big Ten

QUICK PHONE LIST
Head Coach: Pablo Morales
+ Office Phone: (402) 472-6474
Associate Head Coach: Patrick Rowan
+ Office Phone: (402) 472-0042
Head Diving Coach: Natasha Chikina
+ Office Phone: (402) 472-6475
Swimming & Diving Secretary: Annette Werschke
+ Office Phone: (402) 472-3186
Communications Contacts: Blake Otte, Kyiia Rollag
+ Office Phone: (402) 472-0694
+ Otte Cell Phone: (303) 915-8439
+ Rollag Cell Phone: (402) 718-7985
Communications Fax: (402) 472-2005
Communications Address:
One Memorial Stadium
Lincoln, NE 68588-0123

ADMINISTRATION
President: Hank Bounds, Ph.D
Chancellor: Ronnie Green

BOARD OF REGENTS

Timothy Clare	Lincoln
Hal Daub	Omaha
Howard Hawks	Omaha
Bob Phares	North Platte
Jim Pillen	Columbus
Robert Schafer	Beatrice
Paul Kenney	Amherst
Bob Whitehouse	Papillion

STUDENT REGENTS

Hunter Traynor	Nebraska-Lincoln
Logan Krejdl	Nebraska-Kearney
Sarah Hotovy	Nebraska-Medical Center
Renata Valquier Chavez	Nebraska-Omaha

ATHLETIC DEPARTMENT MISSION STATEMENT
The mission of the University of Nebraska Athletic Department is to serve our student-athletes, coaches, staff and fans by:

Displaying INTEGRITY in every decision and action;

Building and maintaining TRUST with others;

Giving RESPECT to each person we encounter;

Pursuing unity of purpose through TEAMWORK;

Maintaining LOYALTY to student-athletes, coworkers, fans and the University of Nebraska.

MEDIA INFORMATION & SERVICES

BLAKE OTTE
COMMUNICATIONS CONTACT

KYIIA ROLLAG
COMMUNICATIONS CONTACT

HUSKERS.COM

For the most up-to-the-minute coverage of Nebraska swimming and diving on the World Wide Web, visit Huskers.com, the official web site of the University of Nebraska Athletic Department. In addition to updated results, statistics and meet stories, you can find photos, player and coach biographies, schedule and roster information and weekly releases on the Husker swimming and diving program.

NEBRASKA COMMUNICATIONS

The 2018-19 Nebraska swimming and diving guide is designed to assist the media in their coverage of Husker swimming and diving. Nebraska's swimming and diving communications contacts for the 2018-19 season are Kyiia Rollag and Blake Otte. Additional information on Husker swimming and diving may be obtained by contacting the Communications Office at (402) 472-0694 or by e-mailing Kyiia Rollag at krollag@huskers.com or Blake Otte at botte@huskers.com. Rollag can also be reached by text message or cell phone at (402) 718-7985 and Otte can be reached at (303) 915-8439. Please take a moment to review the following policies and services intended to assist you in coverage of Nebraska swimming and diving.

MEDIA FACILITIES

The Bob Devaney Sports Center invites the media to view competitions from the results table, located on the north side of the Devaney Natatorium, with the media relations and meet staff. Photographers are allowed to shoot anywhere in the pool area, provided that photographers do not interfere with competition. Flash photography is not permitted at the start of the race.

POST-MEET INTERVIEWS

Student-athletes will be available during home dual and invitational meets after they have completed their final competitions of the day. Coaches will be available following the meet.

COACH & STUDENT-ATHLETE INTERVIEWS

All media requests for interviews with Nebraska coaches, swimmers and divers should be directed to Blake Otte (303-915-8439, botte@huskers.com) or Kyiia Rollag (402-718-7985, krollag@huskers.com) at least one day in advance. Swimming and diving student-athletes are usually available for in-person interviews before or after workouts, which run daily from 2 to 5 p.m.

CONTACT NEBRASKA COMMUNICATIONS

The University of Nebraska Communications Office is located on the third floor of the Tom and Nancy Osborne Athletic Complex, which is located on the north side of Memorial Stadium at: One Memorial Stadium, P.O. Box 880123, Lincoln, NE, 68588-0123. Phone: (402) 472-0694; Fax (402) 472-2005. Opponents should submit an e-mail list of media who need to receive results to botte@huskers.com or krollag@huskers.com.

Associated Press
909 N. 9th Street, Suite 104
Omaha, NE 68114
Phone: (402) 391-0031
Fax: (402) 391-1412
Web: ap.org

Lincoln Journal Star
926 P Street
Lincoln, NE 68508
Phone: (402) 473-7431
Fax: (402) 473-7291
Web: journalstar.com

Omaha World-Herald
14th & Dodge
Omaha, NE 68102
Phone: (402) 444-1000
Fax: (402) 344-3343
Web: omaha.com

Daily Nebraskan
University of Nebraska
20 Nebraska Union
Lincoln, NE 68588
Phone: (402) 472-1765
Fax: (402) 472-1761
Web: dailynebraskan.com

KOLN-TV (CBS, Chs. 10/11)
40th & W
Lincoln, NE 68503
Phone: (402) 467-9720
Fax: (402) 467-9208
Web: kolnkgin.com

KLKN-TV (ABC, Ch. 8)
3240 South 10th
Lincoln, NE 68502
Phone: (402) 434-8000
Fax: (402) 436-2236
Web: klkntv.com

KETV (ABC, Ch. 7)
27th & Douglas
Omaha, NE 68131
Phone: (402) 978-8958
Fax: (402) 978-8931
Web: ketv.com

WOWT (NBC, Ch. 6)
3501 Farnam
Omaha, NE 68131
Phone: (402) 233-7940
Fax: (402) 346-6740
Web: wowt.com

KPTM (Fox, Ch. 42)
4625 Farnam
Omaha, NE 68132
Phone: (402) 554-4286
Fax: (402) 554-4292
Web: kptm.com

Nebraska ETV (PBS, Ch. 12)
1800 North 33rd
Lincoln, NE 68503
Phone: (402) 472-3611
Fax: (402) 472-5347
Web: net.unl.edu

KLIN (1400 AM)
4343 O Street
Lincoln, NE 68510
Phone: (402) 475-4567
Fax: (402) 474-8011
Web: klin.com

KFAB (1110 AM)
5010 Underwood
Omaha, NE 68132
Phone: (402) 556-8000
Fax: (402) 556-8937
Web: kfab.com

KLMS (1480 AM)
3800 Cornhusker Hwy.
Lincoln, NE 68504
Phone: (402) 466-1234
Fax: (402) 467-4095
Web: espn1480.com

KFOR (1240 AM)
3800 Cornhusker Hwy.
Lincoln, NE 68504
Phone: (402) 466-1234
Fax: (402) 467-4095
Web: kfor1240.com

KOZN (1620 AM)
5011 Capitol Suite, #300
Omaha, NE 68132
Phone: (402) 951-1620
Fax: (402) 342-7041
Web: 1620thezone.com

KRNU (90.3 FM)
University of Nebraska
201 Andersen Hall
Lincoln, NE 68588
Phone: (402) 472-3054
Fax: (402) 472-8597
Web: krnu.unl.edu

Huskers Illustrated
7755 S. 23rd St
Lincoln, NE 68512
Phone: (402) 474-4355
Fax: (402) 474-5132
Web: huskersillustrated.com

Big Red Report
401 N. Coddington Ave.
Lincoln, NE 68528
Phone: (402) 476-5006
Fax: same as phone
Web: bigredreport.com

Hail Varsity
1201 Calvert St., Suite 22490
Lincoln, NE 68542
Phone: (402) 613-2177
Web: hailvarsity.com

THIS IS NEBRASKA SWIM & DIVE

U.S. OLYMPIC TRIALS (OMAHA)

ALL-AMERICA TRADITION

5 CSCAA SCHOLAR ALL-AMERICANS IN 2018

DEVANEY NATATORIUM

NEBRASKA ALL-AMERICANS & OLYMPIANS

PENNY HEYNS, 2-TIME GOLD MEDALIST

THERESE ALSHAMMAR, 6-TIME OLYMPIAN

JULIA RUSSELL, 18-TIME ALL-AMERICAN

LAUREN BAILEY, ALL-AMERICAN

CHAMPIONSHIP FACILITIES

PINNACLE BANK ARENA

HAWKS FIELD

BOB DEVANEY SPORTS CENTER

BARBARA HIBNER STADIUM

HUSKER POWER

NDAMUKONG SUH STRENGTH & CONDITIONING CENTER

HENDRICKS COMPLEX WEIGHT ROOM

HENDRICKS COMPLEX OASIS

NEBRASKA
ATHLETIC PERFORMANCE LAB

"THIS FACILITY IS
UNBELIEVABLE."

WORLD SOCCER STAR DEMBA BA, WHO TRAINED AT THE
NEBRASKA ATHLETIC PERFORMANCE LAB IN 2017

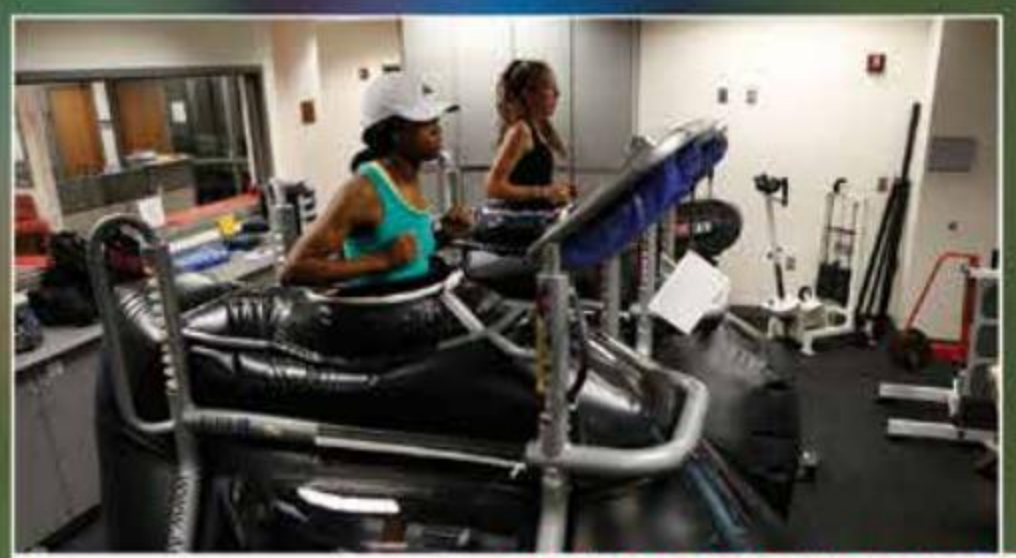
GROUNDBREAKING RESEARCH

ADVANCED TECHNOLOGY

PERFORMANCE TESTING

STATE-OF-THE-ART EQUIPMENT

ATHLETIC MEDICINE



ALTER-G TREADMILLS

HYDROTHERAPY POOLS

ON-SITE X-RAY FACILITY

ACADEMIC SUCCESS

ERIN OELTJEN
THREE-TIME CSCAA
SCHOLAR ALL-AMERICAN

ANNA FILIPCIC, SCHOLAR ALL-AMERICAN

BRIA DEVEAUX, ACADEMIC ALL-BIG TEN

3-TIME NEBRASKA HERMAN TEAM GPA WINNERS

ACADEMIC EXPERIENCE

A TOP VALUE IN PUBLIC EDUCATION

STUDENT LIFE COMPLEX

ACADEMIC ALL-AMERICANS

DIVISION I SCHOOLS, ALL TIME

N	333
ND	258
S	222

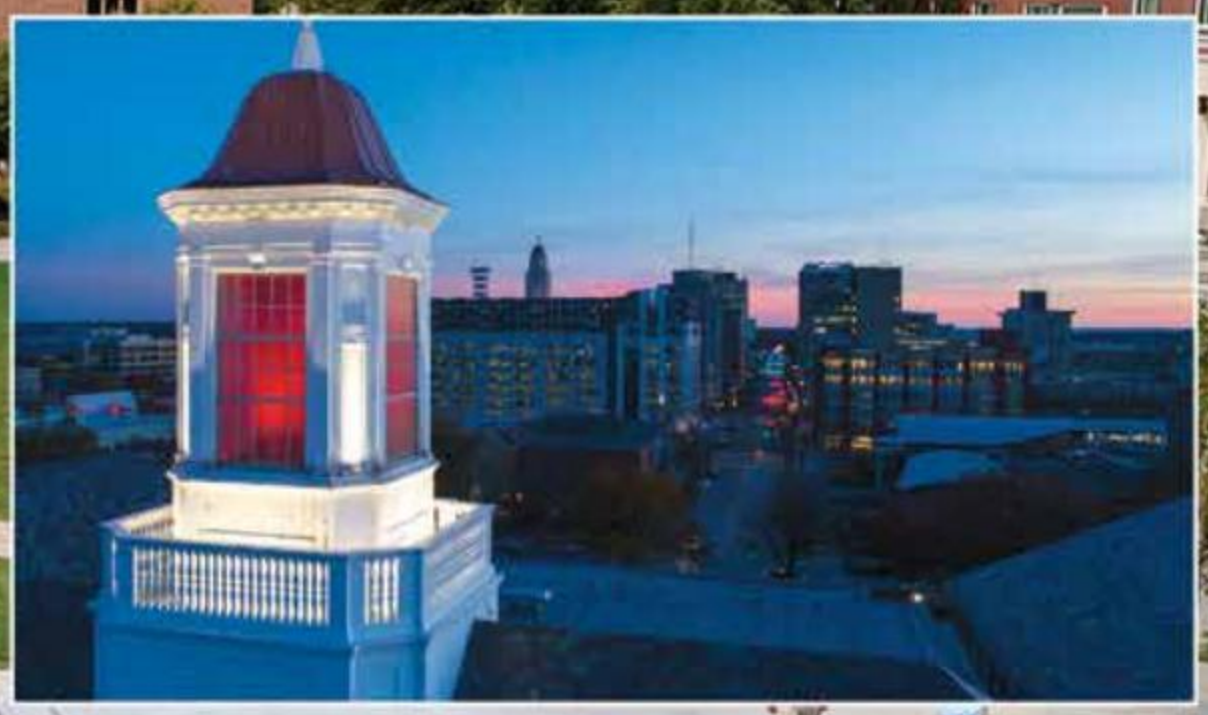
LIFE SKILLS

SERVICE TRIP TO NICARAGUA, 2017

KATT SICKLE, HEART & SOUL AWARD

ANNUAL HUSKER HEROES EVENT

THE UNIVERSITY OF NEBRASKA



THE UNIVERSITY OF NEBRASKA

The University of Nebraska was chartered by the Nebraska Legislature in 1869 as the state's public university and land-grant institution. Founded in Lincoln, the University of Nebraska was expanded in 1968 into a state educational system now comprising four campuses under the guidance of a Board of Regents and a central administration. Nebraska, which joined the Big Ten Conference in 2011, is a member of the Big Ten Academic Alliance, a consortium of Big Ten universities and the University of Chicago, which has generated unique opportunities for students and faculty by sharing expertise, leveraging resources and collaborating on programs.

BIG TEN ACADEMIC ALLIANCE

As a member of the Big Ten, the University of Nebraska-Lincoln (UNL) is a member of the Big Ten Academic Alliance (BTAA), formerly the Committee on Institutional Cooperation, which is the academic consortium of the universities in the Big Ten Conference. The consortium was renamed on June 29, 2016. The BTAA includes all 14 Big Ten Institutions and the University of Chicago. The Big Ten Academic Alliances and the institutions together have annual research expenditures topping $10.2 billion — more than the Ivy League and the University of California System combined — and they educate a total of nearly 600,000 students with approximately 50,000 full-time faculty members.

NATIONAL RANKINGS

- No. 1 Best-Value Law School (National Jurist Magazine)
- No. 1 Best-Value Online MBA in the World (Financial Times)
- No. 4 Best Online Graduate Education Programs (U.S. News & World Report)
- No. 4 Best Online Graduate Education Programs for Veterans (U.S. News & World Report)
- No. 9 Rising Star in Research Among U.S. Institutions (Springer Nature)
- No. 13 Best Online MBA Programs for Veterans (U.S. News & World Report)
- No. 21 Best Online MBA Programs (U.S. News & World Report)
- No. 24 in 'Best For Vets' Colleges (Military Times)
- Rated Among Top Half of First Tier of Top National Universities (U.S. News & World Report)
- Rated Among Top 100 Best Values in Public Colleges (Kiplinger's Personal Finance)

THE UNIVERSITY OF NEBRASKA

INNOVATION CAMPUS, CITY CAMPUS & DOWNTOWN LINCOLN

70 MASTER PROGRAMS

182 UNDERGRADUATE MAJORS

611 STUDENT ORGANIZATIONS

25,820 UNL ENROLLMENT

199,738 LIVING ALUMNI

135 COUNTRIES REPRESENTED

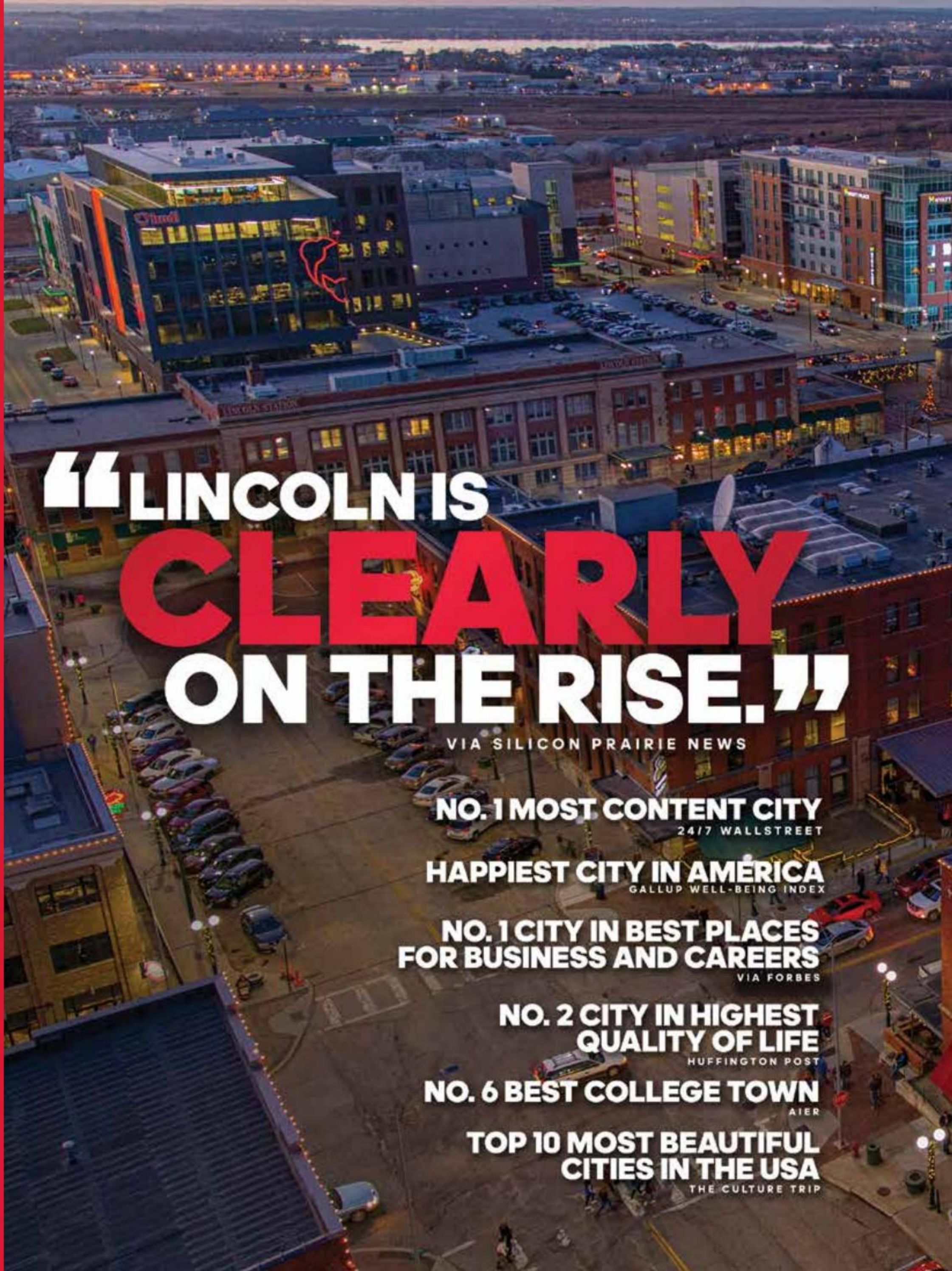
50 STATES REPRESENTED

CITY CAMPUS

OUTDOOR ADVENTURE CENTER

MULTICULTURAL CENTER

COLLEGE OF BUSINESS


"LINCOLN IS
CLEARLY
ON THE RISE."
VIA SILICON PRAIRIE NEWS
NO. 1 MOST CONTENT CITY
24/7 WALLSTREET
HAPPIEST CITY IN AMERICA
GALLUP WELL-BEING INDEX
NO. 1 CITY IN BEST PLACES FOR BUSINESS AND CAREERS
VIA FORBES
NO. 2 CITY IN HIGHEST QUALITY OF LIFE
HUFFINGTON POST
NO. 6 BEST COLLEGE TOWN
AIER
TOP 10 MOST BEAUTIFUL CITIES IN THE USA
THE CULTURE TRIP

1 OF THE 75 LARGEST CITIES IN THE U.S.

NATIONAL POWERS

2017 NCAA VOLLEYBALL CHAMPIONS

MEN'S BASKETBALL

WOMEN'S GYMNASTICS

WRESTLING

BOWLING

OMAHA SETS MORE RECORDS AT U.S. TRIALS

The CenturyLink Center in Omaha played host to the U.S. Olympic Trials for the third consecutive time in 2016. Six Husker swimmers competed in the 2016 U.S. Olympic Trials, including Omaha natives Alexandra Bilunas and Erin Oeltjen.

The state of Nebraska played host to the U.S. Olympic Swimming Trials at the CenturyLink Center in Omaha for the third consecutive time in 2016. The event, which has become a showcase event with sellout crowds of approximately 14,000 for each day of the trials, has given Nebraska a chance to showcase its love and support for swimming.

In 2016, six University of Nebraska swimmers provided the Huskers with a strong presence at the U.S. Olympic Trials. Led by Omahans Alexandra Bilunas (50 free) and Erin Oeltjen (100 back, 200 back), the Husker contingent proudly competed in the water with the world's best swimmers.

The native Nebraskans were joined by Husker teammates Taryn Collura (Phoenix, Ariz., 50 free, 100 fly), Jordan Ehly (Albuquerque, N.M., 200 breast), Morgan McCafferty (Reynoldsburg, Ohio, 100 back) and Katt Sickle (Grain Valley, Mo., 400 free) at the trials. The 2016 Husker participants tripled the number from the 2012 trials (Bailey Pons, 400 free; Shannon Guy, 100 fly), demonstrating the steady rise of the Nebraska program on the national level.

The state of Nebraska, the Midwest and the entire swimming community took a monumental step on June 28, 2005, when USA Swimming announced Omaha as the host city for the 2008 U.S. Olympic Swimming Trials. After the 2008 Trials proved to be a resounding success, as well as the subsequent 2012 Trials, officials from USA Swimming and the Omaha Sports Commission announced that return of the event to Omaha in 2016.

"It came down to the fact that the setup in Omaha for the athletes and coaches is just the best out of all the candidate cities," said Mike Unger, USA Swimming assistant executive director.

The 2008 Trials drew a record 160,003 fans over eight days and 15 sessions. The 2016 Trials smashed those numbers, with all 15 sessions sold out and attendance exceeding 200,000 for the first time. In 2004, attendance was just over 100,000.

The CenturyLink Center has served as a home away from home for Husker athletics the past several years. In 2015, the Nebraska volleyball team captured its fourth NCAA title and its second in Omaha. The 2006 Huskers claimed Nebraska's third NCAA volleyball title in Omaha as well. The CenturyLink Center also played host to the 2012 NCAA Volleyball Championships. Nebraska also hosted the Big 12 Wrestling Championships at the CenturyLink Center and the men's basketball team played there in a game against Oregon in 2007.

Morgan McCafferty competed in the 100-meter backstroke at the 2016 U.S. Olympic Trials in Omaha. The Reynoldsburg, Ohio, native was the youngest Husker swimmer to compete in the Trials.

MEET THE HUSKERS

2018-19 NEBRASKA CORNHUSKERS

The 2018-19 Nebraska Swimming and Diving Team: Back row (from left): Volunteer Assistant Coach Kyle Hunt, Associate Head Coach Patrick Rowan, Rachel Powers, Madison Coughlen, Carla Gonzalez-Garcia, Sutton Marvin, Autumn Haebig, Kaylyn Flatt, Jessica Pentlarge, Anna McDonald, Olivia Keith, Abigail Knapton, Allison Kopas, Lindsay Helferich, Head Coach Pablo Morales. **Middle Row (from left):** Graduate Assistant Katie Ditter, Jacqueline Jeschke, Dana Posthuma, Allie Worrall, Shea Bougie, Morgan McCafferty, Gabby Baratta, Abigail Greeneway, Katelyn Kilpatrick, Lindsey Stalheim, Savannah Savitt, Grace Tiernon, Diving Coach Natasha Chikina. **Front Row (from left):** Sara Troyer, Hallie Roman, Jessica Warak, Clara Walstad, Taylor Acheson, Maggie Berning, Audrey Coffey, Tori Beeler, Izzie Murray, Mira Rhodes, Gwen Worlton.

Name	Year	Events	Hometown (High School/Club)
Taylor Acheson	Fr.	Freestyle/IM	Overland Park, Kan. (Blue Valley West/Kansas City Blazers)
Gabby Baratta*	So.	Breast/IM	Old Tappan, N.J. (Northern Valley Regional/Scarlet Aquatics)
Tori Beeler**	Jr.	Breast/Back/IM	Parkville, Mo. (Park Hill South/Lawrence Aquahawks)
Maggie Berning	Fr.	Free/Fly	Kettering, Ohio (Fairmont/Dayton Raiders)
Shea Bougie**	Jr.	Fly/Back/IM	Lakeville, Minn. (Lakeville South/Riptide)
Audrey Coffey	Fr.	Free/Fly	Naperville, Ill. (Naperville Central/Academy Bullets)
Madison Coughlen*	So.	Fly/IM	Frisco, Texas (Frisco/Texas Ford Aquatics)
Alexandra Ellis	Fr.	Free	Omaha, Neb. (Millard South/Millard Aquatic Club)
Kaylyn Flatt**	Sr.	Back/Free	Centennial, Colo. (Cherry Creek/Colorado A.C. Stingrays)
Carla Gonzalez-Garcia**	Jr.	Back/IM	Merida, Venezuela (Arlington Martin/Venezuela National Team)
Abigail Greeneway**	Jr.	Free	Appleton, Wis. (Appleton North/Fox Valley Waves)
Autumn Haebig*	So.	Free/Back/Fly	Grafton, Wis. (Grafton/Ozaukee Aquatics)
Sydney Haubold	Fr.	Free	Grand Island, Neb. (Grand Island)
Morgan Heasty	Fr.	Breast/IM	Lincoln, Neb. (Lincoln Pius X/Greater Nebraska Swim Team)
Lindsay Helferich***	Sr.	Back/Free	Odessa, Texas (Odessa/City of Midland Aquatics)
Monica Hess	Fr.	Back/IM	Bushkill, Pa. (East Stroudsburg North)
Jacqueline Jeschke***	Sr.	Back	Augusta, Ga. (Stanford Online/Aiken-Augusta)
Olivia Keith	Fr.	Free/IM	Fayetteville, Ark. (Fayetteville/Razorback Aquatics)
Katelyn Kilpatrick	Fr.	Free	Ocala, Fla. (Vanguard/Central Florida Marlins)
Abigail Knapton**	Jr.	Diver	Omaha, Neb. (Omaha Marian/Nebraska Diving Club)
Allison Kopas*	So.	Back/IM	Fort Lauderdale. Fla. (NSU University/Swim Fort Lauderdale)
Emily Laudenklos	So.	Free	Kearney, Neb. (Kearney Catholic/Greater Nebraska Swim Team)
Emma MacCallum	Fr.	Fly/IM	Golden, Colo. (Golden/Jeffco Hurricanes)
Sutton Marvin*	So.	Free	Austin, Texas (McNeil/Nitro Swimming)
Morgan McCafferty***	Sr.	Back/IM	Reynoldsburg, Ohio (Reynoldsburg/Greater Columbus)
Anna McDonald***	Sr.	Back/IM	Evergreen, Colo. (Evergreen/Jeffco Hurricanes)
Amelia Miller	Fr.	Free/IM	Havre, Mont. (Havre/Havre Lions)
Izzie Murray*	So.	Back/Fly	North Bend, Ohio (Taylor/Cincinnati Marlins)
Jessica Pentlarge*	So.	Back/Free	San Dlego, Calif. (Cathedral Catholic/North Coast Aquatics)
Dana Posthuma***	Sr.	Fly/IM	Omaha, Neb. (Omaha Burke/Greater Omaha Aquatics)
Rachel Powers*	So.	Free	Sun Prarie, Wis. (Sun Prairie/Madison Aquatic Club)
Mira Rhodes*	So.	Back/Fly	Oakwood, Ohio (Oakwood/Dayton Raiders)
Hallie Roman	Fr.	Diver	Port Huron, Mich. (Port Huron Northern/Legacy Diving Club)
Savannah Savitt**	Jr.	Free/Breast/IM	Tampa, Fla. (Tampa Preparatory School/Tampa Bay Aquatics)
Claire Sorrell	Fr.	Free	Kearney, Neb. (Kearney)
Lindsey Stalheim**	Jr.	Fly/Back/IM	Omaha, Neb. (Millard West/Millard Aquatic Club)
Grace Tiernon*	So.	Diver	Fishers, Ind. (Heritage Christian/Indiana International School of Diving)
Sara Troyer	Fr.	Diver	Goshen, Ind. (Northridge/Indiana International School of Diving)
Alejandra Vazquez	Fr.	Free	Bogota, Colombia (Colegio Fontan/Club Kronos)
Clara Walstad	So.	Free/Back/Fly	Lincoln, Neb. (Southwest/Heartland Aquatics)
Jessica Warak	Fr.	Diver	Bellevue, Neb. (Bellevue West/Nebraska Diving Club)
Gwen Worlton**	Jr.	Breast	Fox Point, Wis. (Nicolet/Schroeder YMCA Club)
Allie Worrall**	Jr.	Free/Fly	Phoenix, Ariz. (Xavier College Prep/Phoenix Swim Club)

*denotes letter earned at Nebraska

Head Coach: Pablo Morales (Stanford, 1987)
Associate Head Coach: Patrick Rowan (Eastern Michigan, 2000)
Graduate Assistant Coach: Katie Ditter (Nebraska, 2016)
Head Diving Coach: Natasha Chikina (USC, 1999)
Volunteer Coach: Kyle Hunt (Nebraska, 2001)

HUSKERS POISED TO CONTINUE RISE IN 2018-19

Nebraska has positioned itself to take another step forward in 2018-19 with its most talented team in recent memory and its largest women's swimming and diving roster in school history.

Olympic and NCAA swimming legend Pablo Morales enters his 18th season as Nebraska's head coach with a solid nucleus of six senior leaders, including Kaylyn Flatt, Lindsay Helferich, Jacqueline Jeschke, Morgan McCafferty, Anna McDonald and Dana Posthuma.

Junior Abigail Knapton, a two-time first-team All-American, adds her talent and leadership to an impressive group of divers who could make a major impact at the Big Ten and NCAA Championships.

Sophomore Autumn Haebig, who competed at the NCAA Championships and set three school records as a true freshman, could help the Husker seniors set the tone for an outstanding season in the water.

Nebraska's six seniors have combined for 17 top-24 finishes in their careers at the Big Ten Championships, and their experience will be key in helping guide a collection of young and talented Huskers in 2018-19.

Helferich produced Nebraska's top times of 2017-18 in the 50 and 100 freestyle events, while swimming the anchor leg on Nebraska's school-record setting 400-yard medley relay team. She was also the anchor of the 200 medley relay squad that swam the second-fastest time in Husker history.

While Helferich led the sprinters, Flatt powered the distance freestyle group with Nebraska's fastest times in the 1,000 and 1,650 free during the year.

Posthuma added Nebraska's top times in the 100 and 200 butterfly events, while McDonald notched the Big Red's best time in the 200 backstroke in 2018-19.

While Nebraska's six-pack of seniors will be leaned on for leadership, NU's nine returning juniors will hope to produce major points at the Big Ten and NCAA Championship level.

The Big Red's junior class features the most accomplished diver in Husker history in Knapton.

The Omaha Marian High School graduate became the first Husker diver in history to earn back-to-back first-team All-America honors with her eighth-place finish on the platform at the 2018 NCAA Championships. It followed a fourth-place showing on the same event at nationals in 2017.

Knapton pitched in a 22nd-place finish on the three-meter board at the 2018 NCAA Championships, an eight-spot improvement over her finish at the 2017 national meet.

Knapton will be the elder stateswoman among a talented collection of five Husker divers in 2018-19. She will be joined by sophomore Grace Tiernon, and freshmen Jessica Warak, Sara Troyer and Hallie Roman.

Warak is a two-time Nebraska High School state champion who has significant national and international experience. Troyer captured an Indiana High School state title as a senior in 2018, while Roman was a three-time Michigan high school state diving qualifier..

Nebraska's junior swimmers also are expected to play a major role in the Husker ascension.

Tori Beeler is coming off a sensational second season at Nebraska. The junior from Parkville, Mo., earned top-16 Big Ten Championship finishes in both the 100 and 200 breaststrokes. She also set a school record in the 200 IM with a time of 1:59.02 to finish 18th at the conference meet. Beeler's ability to slash times and potentially score big points in three events at the league meet make her a crucial component to Nebraska's success.

Beeler and fellow junior Gwen Worlton have helped each other climb the ladder in the conference standings in their first two seasons. Last year, Worlton finished just behind Beeler in the 200 breast (18th) at the Big Ten meet. It represented a 21-spot jump in the standings for Worlton after she finished 39th at the league meet as a freshman. Worlton also swam a leg of Nebraska's school-record-setting 400 medley relay team in 2017-18, and added a swim on the 200-yard medley relay team that posted the second-fastest time in Husker history.

Juniors (from left) Abigail Greeneway, Lindsey Stalheim, Shea Bougie, Gwen Worlton, two-time All-American Abigail Knapton, Tori Beeler, Savannah Savitt, Allie Worrall and Carla Gonzalez-Garcia lead Nebraska's largest and most talented swimming and diving roster in several years.

2018-19 HUSKERS
Letterwinners Returning: 25
Newcomers: 17
2018 Big Ten Championship
Top-24 Returning Finishers: 10 (18)
2017-18 Returning
Academic All-Big Ten Selections: 14

TOP RETURNING PERFORMANCES FROM 2017-18
50 Freestyle: Lindsay Helferich, 23.04
100 Freestyle: Lindsay Helferich, 50.19
200 Freestyle: Autumn Haebig, 1:46.22
500 Freestyle: Autumn Haebig, 4:42.69
1,000 Freestyle: Kaylyn Flatt, 10:09.89
1,650 Freestyle: Kaylyn Flatt, 16:40.25
100 Butterfly: Dana Posthuma, 53.72
200 Butterfly: Dana Posthuma, 1:58.52
100 Backstroke: Autumn Haebig, 52.29
200 Backstroke: Anna McDonald, 157.46
100 Breaststroke: Tori Beeler, 1:01.09
200 Breaststroke: Tori Beeler, 2:12.24
200 IM: Tori Beeler, 1:59.02
400 IM: Allison Kopas, 4:18.01
One-Meter Dive: Abigail Knapton, 535.70
Three-Meter Dive: Abigail Knapton, 351.85
Platform Dive: Abigail Knapton, 589.70

Carla Gonzalez-Garcia saw similar gains across her events in her second season with the Huskers. The junior from Merida, Venezuela vaulted 25 spots to 27th at the 2018 Big Ten meet. She added a 23-place improvement to 27th in the 100 backstroke, while climbing 18 spots in the 200 back at the conference meet. Gonzalez-Garcia's huge improvements are a testament to training programs in place to help the Huskers.

Juniors Shea Bougie, Abigail Greeneway, Savannah Savitt, Lindsey Stalheim and Allie Worrall all saw faster times in the pool as sophomores, and are hoping for breakout performances in their third seasons in Lincoln.

Nebraska's sophomore class made a major impact as freshmen, and the young Huskers are hoping to show even more in 2018-19.

Haebig, a sophomore from Grafton, Wis., got her Husker career off to an impressive start by earning spots at the NCAA Championships in the 100 back and the 500 free.

Haebig finished 40th in the backstroke at nationals after shattering the school record in the event at the NCAA Last Chance meet in Columbia, Mo. Haebig's time of 52.29 broke Erin Oeltjen's previous school mark by 1.14.

It wasn't the only school record the 14-time Wisconsin high school state champion set in her first season at Nebraska. Haebig added a school-record swim of 4:42.69 in the 500 free at the Big Ten Championships. She went on to finish 43rd in the event at the 2018 NCAA Championships to complete her first appearance at nationals.

Haebig was also a member of Nebraska's school-record-setting 400-yard medley relay team that raced to a time of 3:36.03. That relay, which returns intact with fellow sophomore Izzie Murray, along with Worlton and Helferich, also joined forces for the second-best 200 medley relay time (1:39.43) in Nebraska history.

Haebig was also a member of the 800 free relay squad that posted the second-best mark in Husker history (7:11.60), while also recording the

ALL-AMERICAN KNAPTON LEADS HUSKER DIVERS

second-best individual time in school history in the 200 free (1:46.22).

At the Big Ten level, Haebig knocked on the door of final appearances in the 100 back (10th), 200 free (12th) and 500 free (17th) while slashing times in all three events throughout the season.

Murray joined Haebig on the 200 and 400 medley relay teams, and also began to make a name for herself in Nebraska's individual events. The sophomore from North Bend, Ohio, produced top-24 finishes in both the 100 butterfly (23rd) and 200 fly (24th) at the Big Ten meet. Her 53.72 in the 100 fly at the conference championships marked the fourth-fastest time in Husker history.

Murray edged ahead of Posthuma on Nebraska's all-time top five in the 100 fly, and both swimmers could push each other in training to challenge school records in the butterfly events in 2018-19.

Allison Kopas, a sophomore from Fort Lauderdale, Fla., added another top-24 Big Ten finish for the class. She took 23rd in the 400 IM at the conference meet to post the fourth-best time in Husker history. Kopas also nudged ahead of the senior McDonald on NU's top five, while fellow sophomore Madison Coughlen finished just outside the top-24 in 25th. Kopas, Coughlen and McDonald could all challenge the school record in the 400 IM this season - an event where Olympian Emma Johnson and All-American Lauren Bailey own two of the top three times in Husker history.

Sophomores Sutton Marvin, Jessica Pentlarge, Rachel Powers and Mira Rhodes have all demonstrated the potential to push for top-24 Big Ten finishes in their second seasons at Nebraska after competing as freshmen at the 2018 conference championships. Fellow sophomore Clara Walstad hopes to make her first appearance at the Big Ten Championships for the Huskers this season.

Back from left: Grace Tiernon, two-time All-American Abigail Knapton, Hallie Roman (front from left) Jessica Warak and Sara Troyer make up a talented five-member dive team for the Huskers in 2018-19.

Nebraska's strong recruiting class of freshman swimmers is led by Maggie Berning from Kettering, Ohio. Berning finished 12th at the Speedo Long Course Junior Nationals in the 200-meter butterfly in 2018, after posting a pair of top-eight finishes at the Ohio high school championships in the 500 (5th) and 200 free (7th) as a senior at Fairmont High School.

Audrey Coffey adds another talented distance freestyler for the Huskers in 2018-19. Coffey, who joined Berning as a top-300 recruit nationally, won the 2018 Illinois Senior Long Course Championship in the 1,500 meters in 2018. She added a state runner-up finish in the 800 free. Coffey comes to Nebraska from the same high school (Naperville Central) that produced recent Husker four-year letterwinner and team captain Julia Roller (2014-17). Coffey's current career bests put her in position to challenge for immediate scoring opportunities for the Huskers at the 2019 Big Ten Championships.

Taylor Acheson adds a versatile swimmer to the Husker class of newcomers. The freshman was one of the top swimmers in the Kansas City area in 2018. She could help the Huskers in both the freestyle and individual medley events.

Arkansas High School Swimmer of the Year Olivia Keith adds another versatile swimmer for the Big Red. A two-time Arkansas Class 7A state champion at Fayetteville High School and a six-time all-state selection, Keith won the 100 free and finished second in the 200 IM at the 2018 Arkansas state meet.

Floridian Katelyn Kilpatrick adds a powerful passion in the pool for the Big Red distance freestylers. Kilpatrick was the Florida Class 3A state champion in the 500 free as a junior at Vanguard High School in 2017. She finished 19th at the 2018 Speedo Long Course Junior Nationals in the 800 free, while adding a 32nd-place finish in the 1,500 free. In 2015, Kilpatrick finished 32nd in the USA Swimming 5K (1:10.37.99).

The Huskers will hit the water early in 2018-19, squaring off with South Dakota State at the Devaney Natatorium on Friday, Sept. 28, at 5 p.m. It will mark the earliest dual (or regular-season invitational) competition in Nebraska history.

The Big Red return to the Devaney Center the following weekend to participate in the annual Scarlet vs. Cream Intrasquad meet (Oct. 5 , 4 p.m.) before clashing with Northern Iowa (Oct. 6, 11 a.m.).

Nebraska makes its first road dual appearance at Iowa State (Oct. 26, 5 p.m.), before battling traditional rival Kansas at the Devaney Natatorium (Nov. 3, 2 p.m.).

The Huskers will spend the next two months in invitational action at the Big Ten/ACC Swim & Dive Challenge (Nov. 10-11), the Hawkeye Invitational (Nov. 15-17), USA Swimming Winter Nationals (Nov. 28-Dec. 1) and the CAMO International Diving Invitational (Nov. 29-Dec. 2).

Nebraska returns to home dual action against Omaha (Jan. 12, 2 p.m.) at Devaney, before closing the regular season with a pair of Big Ten duals. The Huskers head to Illinois (Jan. 26, 11 a.m.), before celebrating Senior Day against Rutgers in a two-day competition (Feb. 1-2).

The Big Red will battle the conference's best at the 2019 Big Ten Championships in Bloomington, Ind. (Feb. 20-23). Several Husker swimmers will likely compete at the NCAA Last Chance Meet in Columbia, Mo., March 2-3, hoping to punch their tickets to nationals.

The Husker divers will hope to end their seasons with back-to-back meets at the Lee & Joe Jamail Texas Swimming Center in Austin, starting with the NCAA Zone Diving Meet (March 11-13) and concluding with the 2019 NCAA Championships (March 20-23).

2018-19 NEBRASKA SWIMMING & DIVING SCHEDULE

Date	Meet	Location	Time
Sept. 28	**South Dakota State**	**Devaney Natatorium**	**5 p.m.**
Oct. 5	**Scarlet vs. Cream Intrasquad**	**Devaney Natatorium**	**4 p.m.**
Oct. 6	**Northern Iowa**	**Devaney Natatorium**	**11 a.m.**
Oct. 26	at Iowa State	Ames, Iowa	5 p.m.
Nov. 3	**Kansas**	**Devaney Natatorium**	**2 p.m.**
Nov. 10-11	at Big Ten/ACC Swim & Dive Challenge	West Lafayette, Ind.	TBA
Nov. 15-17	at Hawkeye Invitational	Iowa City, Iowa	10 a.m./6 p.m.
Nov. 28-Dec. 1	at USA Swimming Winter Nationals	Greensboro, N.C.	8 a.m./4 p.m.
Nov. 29-Dec. 2	at CAMO International Diving Invite	Montreal, Quebec, Canada	TBA
Jan. 12	**Omaha**	**Devaney Natatorium**	**2 p.m.**
Jan. 26	at Illinois	Champaign, Ill.	11 a.m.
Feb. 1	**Rutgers**	**Devaney Natatorium**	**5 p.m.**
Feb. 2	**Rutgers**	**Devaney Natatorium**	**10 a.m.**
Feb. 20-23	at Big Ten Championships	Bloomington, Ind.	TBA
March 2-3	at NCAA Last Chance Meet	Columbia, Mo.	TBA
March 11-13	at NCAA Zone Diving Meet	Austin, Texas	TBA
March 20-23	at NCAA Championships	Austin, Texas	TBA

2018-19 NCAA DIVISION I QUALIFYING STANDARDS

Event	A Standard	B Standard
50 Free	21.74	22.76
100 Free	47.35	49.51
200 Free	1:43.17	1:47.12
500 Free	4:36.30	4:47.20
1,650 Free	15:53.50	16:30.59
100 Fly	51.03	53.76
200 Fly	1:53.48	1:59.23
100 Back	50.99	53.94
200 Back	1:50.50	1:57.11
100 Breast	58.79	1:01.84
200 Breast	2:06.94	2:13.97
200 IM	1:54.31	1:59.94
400 IM	4:04.16	4:17.30

Relay	Qualifying	Provisional
200 Free	1:28.61	1:29.36
400 Free	3:14.97	3:16.82
800 Free	7:02.52	7:06.19
200 Medley	1:36.75	1:37.39
400 Medley	3:32.20	3:34.35

Diving	Points	Number
One-Meter	265	6 Dives
Three-Meter	280	6 Dives
Platform	225	5 Dives

KAYLYN FLATT

Senior Freestyle/Backstroke Centennial, Colorado (Cherry Creek)

HONORS & AWARDS

+Team Captain (2017)
+Three Letters (2016, 2017, 2018)
+Academic All-Big Ten (2017, 2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016, 2017; Spring 2016, 2017, 2018)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	1,650 Freestyle	21st
2018	200 Freestyle	30th
2018	500 Freestyle	33rd
2017	200 Freestyle	21st
2017	1,650 Freestyle	21st
2017	500 Freestyle	34th
2016	1,650 Freestyle	21st
2016	500 Freestyle	30th
2016	200 Freestyle	42nd

Q&A WITH KAYLYN

What is your favorite thing about Nebraska?
The team atmosphere. It is my family away from home.

Who was your inspiration growing up?
My parents.

What would you tell your younger self?
You is kind. You is smart. You is important.

What are your pre-meet rituals?
Listen to a good song, laugh with my teammates, and pray.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Julie Andrews. I have always wanted to hang out with her.

2018-19 (OUTLOOK)

Senior captain Kaylyn Flatt looks to put the finishing touches on a solid Husker career with her best season in 2018-19. Flatt owns four top-24 finishes at the Big Ten Championships in her career and will look to break through with top-16 conference finishes as a senior. Flatt has been a standout in the classroom for the Big Red as a two-time academic All-Big Ten selection.

2017-18 (JUNIOR)

Flatt provided leadership in the pool, the classroom and the community for the Huskers during her junior season. Flatt captured 17 top-five finishes, including seven victories and four runner-up performances. The three-time letterwinner produced two career bests including a victory in the 1,000 free (10:09.89) against Iowa State and a fourth-place finish in the 500 free (4:49.88) at the Last Chance Meet. At the 2018 Big Ten Championships, Flatt competed in the 1,650 (21st), 200 free (30th) and the 500 free (33rd). Flatt earned academic All-Big Ten honors for the second consecutive year and claimed a spot on the Tom Osborne Citizenship Team for the third straight season.

2016-17 (SOPHOMORE)

Flatt amassed 15 top-five finishes as a sophomore for the Huskers. She was a strong performer in the 1,000 freestyle, where she recorded three top-five finishes. Flatt took second in the 1,650 freestyle (16:53.53) in Nebraska's victory at the Kansas Classic. She produced a trio of top-35 finishes at the 2017 Big Ten Championships, including a career-best 21st in the 200 free (1:48.69). She added a 21st-place finish in the 1,650 free and a 34th-place showing in the 500 free. She earned academic All-Big Ten honors for the first time and earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. Flatt claimed a spot on the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Flatt erupted onto the scene by earning five victories among her 16 top-five finishes as a freshman for the Huskers in 2015-16. She performed well in her first appearance at the Big Ten Championships, taking 21st (16:43.17) in the 1,650 freestyle, 30th (4:51.28) in the 500 free and 42nd (1:50.10) in the 200 free. Flatt also got off to a strong start in the classroom and the community, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16, before becoming a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

Flatt joined the Husker swimming and diving team after her relay team earned All-America honors. Flatt competed for the Colorado Athletic Club Stingrays and held 10 team records. She was a 2014 Wisconsin Speedo Champion in the 1,650-yard freestyle and a top-eight finalist in the 500-yard freestyle. A standout in the classroom, Flatt was named a USA Swimming Scholastic All-American and was named to the Cherry Creek High School high honor roll.

PERSONAL

The daughter of Mandy and Tim Flatt, Kaylyn was born Dec. 30, 1996, in Denver, Colo. She has a younger sister, Ruby. Kaylyn is majoring in chemistry education at Nebraska. She earned academic All-Big Ten accolades in 2017 and 2018. Kaylyn is a six-time member of the Nebraska Scholar-Athlete Honor Roll. She is also a three-time member of the Tom Osborne Citizenship Team (2016, 2017, 2018). Kaylyn chose Nebraska over Wyoming and Marshall.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:47.94	2/17/17	Big Ten Championships	West Lafayette, Ind.
500 Freestyle	4:49.88	2/24/18	Last Chance Meet	Columbia, Mo.
1,000 Freestyle	10:09.89	10/21/17	Iowa State	Lincoln, Neb.
1,650 Freestyle	16:39.10	2/18/17	Big Ten Championships	West Lafayette, Ind.

LINDSAY HELFERICH

Senior Backstroke/Freestyle Odessa, Texas (Odessa)

HONORS & AWARDS

+Three Letters (2016, 2017, 2018)
+CSCAA Scholar All-American (HM, 2016, 2017)
+Big Ten Distinguished Scholar (2017, 2018)
+Academic All-Big Ten (2017, 2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2016, 2017, 2018)
+Herman Team GPA Award (2016, 2017)
+Nebraska Student-Athlete HERO Leadership Award (2016)
+Tom Osborne Citizenship Team (2016, 2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	100 Backstroke	21st
2018	100 Freestyle	27th
2018	50 Freestyle	27th
2017	200 Backstroke	27th
2017	100 Backstroke	35th
2017	50 Freestyle	43rd
2016	200 Backstroke	24th
2016	100 Backstroke	38th
2016	50 Freestyle	62nd

Q&A WITH LINDSAY

What is your favorite thing about Nebraska?
I love this team! I also love how close all the sports are, and I have friends in several sports.

Who was your inspiration growing up?
My dad. He always told me to work and try my best, no matter what, and that advice has never steered me wrong.

What are your pre-meet rituals?
Pray, take deep breaths, prepare to do my best.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Mac Powell because I admire his music and him as a person.

What is your favorite hobby outside of swimming?
Baking.

2018-19 (OUTLOOK)

Lindsay Helferich hopes to continue climbing up the Big Ten ladder in her final season as a Husker. The senior from Odessa, Texas will take aim at top-16 conference finishes this season at the Big Ten Championships after regularly contending for top-24 spots her first three years in the freestyle and backstroke events. A stellar performer in the classroom and the community as well, Helferich will contend for top academic honors at the national and Big Ten level.

2017-18 (JUNIOR)

Helferich had a strong junior season, producing 12 top-five finishes including three victories and three runner-up performances. The three-time letterwinner recorded three career bests at the 2018 Big Ten Championships. Helferich took 21st in the 100 back (53.83), 27th in the 100 free (50.19) and 27th in the 50 free (23.04). She produced a solid performance at the Mizzou Invite, accumulating three top-15 finishes in the 100 free (10th), 50 free (11th) and100 back (12th). One of Nebraska's top performers in the classroom, Helferich was a Big Ten Distinguished Scholar and academic All-Big Ten choice for the second straight year. She also made her third appearance on the Tom Osborne Citizenship Team.

2016-17 (SOPHOMORE)

Helferich closed the 2016-17 campaign with 11 top-five finishes, including three victories. She set career bests at the 2017 Big Ten Championships in the 200-yard backstroke (1:58.39, 27th), the 100-yard backstroke (55.15, 35th) and the 50-yard freestyle (23.45, 43rd). Helferich also set a career best in the 100-yard freestyle (52.14) in the prelims at the Kansas Classic. In the classroom, Helferich was a Big Ten Distinguished Scholar and claimed academic All-Big Ten honors for the first time while earning a 4.0 GPA. She was also a member of the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Helferich made her debut with eight top-five finishes, including one victory and three second-place showings as a freshman for the Huskers. She notched three of her top-five performances in Nebraska's dual win over South Dakota State. Helferich won the 100-yard freestyle (53.95) against SDSU. She added a runner-up finish in the 50-yard freestyle (24.63) and a fourth-place showing in the 200 free (1:58.56) against the Jackrabbits. She set her career best in the 50 free (23.54) at the Big Challenge, after setting career bests in the 100 free (53.05) and 200 free (1:56.73) in a dual victory over Iowa State. At the Big Ten Championships, Helferich took 24th in the 200-yard backstroke, 38th in the 100 back and 62nd in the 50-yard freestyle. An outstanding contributor in the community, Helferich earned a prestigious Nebraska Student-Athlete HERO Leadership Award in 2016. She was also a member of the 2016 Tom Osborne Citizenship Team. She added recognition on the Nebraska Scholar-Athlete Honor Roll with a perfect 4.0 GPA semester in the spring of 2016.

PREVIOUS

Helferich joined the Nebraska swimming and diving program after being part of a relay team that broke four Local Swim Committee records in 2015. While competing for City of Midland Aquatics, Helferich was a Futures and NCSA qualifier. She also placed at the NASA Junior National Championships. Helferich was a top-24 finalist at the 2014 Southern Zone Sectional Championships in the 200-yard freestyle and a top-16 finalist in the 200-yard backstroke. Helferich was named a Scholastic All-American for three years and graduated as the valedictorian at Odessa High School.

PERSONAL

The daughter of Beverly and Mark Helferich, Lindsay was born Dec. 4, 1996, in Odessa, Texas. She has an older sister, Ashley. Lindsay is majoring in civil engineering at Nebraska. She is a two-time Big Ten Distinguished Scholar and academic All-Big Ten selection. A two-time honorable-mention CSCAA Scholar All-American, Helferich is a five-time member of the Nebraska Scholar-Athlete Honor Roll. She earned a prestigious Nebraska Student-Athlete HERO Leadership Award in 2016, and is a three-time member of the Tom Osborne Citizenship Team (2016, 2017, 2018). She chose Nebraska over Illinois.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	53.83	2/16/18	Big Ten Championships	Columbus, Ohio
200 Backstroke	1:58.39	2/18/17	Big Ten Championships	West Lafayette, Ind.
50 Freestyle	23.04	2/15/18	Big Ten Championships	Columbus, Ohio
100 Freestyle	50:19	2/17/18	Big Ten Championships	Columbus, Ohio
200 Freestyle	1:56.73	10/9/15	Iowa State	Ames, Iowa

JACQUELINE JESCHKE

Senior Backstroke Augusta, Georgia (Stanford Online)

HONORS & AWARDS

+U.S. Olympic Trials Qualifier (2012)
+Three Letters (2016, 2017, 2018)
+CSCAA Scholar All-American (HM, 2017)
+Academic All-Big Ten (2017, 2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016, 2017; Spring 2016, 2017, 2018)
+Herman Team GPA Award (2016, 2017)
+Sam Foltz Hero 27 Leadership Award (2018)
+Big Ten Sportsmanship Award (2017)
+Tom Osborne Citizenship Team (2016, 2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Backstroke	38th
2018	100 Backstroke	42nd
2018	200 Butterfly	42nd
2017	200 Backstroke	23rd
2017	100 Backstroke	32nd
2017	200 Butterfly	38th
2016	200 Backstroke	27th
2016	100 Backstroke	35th
2016	200 IM	74th

Q&A WITH JACQUELINE

What is your favorite thing about Nebraska?
My crazy team.

Wht would you tell your younger self?
Life gets way harder, so enjoy the time you have, don't worry or be embarrassed, and have fun.

What are your pre-meet rituals?
Dance my heart out and sing.

If you could eat one thing for the rest of your life, what would it be?
Chicken Pot Pie.

What is your favorite hobby outside of swimming?
Ballroom dancing and swing dancing.

2018-19 (OUTLOOK)

Jacqueline Jeschke looks to cut her career-best times to help the Huskers climb the standings at the Big Ten Championships in 2019. The senior from Augusta, Ga., has been a strong contributor in the pool, in the classroom and the community throughout her career. The three-time letterwinner is a two-time academic All-Big Ten choice and has been one of the most active Huskers in outreach activities.

2017-18 (JUNIOR)

Jeschke had a solid junior season, earning 10 top-five finishes between individual events and relays. The Georgia native had a strong 200 back performance at 2017 USA Winter Nationals, placing sixth with a time of 2:00.29. Jeschke competed at the Mizzou Invite in the 100 back (16th), 200 back (14th) and 200 fly (14th). At the 2018 Big Ten Championships, Jeschke placed in the top 50 in the 100 back (56.02), 200 back (2:00.05) and in the 200 fly (2:04.79). The three-time letterwinner received her second consecutive academic All-Big Ten award. Jeschke also earned the Sam Foltz Hero 27 Leadership Award and is a three-time member of the Tom Osborne Citizenship Team.

2016-17 (SOPHOMORE)

Jeschke claimed five top-five finishes, including two third-place showings as a sophomore in 2016-17. Jeschke had a strong Big Ten Championships, setting career bests in the 100-yard backstroke (55.07), 200-yard backstroke (1:57.22) and the 200-yard butterfly (2:03.18). She placed 32nd in the 100 back and 23rd in the 200 back (1:58.12). A standout in the classroom, Jeschke earned academic All-Big Ten honors in 2017. She also claimed spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She earned Nebraska's Big Ten Sportsmanship Award, and she was named to the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Jeschke produced eight top-five finishes, including one victory and a pair of runner-up finishes in her first season as a Husker in 2015-16. Jeschke won the 200-yard backstroke (2:07.65) in a dual victory over Omaha, while adding a second-place finish in the 200-yard butterfly (2:09.21) against the Mavs. She also notched a fifth-place showing in the 200 individual medley (2:13.41) against Omaha. Jeschke added a season best of 2:05.73 in the 200 fly and a career-best 2:04.97 in the 200 IM at the Big Challenge. At the Big Ten Championships, Jeschke swam to a season-best 1:59.21 to take 27th in the 200 back. She added a 35th-place finish in the 100 backstroke (56.16) and took 74th in the 200 IM at the conference meet. Jeschke also started strong in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16. She was also a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

Jeschke joined the Husker swimming and diving team after an outstanding career with the Aiken-Augusta swim team. While swimming for Aiken-Augusta, Jeschke set 50 team records. She was ranked in the top-10 nationally five times and made finals at Junior Nationals. Jeschke was also a participant and qualifier at the 2012 Olympic Trials. An impressive performer in the classroom, she earned scholastic All-America honors, a top GPA and a spot on the University of Stanford Online High School honor roll. Jeschke was also a member of National Honor Society.

PERSONAL

The daughter of Peggy and Bob Jeschke, Jacqueline was born July 30, 1997, in Honolulu, Hawaii. She has a younger sister, Jenny, and a younger brother, Mike. Jacqueline is a nutrition, exercise and health science major at Nebraska. She is a two-time academic All-Big Ten choice (2017, 2018) and a six-time member of the Nebraska Scholar-Athete Honor Roll. She is also a three-time member of the Tom Osborne Citizenship Team (2016, 2017, 2018) and claimed a Sam Foltz Hero 27 Leadership Award in 2018. She was Nebraska's Big Ten Sportsmanship Award winner for swimming in 2017. She chose Nebraska over LSU, Penn State, South Carolina, Georgia Tech and Virginia Tech.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	55.07	2/17/17	Big Ten Championships	West Lafayette, Ind.
200 Backstroke	1:57.22	2/18/17	Big Ten Championships	West Lafayette, Ind.
200 Butterfly	2:03.18	2/18/17	Big Ten Championships	West Lafayette, Ind.
200 IM	2:04:97	11/20/15	Big Ten Challenge	Topeka, Kan.

MORGAN McCAFFERTY

Senior Backstroke/Individual Medley Reynoldsburg, Ohio (Reynoldsburg)

HONORS & AWARDS

+U.S. Olympic Trials Qualifier (2016)
+Three Letters (2016, 2017, 2018)
+Academic All-Big Ten (2017, 2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015; Spring 2016, 2017, 2018)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	100 Butterfly	27th
2018	200 IM	28th
2018	100 Backstroke	33rd
2017	200 IM	28th
2017	100 Backstroke	33rd
2017	200 Backstroke	42nd
2016	100 Backstroke	29th
2016	200 Backstroke	41st
2016	200 IM	69th

Q&A WITH MORGAN

What is your favorite thing about Nebraska?
Football games.

Who was your inspiration growing up?
My mom.

If you could be in any movie, what would it be and why?
Beauty and the Beast because that was my favorite movie as a child.

What would you tell your younger self?
It will all work out for the best.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Matt Grevers because he is my favorite USA Swimming National Team member. He was so kind and humble at U.S. Nationals when I met him.

What is your favorite hobby outside of swimming?
Sleeping and playing with my kitten, Rowan.

2018-19 (OUTLOOK)

Morgan McCafferty will take aim at more personal record swims as she hopes to finish her Husker career with her best postseason in 2018-19. The three-time letterwinner has improved in the pool throughout her career, and she has also performed well in the classroom as a two-time academic All-Big Ten selection.

2017-18 (JUNIOR)

McCafferty captured seven top-five finishes, including a victory and a second-place showing as a junior. McCafferty set four career bests, including three at the 2018 Big Ten Championships, 100 fly (54.29, 27th), 200 IM (2:00.55, 28th) and the 200 back (1:58.85). Her time in the 200 backstroke came in a time trial, when she reached an NCAA B qualifying standard. She also finished 33rd in the 100 back at the Big Ten meet. The three-time letterwinner captured her fourth career best at the Mizzou Invite in the 100 back (55.00). McCafferty had a strong performance against Illinois with a runner-up finish in the 100 back, and two fourth-place showings in the 200 back and the 100 fly. In the classroom, McCafferty earned academic All-Big Ten honors and was a member of the Tom Osborne Citizenship Team.

2016-17 (SOPHOMORE)

McCafferty had a solid 2016-17 season as a Husker, producing seven top-five performances including one victory and one runner-up finish. McCafferty won the 200-yard backstroke (2:07.56) in Nebraska's dual victory over South Dakota State. She also placed second in the 100 backstroke (57.96) against Iowa State. At the Big Ten Championships, McCafferty set then-career bests in the 200 individual medley (2:01.21, 28th) and the 100 backstroke (55.08, 33rd). McCafferty earned academic All-Big Ten honors for the first time and claimed her second selection to the Tom Osborne Citizenship Team.

2015-16 (FRESHMAN)

McCafferty produced 10 top-five finishes, including one victory in her freshman season with the Huskers. She helped Nebraska to the team title at the Big Challenge with then-career-best performances in the 100-yard backstroke (55.19), 200-yard backstroke (2:00.13), 100-yard butterfly (56.86) and 200-yard individual medley (2:04.05). At the 2016 Big Ten Championships, McCafferty finished 29th in the 100-yard backstroke, 41st in the 200 back and 69th in the 200-yard individual medley. She earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16, and was a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

McCafferty came to Nebraska after earning All-America and all-state honors at Reynoldsburg High School in Ohio. McCafferty finished sixth in the 100-yard backstroke both her junior and senior years at the state meet. She also earned a seventh-place finish in the 200-yard individual medley her junior year. McCafferty competed for the Greater Columbus Swim Team of Ohio. She was a national qualifier in the 100-yard backstroke and the 200-yard individual medley. McCafferty made honor roll all four years at Reynoldsburg High School.

PERSONAL

The daughter of Cathy Cicak and Colin McCafferty, Morgan was born Aug. 17, 1997, in Columbus, Ohio. She has one sister, Shannon, and two brothers, Patrick and Jake. Morgan is a social science education major. She captured academic All-Big Ten accolades in 2017 and 2018. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She is a three-time member of the Tom Osborne Citizenship Team (2016, 2017, 2018). She chose Nebraska over Navy, Air Force, West Virginia and Marshall.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	55.00	11/16/17	Mizzou Invite	Columbia, Mo.
200 Backstroke	1:58.85	2/17/18	Big Ten Championships	Columbus, Ohio
200 IM	2:00.55	2/15/18	Big Ten Championships	Columbus, Ohio
100 Butterfly	54:29	2/16/18	Big Ten Championships	Columbus, Ohio

ANNA McDONALD

Senior Backstroke/Individual Medley Evergreen, Colorado (Evergreen)

HONORS & AWARDS

+Three Letters (2016, 2017, 2018)
+CSCAA Scholar All-American (HM, 2017, 2018)
+Big Ten Distinguished Scholar (2018)
+Academic All-Big Ten (2017, 2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016, 2017; Spring 2016, 2017, 2018)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Backstroke	19th
2018	200 IM	24th
2018	400 IM	27th
2017	200 Backstroke	19th
2017	400 IM	21st
2017	200 IM	22nd
2016	400 IM	32nd
2016	200 Backstroke	34th
2016	200 IM	36th

Q&A WITH ANNA

What is your favorite thing about Nebraska?
I love how Nebraska gives us so many ways to succeed, whether it is athletics, academics, future careers, anything. Nebraska will take care of you and push you to be your best.

What are you thankful for?
I am most thankful for friends, family and the relationships I have made.

If you could be in any movie, what would it be and why?
Finding Nemo because I love the ocean.

What would you tell your younger self?
Don't sweat the little things.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Aaron Peirsol because he was my swimming idol growing up.

2018-19 (OUTLOOK)

A leader in the pool and the classroom for the Huskers, Anna McDonald shoots for her best season as a senior. McDonald owns five career top-24 finishes at the Big Ten Championships as one of Nebraska's top backstroke and individual medley swimmers. She is also a Big Ten Distinguished Scholar and a two-time honorable-mention CSCAA Scholar All-American.

2017-18 (JUNIOR)

McDonald amassed 15 top-five finishes, including two victories as a junior. She racked up a majority of her top-five finishes in the 100 backstroke. McDonald set a career best in the 200 IM (1:59.91) during prelims at the 2018 Big Ten Championships. At the conference meet, McDonald took 19th in the 200 back, 24th in the 200 IM and 27th in the 400 IM. She added a fourth-place finish (200 back) and a fifth-place effort (200 IM) at USA Winter Nationals. A standout in the classroom, McDonald was an honorable-mention CSCAA Scholar All-American and a Big Ten Distinguished Scholar.

2016-17 (SOPHOMORE)

McDonald ended her sophomore season with impressive results, closing the 2016-17 season with 15 top-five finishes, including three victories and three second-place showings. McDonald notched wins in duals against South Dakota State and Omaha as well as the Kansas Classic. She swam to a career-best time of 56.46 in the 100-yard backstroke at the Kansas Classic. McDonald finished 19th in the 200 backstroke (1:57.21) at the 2017 Big Ten Championships, setting a career best. She set two more career bests in the 200 individual medley (2:00.24) and the 400 individual medley (4:18.41) at the Big Ten Championships.

2015-16 (FRESHMAN)

McDonald made a strong first impression with the Huskers, closing her freshman campaign with 23 top-five performances, including four runner-up finishes. She notched four career bests to help Nebraska to a team title at the Big Challenge. McDonald was the Big Challenge runner-up in the 200 (2:01.60) and 400-yard individual medley (4:21.48). She added a fourth-place finish in the 200-yard backstroke with a time of 1:59.99. She also posted a career-best time of 56.69 in the 100 back. At the Big Ten Championships, McDonald finished 32nd in the 400 IM, 34th in the 200 backstroke and 36th in the 200 IM.

PREVIOUS

McDonald came to Nebraska following an outstanding career at Evergreen High School. McDonald's team was crowned Colorado Class 4A state champions in both 2014 and 2015. She was the state runner-up in the 200-yard individual medley in 2015. Her 400-yard freestyle relay team also earned a state title. McDonald also swam for the Jeffco Hurricanes. She earned a top-eight finish at sectionals in the 200-yard backstroke, with her team capturing a second-place finish. McDonald was a standout in the classroom, earning a spot on Evergreen High School's honor roll as well as being named a Scholastic All-American. McDonald was also a member of National Honor Society.

PERSONAL

The daughter of Susan and John McDonald, Anna was born on Dec. 23, 1996, in San Antonio, Texas. She has two younger sisters, Kate and Maggie. Kate is a sophomore swimmer at Tulane in 2018-19. Anna is a nutrition, exercise and health science major. A two-time honorable-mention CSCAA Scholar All-American, she was a Big Ten Distinguished Scholar in 2018 and earned her second straight academic All-Big Ten award. She is a six-time member of the Nebraska Scholar-Athlete Honor Roll. She is also a three-time selection to the Tom Osborne Citizenship Team (2016, 2017, 2018). She chose Nebraska over Vermont, Utah, Bucknell and Villanova.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	56.46	2/19/16	Kansas Classic	Topeka, Kan.
200 Backstroke	1:57.21	2/18/17	Big Ten Championships	West Lafayette, Ind.
200 IM	1:59.91	2/15/18	Big Ten Championships	Columbus, Ohio
400 IM	4:18.41	2/17/17	Big Ten Championships	West Lafayette, Ind.

DANA POSTHUMA

Senior Butterfly/Individual Medley Omaha, Nebraska (Omaha Burke)

HONORS & AWARDS

+Three Letters (2016, 2017, 2018)
+Academic All-Big Ten (2017, 2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015; Spring 2016, 2017, 2018)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Butterfly	19th
2018	100 Butterfly	24th
2018	200 IM	49th
2017	200 Butterfly	17th
2017	100 Butterfly	20th
2017	200 IM	39th
2016	100 Butterfly	10th
2016	200 Butterfly	28th
2016	200 IM	45th

Q&A WITH DANA

What is your favorite thing about Nebraska?
The atmosphere is unlike anything else. Everyone is so friendly, and they share the love for Husker football.

Who was your inspiration growing up?
My family

What would you tell your younger self?
Don't take yourself too seriously.

If you could be in any movie, what would it be and why?
A Disney movie because they always have happy endings.

If you could eat one thing for the rest of your life, what would it be?
Coffee house coffee - sorry I know it says "eat" but coffee house coffee is too important in my life not to include.

What is your favorite hobby outside of swimming?
Baking good stuff.

2018-19 (OUTLOOK)

One of six Husker seniors, Dana Posthuma hopes for her most productive season in 2018-19. The three-year letterwinner from Omaha, Neb., owns five career top-24 finishes at the Big Ten Championships, including a 10th-place performance in the 100 butterfly as a freshman. A talented fly swimmer, Posthuma will be looking for career-best times in the pool, while searching for her third consecutive academic All-Big Ten award.

2017-18 (JUNIOR)

Posthuma notched 13 top-five finishes, including two victories and three second-place showings as a junior. At the 2018 Big Ten Championships, Posthuma claimed a 19th-place finish in the 200 fly (1:58.52), a 24th-place finish in the 100 fly (53.99) and a 49th-place finish in the 200 IM (2:03.08). The three-time letterwinner had a solid performance at the Mizzou Invite, placing second in the 200 fly and fifth in the 100 fly. Posthuma is a two-time academic All-Big Ten selection and a three-time member of the Tom Osborne Citizenship Team.

2016-17 (SOPHOMORE)

Posthuma earned 12 top-five finishes, including nine victories as a sophomore for the Huskers. A strong butterfly swimmer, Posthuma produced eight victories at the Kansas Classic and in duals with Kansas, Iowa State, Illinois and Northern Iowa. Posthuma had a strong Big Ten Championships in 2017, setting two career bests in the 100-yard butterfly (53.95) and the 200-yard butterfly (1:58.16). She set her third career best at the Kansas Classic in the 200 individual medley (2:03.04). A standout in the classroom, Posthuma earned academic All-Big Ten honors in 2017 and made the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Posthuma produced 19 top-five finishes, including one victory and three runner-up performances in her freshman season as a Husker. Posthuma won the 200 butterfly (2:06.82) in a dual victory over South Dakota State. She added then-career bests of 53.98 in the 100 fly (10th), 2:00.96 in the 200 fly (28th), and 2:03.38 in the 200 individual medley (45th) at the 2016 Big Ten Championships. A standout in the classroom, Posthuma claimed spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16. She was also a member of the 2016 Tom Osborne Citizenship Team

PREVIOUS

Posthuma came to the Nebraska swimming and diving team after claiming three All-America honors during her high school career. Posthuma was a two-time Nebraska state champion in the 100-yard butterfly, setting the state record in the event. At the state championships, Posthuma also earned second- and third-place finishes in the 200-yard individual medley in 2014 and 2015, respectively. Posthuma set a Midwest record while competing for Greater Omaha Aquatics. Posthuma was named to the Metro academic all-conference team in 2014 and 2015. She was also a member of the National Honor Society and an academic letterwinner.

PERSONAL

The daughter of Audrey and Dave Posthuma, Dana was born Nov. 24, 1996, in Omaha, Neb. She has two sisters, Tasha and Kelli. A psychology major, Dana earned academic All-Big Ten honors in 2017 and 2018. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She is also a three-time member of the Tom Osborne Citizenship Team (2016, 2017, 2018).

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	53.95	2/17/17	Big Ten Championships	West Lafayette, Ind.
200 Butterfly	1:58.16	2/18/17	Big Ten Championships	West Lafayette, Ind.
200 IM	2:03.04	11/18/16	Kansas Classic	Topeka, Kan.

TORI BEELER

Junior Breaststroke/Backstroke/Individual Medley Parkville, Missouri (Park Hill South)

HONORS & AWARDS

+School Record 200 IM (1:59.02, 2018)
+Two Letters (2017, 2018)
+Nebraska Scholar-Athlete Honor Roll (Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Breaststroke	15th
2018	100 Breaststroke	16th
2018	200 IM	18th
2017	200 IM	26th
2017	200 Breaststroke	26th
2017	100 Breaststroke	38th

Q&A WITH TORI

What is your favorite thing about Nebraska?
Football games.

Who was your inspiration growing up?
My grandparents.

What are you thankful for?
Sleep.

What would you tell your younger self?
Don't take yourself too seriously.

If you could be in any movie, what would it be and why?
Little Mermaid. Being a mermaid would be cool.

If you could eat one thing for the rest of your life, what would it be?
French bread.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Larry Bird.

What is your favorite hobby outside of swimming?
Hiking and wakeboarding.

2018-19 (OUTLOOK)

One of Nebraska's top performers last season, Tori Beeler will work for continually improving times in 2018-19. Beeler produced a pair of top-16 finishes in the breaststroke events at the 2018 Big Ten Championships and added a school-record swim in the 200 IM (1:59.02). She went on to a career-best time and a win at the Last Chance meet in Columbia, Mo.

2017-18 (SOPHOMORE)

Beeler had an impressive sophomore campaign, racking up 17 top-five finishes, including eight victories and four second-place showings. At the 2018 Big Ten Championships, Beeler took 18th and set a career best and a school record in the 200 IM (1:59.02). Beeler continued to improve her performances from the 2017 conference meet by taking 15th in the 200 breast and 16th in the 100 breast. Beeler set two other career bests. At the Mizzou Invite, Beeler captured a third-place finish in the 200 breast (2:12.24). Her third career best came at the Last Chance meet, when Beeler reeled in a victory in the 100 breast (1:01.09). The Missouri native had strong performances against Iowa State, Kansas and Northern Iowa, compiling two victories at each dual. She was a member of the Tom Osborne Citizenship Team for the second straight year.

2016-17 (FRESHMAN)

Beeler erupted in her debut season as a Husker, producing 16 top-five finishes, including eight victories and four runner-up finishes. Beeler set five then-career bests in her first season for the Big Red. She had an outstanding performance at the Kansas Classic where she recorded three of her top times in the 400 individual medley (4:19.95) and in the 200 breast (2:15.13), placing second and third respectively. Beeler's third career best came in the 100 breast (1:01.23) in qualifying at the Kansas Classic, before earning a victory in a time of 1:02.13. Beeler also placed second in the 200 individual medley (2:01.41). At the Big Ten Championships, Beeler recorded a career best in the 200 IM (2:01.12) to place 26th. Beeler also finished 26th in the 200 breast (2:15.50) and 38th in the 100 breast (1:03.13). Outside of the pool, Beeler earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Beeler arrived at Nebraska holding Park Hill South High records in nine events. She was also Park Hill South's most valuable swimmer all four years. Beeler was the Kansas City Star All-Metro Swimmer of the Year in 2014, 2015 and 2016. As a senior, Beeler won the 2016 Missouri state title in the 100-yard free and the 200-yard IM. She was all-conference in both events, setting a conference record in the 200 IM. She posted an automatic qualifying time for 2016 All-America honors in the 200 IM. Beeler was also a Kansas City Star All-Metro first-team selection in the 200 IM, 200 freestyle relay, and the 400 free relay as a senior.

PERSONAL

The daughter of Audrea and Steve Beeler, Tori was born Aug. 1, 1997 in Kansas City, Mo. Tori has a younger brother, Cody. Tori is majoring in nutrition and health sciences at Nebraska. She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was also a member of the Tom Osborne Citizenship Team in 2017 and 2018. She chose Nebraska over Illinois, Arizona State, South Carolina, Arkansas and New Mexico State.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:01.09	2/24/18	Last Chance Meet	Columbia, Mo.
200 Breaststroke	2:12.24	11/18/17	Mizzou Invite	Columbia, Mo.
100 Backstroke	57.15	10/28/16	Northern Iowa	Lincoln, Neb.
200 IM	1:59.02	2/15/18	Big Ten Championships	Columbus, Ohio

SHEA BOUGIE

Junior Butterfly/Backstroke/Individual Medley Lakeville, Minnesota (Lakeville South)

HONORS & AWARDS

+Two Letters (2017, 2018)
+Academic All-Big Ten (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2017, 2018)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	400 IM	28th
2018	200 Butterfly	34th
2018	200 IM	42nd
2017	400 IM	26th
2017	200 IM	35th
2017	200 Butterfly	39th

Q&A WITH SHEA

What is your favorite thing about Nebraska?
My teammates and football games.

Who was your inspiration growing up?
My older sister, Kate.

What would you tell your younger self?
Take advantage of every moment and every opportunity.

What are you thankful for?
My family, my health, being a part of a great University.

What are your pre-meet rituatls?
Eat pasta, send a text to my mom and pray.

If you could be in any movie, what would it be and why?
Minions.

If you could eat one thing for the rest of your life, what would it be?
Philly cheese steak.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Cody Simpson.

2018-19 (OUTLOOK)

Junior Shea Bougie will work for faster times in the butterfly and IM events in her third season in the Nebraska program. The two-year letterwinner from Lakeville, Minn., has flirted with top-24 Big Ten finishes each of her first two seasons and will look for a breakthrough in her events this season. A strong performer in the classroom and community, Bougie earned academic All-Big Ten honors as a sophomore and is a two-time member of the Tom Osborne Citizenship Team.

2017-18 (SOPHOMORE)

Bougie competed in multiple events for the Huskers as a sophomore. She racked up six top-five finishes, including a runner-up finish in the 200 IM against Iowa State. She set career bests in three of her events at the 2018 Big Ten Championship. Bougie competed in the 200 fly (2:02.34) and the 200 IM (2:02.04), while added a career best of 4:21.33 for a 28th-place finish in the 400 IM. The two-time letterwinner set her first career best of the season at the Mizzou Invite, where she competed in the 100 fly (55.27). A standout in the classroom, Bougie earned academic All-Big Ten honors and earned a spot on the Nebraska Scholar-Athlete Honor Roll both semesters. She also claimed her second straight selection to the Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Bougie produced a solid first year as a Husker, compiling nine top-five finishes, including one victory and two runner-up performances. She set seven career bests, with two of those coming at the 2017 Big Ten Championships. At the conference meet, she set a career best in the 200-yard butterfly, racing to a time of 2:03.83. In the 200-yard individual medley, Bougie took 35th with a time of 2:03.05. A strong 200 fly swimmer, Bougie recorded five of her top-five finishes in the event, including both runner-up finishes. Bougie also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

A six-time letterwinner, Bougie helped Lakeville South to a fifth-place finish at the Minnesota state championships. From 2010 to 2013, Bougie earned all-conference honors, while adding all-state accolades in 2014 and 2015. The 2016 Section 1AA champion was undefeated in her individual conference races. Bougie aided her Riptide Swim Team to the 2015 Class AA state championship and the 2016 Class AAA state championship. Bougie was a member of National Honor Society and earned a place on the Magna Cum Laude Honor Roll. She was an NISCA Scholastic All-American in 2016. Bougie won the South Suburban Conference Award while attending Lakeville South.

PERSONAL

The daughter of Kara and David Barnes and Joseph and Heidi Bougie, Shea was born July 23, 1998 in Minneapolis, Minn. Shea has four sisters, Kate, Ally, Maddie, and Lily and two brothers, Sam and Vinny. An accounting major at Nebraska, Shea earned academic All-Big Ten honors in 2018. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She is a two-time member of the Tom Osborne Citizenship Team (2017, 2018). She chose Nebraska over Minnesota and Pennsylvania.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	55.27	11/16/17	Mizzou Invite	Columbia, Mo.
200 Butterfly	2:02.34	2/17/18	Big Ten Championships	Columbus, Ohio
200 IM	2:02.04	2/15/18	Big Ten Championships	Columbus, Ohio
400 IM	4:21.33	2/16/18	Big Ten Championships	Columbus, Ohio

CARLA GONZALEZ-GARCIA

Junior Backstroke/Individual Medley Merida, Venezuela (Arlington Martin)

HONORS & AWARDS

+Two Letters (2017, 2018)
+Academic All-Big Ten (2018)
+Arthur Ashe Jr. Sports Scholar Award (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)
+Venezuelan National Team (Pan American Games, 2015)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Freestyle	27th
2018	100 Backstroke	27th
2018	200 Backstroke	31st
2017	200 Backstroke	49th
2017	100 Backstroke	50th
2017	200 Freestyle	52nd

Q&A WITH CARLA

What is your favorite thing about Nebraska?
I love the fans and atmosphere on game days.

Who was your inspiration growing up?
My dad, Gilberto Gonzalez.

What would you tell your younger self?
Enjoy every moment and don't stress about the little things.

What are you thankful for?
My family, friends and the opportunity to swim at Nebraska.

What are your pre-meet rituatls?
I like to talk to people and listen to music.

If you could be in any movie, what would it be and why?
A comedy because I'm clumsy and I think I'm funny sometimes.

If you could eat one thing for the rest of your life, what would it be?
Popcorn.

2018-19 (OUTLOOK)

One of Nebraska's most improved swimmers as a sophomore, Carla Gonzalez-Garcia will hope to produce similar slashes in her times across all her events in 2018-19. The junior from Venezuela by way of Arlington, Texas, shattered her career bests in the 200 freestyle and the 100 and 200 backstrokes last season at the Big Ten Championships. She improved more than 20 positions in all three events at the Big Ten meet compared to her freshman season. Gonzalez-Garcia is also a strong performer in the classroom, earning academic All-Big Ten honors as a sophomore.

2017-18 (SOPHOMORE)

Gonzalez-Garcia performed well for the Huskers in 2017-18, racking up eight top-five finishes, including a victory and a runner-up finish. She set personal bests in three of her four events. Gonzalez-Garcia set three career bests at the 2018 Big Ten Championships with times of 1:48.37 in the 200-yard freestyle, 54.74 in the 100-yard backstroke, and 1:58.87 in the 200-yard backstroke. The two-time letterwinner appeared in multiple relays, including the 200 free, 200 medley, 400 free and the 400 medley. Gonzalez-Garcia earned academic All-Big Ten honors and claimed an Arthur Ashe Jr. Sports Scholar Award. She is a two-time member of the Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Gonzalez-Garcia exploded onto the scene by earning two victories and five runner-up finishes among her 11 top-five finishes as a freshman for the Huskers in 2016-17. During her debut at the Big Ten Championships, Gonzalez-Garcia placed 49th (2:02.20) in the 200 backstroke, 50th (56.16) in the 100 back and 52nd (1:50.60) in the 200 free, setting a career best. Gonzalez-Garcia also got off to a strong start in the classroom and the community, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring before becoming a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Gonzalez-Garcia swam for James Martin High School in Arlington, Texas, under Coach Jon Ivonen. She was a nine-time district champion at James Martin. Gonzalez-Garcia helped James Martin High School take fifth place at Regionals by reeling in a victory in the 200 individual medley. She earned All-America and all-state honors in Texas and was Arlington's April 2014 student-athlete of the month. Gonzalez-Garcia was a three-time state finalist. She is also a member of the Venezuelan National Team and went to the 2015 Pan American Games. She was a member of National Honor Society, French National Honor Society and an honor student.

PERSONAL

The daughter of Maria Garcia and Gilberto Gonzalez, Carla was born Dec. 17, 1997 in Merida, Venezuela. Carla has one older brother, Carlos. An accounting and finance major, Carla earned academic All-Big Ten honors in 2018. She is a three-time Nebraska Scholar-Athlete Honor Roll selection. She is a two-time member of the Tom Osborne Citizenship Team (2017, 2018). She chose Nebraska over Rutgers and South Carolina.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Freestyle	53.39	10/14/16	South Dakota State	Brookings, S.D.
200 Freestyle	1:48.37	2/16/18	Big Ten Championships	Columbus, Ohio
100 Backstroke	54.74	2/16/18	Big Ten Championships	Columbus, Ohio
200 Backstroke	1:58.87	2/17/18	Big Ten Championships	Columbus, Ohio

ABIGAIL GREENEWAY

Junior Freestyle Appleton, Wisconsin (Appleton North)

HONORS & AWARDS

+Two Letters (2017, 2018)
+Big Ten Distinguished Scholar (2018)
+Academic All-Big Ten (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2017, 2018)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	500 Freestyle	69th
2018	200 Freestyle	80th
2018	100 Freestyle	84th
2017	500 Freestyle	47th
2017	200 Freestyle	76th
2017	100 Freestyle	86th

Q&A WITH ABIGAIL

What is your favorite thing about Nebraska?
How nice and supportive everyone is.

Who was your inspiration growing up?
My mom and dad.

What would you tell your younger self?
You can grow up to be anything.

What are you thankful for?
The opportunities I have been given at Nebraska.

What are your pre-meet rituatls?
Peanut butter toast every morning.

If you could be in any movie, what would it be and why?
Elf.

If you could eat one thing for the rest of your life, what would it be?
Homemade pizza.

What is your favorite hobby outside of swimming?
Traveling.

2018-19 (OUTLOOK)

One of Nebraska's top performers in the classroom and the pool, Abigail Greeneway takes aim at career-best times in 2018-19. The junior from Appleton, Wis., was named a Big Ten Distinguished Scholar in 2018 and was an academic All-Big Ten selection. She also represented the Huskers at the 2018 Big Ten Championships in the 100, 200 and 500 freestyle events.

2017-18 (SOPHOMORE)

Greeneway set three season bests at the Mizzoulinvite in the 50 free (26.23), 100 free (55.43) and 200 free (1:58.52). The two-time letterwinner competed at the 2018 Big Ten Championships in the 100 free (55.61), 200 free (1:59.73) and 500 free (5:15.17). One of Nebraska's top performers in the classroom, Greeneway was named a Big Ten Distinguished Scholar and claimed academic All-Big Ten honors for the first time. She also earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She also captured a spot on the 2018 Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Greeneway produced six top-five finishes, including two third-place performances in her first season as a Husker in 2016-17. Greeneway set five career bests with three of those coming at the Big Ten Championships. Greeneway placed 73rd in the 500 free (5:07.80), 76th in the 200 free (1:54.14) and 86th in the 100 free (53.77). She had a strong performance in Nebraska's dual victory over Northern Iowa, claiming three top-five finishes. Greeneway raced to fourth in the 1,000 free (10:57.08), fifth in the 50 free (25.08) and fifth in the 100 free (54.36). Greeneway also started strong in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Greeneway was a four-time Junior National qualifier and helped her Fox Valley Wave team to six consecutive Wisconsin state championships. An all-state performer in the 50 and 100-yard freestyles and the 100 and 200 free relays, Greeneway helped Appleton North High School to the 2016 Fox Valley Conference championship as a senior in 2016. Greeneway was a first-team all-conference swimmer and a state qualifier in the 50 free, 100 free, 200 medley relay, 200 free relay and 400 free relay all four years. Not only was Greeneway a standout in the pool, she excelled in the classroom and earned USA Swimming Scholastic All-America honors.

PERSONAL

The daughter of Susan and Todd Greeneway, Abigail was born Sept. 18, 1997 in Geneva, Ill. Abigail has a younger sister, Allison. An international business major, Abigail was a Big Ten Distinguished Scholar and an academic All-Big Ten choice in 2018. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She is a two-time member of the Tom Osborne Citizenship Team (2017, 2018). She chose Nebraska over Illinois, Missouri and Wisconsin.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	25.01	11/18/16	Kansas Classic	Topeka, Kan.
100 Freestyle	53.77	2/18/17	Big Ten Championships	West Lafayette, Ind.
200 Freestyle	154.14	2/17/17	Big Ten Championships	West Lafayette, Ind.
500 Freestyle	5:07.80	2/15/17	Big Ten Championships	West Lafayette, Ind.

ABIGAIL KNAPTON

Junior Diving Omaha, Nebraska (Omaha Marian)

HONORS & AWARDS

+Two-Time NCAA First-Team All-American (Platform, 2017, 2018)
+NCAA Championship Qualifier (Platform, 2017, 2018; Three-Meter, 2017, 2018)
+NCAA Zone D Diving Champion (Platform, 2017)
+NCAA Zone D Diving Qualifier (Platform, 2017, 2018; One-Meter, 2017, 2018 Three-Meter, 2017, 2018)
+Nebraska Athletics Outstanding Female Newcomer of the Year (All Sports, 2016-17)
+Two Letters (2017, 2018)
+CSCAA Scholar All-American (First Team, 2017, 2018)
+Big Ten Distinguished Scholar (2018)
+Academic All-Big Ten (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2017, 2018)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

NCAA CHAMPIONSHIPS

Year	Event	Finish
2018	Platform	8th
2018	Three Meter	22nd
2017	Platform	4th
2017	Three Meter	30th

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	Three Meter	9th
2018	Platform	10th
2018	One Meter	26th
2017	Three Meter	9th
2017	One Meter	11th
2017	Platform	14th

Q&A WITH ABIGAIL

What is your favorite thing about Nebraska?
The Nebraska sunsets.

Who was your inspiration growing up?
Kerri Strug (1996 Olympic gymnast).

What would you tell your younger self?
Dream big!!

If you could be in any movie, what would it be and why?
Footloose because its my favorite movie.

2018-19 (OUTLOOK)

The most successful collegiate diver in Nebraska history, Abigail Knapton will take aim at All-America honors for the third consecutive season. The junior from Omaha became the first Husker diver in history to win a pair of first-team All-America awards by capturing her second straight honor on platform in 2018. In addition to her success in the well, Knapton is also a two-time first-team CSCAA Scholar All-American who could contend for CoSIDA Academic All-America honors in 2019.

2017-18 (SOPHOMORE)

Knapton became the first diver in Nebraska history to capture first-team All-America honors in back-to-back seasons. Knapton took eighth on the platform dive (286.15) to claim first-team All-America honors for the second straight season on the event. She added a 22nd-place finish on the three-meter board (307.60) at nationals to cap another history-making season. She qualified for nationals with career bests on the platform (589.70) and on the one meter (535.85) at the NCAA Zone D Diving competition. At the Big Ten Championships, Knapton took ninth on the three meter, 10th on the platform and 26th on the one meter. Throughout the season, Knapton captured 12 individual titles and five runner-up finishes among her 19 top-five showings. Also an outstanding student, Knapton was named a first-team CSCAA Scholar All-American for the second time and was a Big Ten Distinguished Scholar and academic All-Big Ten selection. She was also a member of the Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Knapton kicked off her diving career strong with 17 top-five finishes, including three victories as a freshman for the Huskers in 2016-17. Knapton notched a victory at the 2017 NCAA Zone D Diving Meet in platform with a total of 553.00. She qualified for the 2017 NCAA Swimming and Diving Championships in the three-meter and platform dives. Knapton competed in all three dives at the Big Ten Championships, finishing 14th on platform (257.50), 11th on the one-meter dive (285.60) and ninth on three meter (337.35). She set two career bests at Illinois in both the one-meter (294.98) for a runner-up finish and in the three meter (343.12) to capture her first dual victory. She also finished second on platform at the Jean Freeman Invite with a second-best 318.70. Knapton earned spots on the Nebraska Scholar-Athlete Honor Roll both semesters.

PREVIOUS

Knapton was one of the state's top divers as a senior at Omaha Marian High School in 2016. The Nebraska state runner-up in the one-meter dive as a senior, Knapton helped the Crusaders to a state runner-up finish as a team. Knapton was also the runner-up at the Region 8 Championships. A strong performer in the classroom as well, Knapton earned the President's Award for Educational Excellence. She was also an honor roll student at Omaha Marian throughout her high school career.

PERSONAL

The daughter of Emily and Jeffery Knapton, Abigail was born April 23, 1998 in Cheyenne, Wyo. Abigail has one younger sister, Nettie-Clare. A pre-health major, Abigail was a first-team CSCAA Scholar All-American in 2017 and 2018. She was named a Big Ten Distinguished Scholar and claimed academic All-Big Ten honors in 2018. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She is also a two-time member of the Tom Osborne Citizenship Team. She chose Nebraska over Wyoming, Utah, Ohio, Army West Point, Virginia Tech, Arkansas and Boise State.

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	535.85	3/5/18	NCAA Zone D	Minneapolis, Minn.
Three Meter	471.40	12/15/17	USA Diving Winter Nationals	Greensboro, N.C.
Platform	589.70	3/5/18	NCAA Zone D	Minneapolis, Minn.

SAVANNAH SAVITT

Junior Freestyle/Breaststroke/Individual Medley Tampa, Florida (Tampa Preparatory)

HONORS & AWARDS

+Two Letters (2017, 2018)
+Academic All-Big Ten (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2018)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Breaststroke	44th
2018	500 Freestyle	56th
2018	200 Freestyle	61st
2017	200 Breaststroke	43rd
2017	500 Freestyle	59th
2017	200 Freestyle	64th

Q&A WITH SAVANNAH

What is your favorite thing about Nebraska?
The tradition and the unity.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Don't be afraid to be yourself and be confident.

What are you thankful for?
My friends and family.

If you could be in any movie, what would it be and why?
An action movie because it would be the most thrilling.

If you could eat one thing for the rest of your life, what would it be?
Smoothies.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Aaron Judge so he can teach me how to hit home runs.

What is your favorite hobby outside of swimming?
Shopping.

2018-19 (OUTLOOK)

Savannah Savitt will look to continue cutting her career-best times in her third season as a Husker. The junior from Tampa, Fla., slashed her career bests in three events. A solid contributor in the classroom as well, Savitt earned academic All-Big Ten honors as a sophomore.

2017-18 (SOPHOMORE)

Savitt accumulated seven top-five finishes, including a victory in the 200 breaststroke against Omaha. Savitt set three career bests at the Mizzou Invite in the 200 free (1:50.22), 500 free (4:52.80) and 200 breast (2:17.74). At the 2018 Big Ten Championships, Savitt competed in three events, including the 200 breast (44th), 500 free (56th) and 200 free (61st). Savitt was a member of the runner-up 800-yard freestyle relay at the Mizzou Invite that included Autumn Haebig, Allie Worrall and Allison Kopas (7:23.11). In the classroom, Savitt earned academic All-Big Ten honors and was named to the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She claimed a spot on the Tom Osborne Citizenship Team for the second time.

2016-17 (FRESHMAN)

Savitt produced five top-five finishes in her freshman season with the Huskers. She helped Nebraska to the team title at the Kansas Classic with her performances in the 500-yard freestyle (5:00.61) and 200-yard breaststroke (2:22.92). At the 2017 Big Ten Championships, Savitt finished 43rd in the 200-yard breaststroke, 59th in the 500 free and 64th in the 200-yard freestyle. She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall and was a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Savitt set four school records at Tampa Preparatory School while swimming for Coach Jason Bowes. A 15-time district champion and nine-time regional champion, Savitt produced seven top-five finishes at the Florida state meet in her career. Savitt was also a two-time All-American in the pool and a two-time USA Swimming Scholastic All-American. She was a three-time first-team All-Tampa Bay Area selection. Savitt set 11 records while swimming for Tampa Bay Aquatics. A strong performer in the classroom as well, Savitt was a member of National Honor Society.

PERSONAL

The daughter of Dorilee and Alan Savitt, Savannah was born Aug. 18, 1997, in Tampa, Fla. Savannah has a younger sister, Shelby, and a younger brother, Ryan. Savannah is a marketing major in the College of Business at Nebraska. She earned academic All-Big Ten honors in 2018 and is a three-time Nebraska Scholar-Athlete Honor Roll selection. She claimed spots on the Tom Osborne Citizenship Team in 2017 and 2018. She chose Nebraska over West Virginia, Cincinnati and Kentucky.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:50.22	11/17/17	Mizzou Invite	Columbia, Mo.
500 Freestyle	4:52.80	11/16/17	Mizzou Invite	Columbia, Mo.
100 Breaststroke	1:07.33	11/5/16	Kansas	Lincoln, Neb.
200 Breaststroke	2:17.74	11/18/17	Mizzou Invite	Columbia, Mo.

LINDSEY STALHEIM

Junior Butterfly/Backtroke/Individual Medley Omaha, Nebraska (Millard West)

HONORS & AWARDS

+Two Letters (2017, 2018)
+Academic All-Big Ten (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2017, 2018)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	100 Backstroke	47th
2018	200 Backstroke	47th
2018	100 Butterfly	55th
2017	200 Backstroke	48th
2017	100 Backstroke	53rd
2017	100 Butterfly	69th

Q&A WITH LINDSEY

What is your favorite thing about Nebraska?
The fans.

Who was your inspiration growing up?
My sisters.

What would you tell your younger self?
God has a plan for you, don't worry.

What are you thankful for?
My family and dogs.

What is your pre-meet ritual?
Listening to music and eating fruit snacks.

If you could be in any movie, what would it be and why?
Cinderella because I want to wear her ball gown.

If you could eat one thing for the rest of your life, what would it be?
Pizza.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My grandma.

What is your favorite hobby outside of swimming?
Playing the violin.

2018-19 (OUTLOOK)

After producing career-best times in all of her butterfly and backstroke events as a sophomore, Lindsey Stalheim will strive for even greater improvement in 2018-19. The junior from Omaha set four career best at the Mizzou Invitational in her sophomore campaign, then recorded better finishes in all three of her events at the Big Ten Championships to close the season. Stalheim also plans to continue her strong efforts in the classroom after earning academic All-Big Ten honors last season.

2017-18 (SOPHOMORE)

Stalheim claimed two top-five finishes, including a runner-up finish in the 200 fly (2:11.97) against Omaha. Stalheim captured four career bests at the Mizzou Invite in the 100 back (55.84), 200 back (2:01.57), 100 fly (56.50) and 200 fly (2:09.24). At the 2018 Big Ten Championships, Stalheim competed in the 100 back (47th), 200 back (47th) and 100 fly (55th). She earned academic All-Big Ten honors as a sophomore and claimed spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She was named to the Tom Osborne Citizenship Team for the second straight season.

2016-17 (FRESHMAN)

Stalheim recorded five top-five finishes across six events as a freshman for the Huskers in 2016-17. She had a solid performance in Nebraska's dual victory over South Dakota State, taking fourth in both the 200 back (2:13.09) and 200 fly (2:16.85). At the 2017 Big Ten Championships, Stalheim produced a then-career best in the 200 back (2:02.01). She also competed in the 100 back (56.41) and the 100 fly (58.19). Stalheim found success in the classroom as well, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Stalheim was named Millard West High School's most valuable swimmer in both 2014 and 2016. She aided Millard West in capturing a fourth-place finish at the Nebraska High School Championships. In 2014 and 2015, Stalheim earned the Metro Swimming Conference All-American Award and the Midwestern Swimming Academic Award. A four-time academic letterwinner, Stalheim was also a member of All-State Orchestra in 2013.

PERSONAL

The daughter of Marian and Marshall Stalheim, Lindsey was born July 21, 1997 in Omaha, Neb. Lindsey has two sisters, Sarah and Carley, as well as three brothers, Nick, Dylan and Jordan. Lindsey is majoring in biological sciences at Nebraska. She earned academic All-Big Ten honors in 2018 and is a four-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2017 and 2018. She chose Nebraska over Drury and Northern Iowa.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	55.84	11/17/17	Mizzou Invite	Columbia, Mo.
200 Backstroke	2:01.57	11/18/17	Mizzou Invite	Columbia, Mo.
100 Butterfly	56.50	11/16/17	Mizzou Invite	Columbia, Mo.
200 Butterfly	2:09.24	11/18/17	Mizzou Invite	Columbia, Mo.

GWEN WORLTON

Junior Breaststroke Fox Point, Wisconsin (Nicolet)

HONORS & AWARDS

+Two Letters (2017, 2018)
+Academic All-Big Ten (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Breaststroke	18th
2018	100 Breaststroke	30th
2017	100 Breaststroke	37th
2017	200 Breaststroke	39th
2017	50 Freestyle	84th

Q&A WITH GWEN

What is your favorite animal?
Koalas.

What is your favorite candy?
Kit Kats.

Who is your celebrity crush?
Ryan Gosling.

What is your favorite childhood memory?
My dad taking me to the beach.

What is your pre-meet ritual?
Power posing.

What superpower would you choose?
Flying.

What is your dream job?
Nutritionist.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My grandma.

What is your favorite hobby outside of swimming?
Playing the violin.

2018-19 (OUTLOOK)

After showing impressive improvement as a breaststroke specialist last season, Gwen Worlton will work for even more gains in 2018-19. The junior from Wisconsin slashed nearly six seconds off her career-best time in the 200 breaststroke as a sophomore, which eventually translated into a 21-place improvement at the Big Ten Championships. She also improved her time in the 100 breast by nearly two seconds. Worlton plans to continue her solid efforts in the classroom as an academic All-Big Ten choice in 2018.

2017-18 (SOPHOMORE)

Worlton continued to perform at a high level as a sophomore. She competed in four events for the Huskers throughout the season, amassing 13 top-five finishes, including two victories and four second-place showings. She set three career bests in her second season, two of those coming at the Mizzou Invite. Worlton set personal records of 23.81 in the 50-yard freestyle (Big Ten Championships), 1:01.76 in the 100 yard-breaststroke (Mizzou Invite), and 2:12.66 in the 200-yard breast (Mizzou Invite). At the 2018 Big Ten Championships, Worlton competed in the 200 breast (18th), 100 breast (30th) and 50 free. Worlton was also a member of Nebraska's seventh-place 400-yard medley relay (Autumn Haebig, Worlton, Izzie Murray, Lindsay Helferich) that posted a school-record time of 3:36.03. In the classroom, Worlton earned academic All-Big Ten honors. She was also a member of the 2018 Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Worlton wrapped up her freshman season as a Husker with six top-five finishes. A strong breaststroke swimmer, Worlton registered all six of her top-five finishes in the 100-and 200-yard breaststroke events. Worlton helped the Huskers in a dual victory against Kansas, placing third in both the 100-yard breaststroke (1:05.19) and the 200-yard breaststroke (2:20.57). She also aided in team dual victories against Illinois and Iowa State, posting two top-five times at each dual. At the 2017 Big Ten Championships, Worlton produced a trio of then-career bests in placing 37th in the 100 breast (1:03.06), 39th in the 200 breast (2:18.93) and 84th in the 50 free (24.22). She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

The 2014 Wisconsin state champion in the 100-yard breaststroke, Worlton was an All-American in the event during her prep career. A four-time letterwinner at Nicolet High School in Fox Point, Wis., Worlton also broke Schroeder YMCA Swim Team records in both the 100- and 200-yard breaststroke.

PERSONAL

The daughter of Jane and David Worlton, Gwen was born Dec. 15, 1997 in Torrance, Calif. Gwen has a sister, Chloe, and two brothers, Teague and Owen. Gwen is majoring in nutrition, exercise and health science and earned academic All-Big Ten honors in 2018. She is a two-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2017 and 2018. She chose Nebraska over Auburn, Purdue and Miami of Ohio.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:01.76	11/16/17	Mizzou Invite	Columbia, Mo.
200 Breaststroke	2:12.66	11/18/17	Mizzou Invite	Columbia, Mo.
50 Freestyle	23.81	2/15/18	Big Ten Championships	Columbus, Ohio

ALLIE WORRALL

Junior Freestyle/Butterfly Phoenix, Arizona (Xavier College Prep)

HONORS & AWARDS

+Two Letters (2017, 2018)
+Academic All-Big Ten (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2017, 2018)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Freestyle	38th
2018	50 Freestyle	43rd
2018	100 Freestyle	45th
2017	50 Freestyle	34th
2017	100 Freestyle	53rd
2017	200 Freestyle	55th

Q&A WITH ALLIE

What is your favorite thing about Nebraska?
I love the emphasis on athletics.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Worry less.

If you could be in any movie, what would it be and why?
Moana because I love the location.

If you could eat one thing for the rest of your life, what would it be?
Chicken nuggets.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Amelia Earhart because I want to find out what happened.

What is your favorite hobby outside of swimming?
Baking.

2018-19 (OUTLOOK)

Allie Worrall plans to continue shaving time off her career bests as one of Nebraska's top sprint freestylers in 2018-19. Last season, Worrall set career bests in both the 100 and 200 free races at the Big Ten Championships, including a 17-spot improvement in the 200 free. A strong performer in the classroom as well, the junior from Arizona will also take aim at her second straight academic All-Big Ten award in 2019.

2017-18 (SOPHOMORE)

Worrall amassed 11 top-five finishes as a sophomore for the Huskers. She was a strong performer in the 100 freestyle, where she recorded five top-five finishes. She produced a trio of top-50 finishes at the 2018 Big Ten Championships, including 43rd in the 50 freestyle (23.48). She added two career bests, including a 38th-place finish in the 200 free (1:49.64) and 45th-place showing in the 100 free (50.83), which was eight spots higher than she finished at the 2017 conference meet. Worrall appeared in multiple relays and swam the second leg of the 800-yard freestyle relay that took second at the Mizzou Invite, joining Autumn Haebig, Savannah Savitt and Allison Kopas (7:23.11). In the classroom, Worrall earned academic All-Big Ten honors for the first time and claimed spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She earned a spot on the 2018 Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Worrall had a solid first year as a Husker, racking up nine top-five finishes, including four wins in dual victories over Illinois, Kansas and Northern Iowa. She set four career bests, with three of those coming at the 2017 Big Ten Championships. She raced to a time of 23.29 to finish 34th in the 50 free. In the 100-yard freestyle, Worrall earned 53rd with a time of 51.26, while adding a season-best 1:50.78 in the 200-yard free to finish 55th. She was part of the 400-yard medley relay (Julia Roller, Samantha Hedrick, Worrall and Erin Oeltjen) that earned a No. 50 national ranking from CollegeSwimming.com (3:39.56). One of Worrall's strongest performances came against Kansas, when she captured first-place finishes in both the 50-yard freestyle and 100-yard freestyle. Worrall also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was also a member of the 2017 Tom Osborne Citizenship Team for her work in the community.

PREVIOUS

The Arizona high school state champion in the 100-yard freestyle in 2016, Worrall added a second-place finish in the 50 free at the Arizona Class 5A state meet while swimming at Xavier College Prep in Phoenix. During her time swimming for Phoenix Swim Club, Worrall won the 2015 Long Course and the 2016 Short Course Arizona State Championships in the 100 free. Worrall also racked up multiple first-place relay finishes at the 2016 Short Course Arizona State Championships. An all-state selection and a team captain in the pool, Worrall also earned the School Turn Around Award and the National Honor Society Service Award.

PERSONAL

The daughter of Becky and Brian Worrall. Allie was born Dec. 15, 1997, in Phoenix, Ariz. An accounting major, Allie earned academic All-Big Ten honors in 2018. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She is also a two-time member of the Tom Osborne Citizenship Team (2017, 2018). She chose Nebraska over Kansas, Illinois and Denver.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	23.29	2/16/17	Big Ten Championships	West Lafayette, Ind.
100 Freestyle	50.83	2/17/18	Big Ten Championships	Columbus, Ohio
200 Freestyle	1:49.64	2/16/18	Big Ten Championships	Columbus, Ohio
100 Butterfly	57.19	11/19/16	Kansas Classic	Topeka, Kan.

GABBY BARATTA

Sophomore Breaststroke/Individual Medley Old Tappan, New Jersey (Northern Valley Regional)

2018-19 (OUTLOOK)

Gabby Baratta hopes to see major gains in the pool as one of Nebraska's young breaststroke specialists. Baratta also has the ability to help in the individual medley events for the Big Red. The sophomore from New Jersey got off to a solid start in the classroom by earning spots on the Nebraska Scholar-Athlete Honor Roll in both semesters of 2017-18.

2017-18 (FRESHMAN)

Baratta concluded her debut season with one top-five finish, including a fifth-place finish in the 100-yard breaststroke in Nebraska's dual victory over Northern Iowa. Baratta set three career bests, including two at the Mizzou Invite. She competed in the 100 breast (1:05.65) and 200 breast (2:19.25). Her third career best came in the 200 IM (2:14.03) against Kansas. Baratta added depth to the 200-yard medley relay, with her fastest relay time at 1:46.45 (Jessica Pentlarge, Baratta, Lindsey Stalheim, Clara Walstad) at the Mizzou Invite. The letterwinner also started strong in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Baratta came to Nebraska after earning All-County and Scholastic All-America honors all four years of her high school career. Baratta aided the Northern Valley Regional High School team to back-to-back state championships earning fifth (2016) and sixth place (2017). Baratta recorded a 2:16.60 in the 200 breaststroke and a 1:04.70 in the 100 breaststroke. While competing for the Scarlet Aquatics, Baratta set the team record in the 100- and 200-yard breaststroke.

PERSONAL

The daughter of Eva and Lorenzo Baratta, Gabby was born May 12,1999, in Emerson, N.J. She has one brother, John Carlo. Gabby is majoring in English with a minor in criminology and criminal justice. She earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She was also a member of the Tom Osborne Citizenship Team in 2018.

HONORS & AWARDS

+One Letter (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2018)
+Tom Osborne Citizenship Team (2018)

Q&A WITH GABBY

Why did you choose Nebraska?
I chose Nebraska because of the great academic and athletic opportunities and the family atmosphere.

Who was your inspiration growing up?
Missy Franklin.

What would you tell your younger self?
Keep working hard.

What are you thankful for?
My family.

What are your pre-meet rituals?
Listening to music and stretching.

If you could be in any movie, what would it be and why?
Forrest Gump because it is my favorite movie.

If you could eat one thing for the rest of your life, what would it be?
Pizza.

What is your favorite hobby outside of swimming?
Reading.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:05.65	11/16/17	Mizzou Invite	Columbia, Mo.
200 Breaststroke	2:19.25	11/18/17	Mizzou Invite	Columbia, Mo.
200 IM	2:14.03	11/4/17	Kansas	Lincoln, Neb.
400 IM	4:36.57	11/17/17	Mizzou Invite	Columbia, Mo.

MADISON COUGHLEN

Sophomore Butterfly/Individual Medley Frisco, Texas (Frisco)

HONORS & AWARDS

+One Letter (2018)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	400 IM	25th
2018	200 Butterfly	31st
2018	200 IM	52nd

Q&A WITH MADISON

Why did you choose Nebraska?
I loved the girls on the swim team and loved the feel of the people and everything on campus.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Don't get distracted.

What are your pre-meet rituals?
Crack my neck and toes and tighten my goggles.

If you could be in any movie, what would it be and why?
A drama because they are always interesting.

If you could eat one thing for the rest of your life, what would it be?
Pasta.

What is your favorite hobby outside of swimming?
Going to the lake.

2018-19 (OUTLOOK)

A talented butterfly swimmer who also made a splash for the Huskers in the individual medley events as a freshman, Madison Coughlen will hope to show continued improvement in the pool in 2018-19. The sophomore from Frisco, Texas worked to produce significant gains in her times from start to finish as a freshman, culminating with a top-25 finish in the 400 IM in her first appearance at the Big Ten Championships.

2017-18 (FRESHMAN)

Coughlen made a solid first impression with the Huskers, closing her freshman campaign with seven top-five performances, including a runner-up finish. A strong butterfly swimmer, Coughlen racked up five of her top-five finishes in the 200-yard butterfly. She notched three career bests, two of those coming at the Mizzou Invite. Coughlen set personal records of 2:01.08 in the 200-yard butterfly (Big Ten Championships), 56.52 in the 100 yard butterfly (Mizzou Invite), and 2:02.83 in the 200-yard IM (Mizzou Invite). At the 2018 Big Ten Championships, Coughlen notched her top individual finish (25th) in the 400 IM (4:19.97), which was just off the collegiate best (4:19.09) she set in the event at the Mizzou Invite. She also finished 52nd at the Big Ten meet in 200 IM. Coughlen also started strong in the community, earning a spot on the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Coughlen set two school records at Fort Mill High School while swimming for Coach Cindy Van Buskirk. An eight-time regional champion, Coughlen produced two state runner-up finishes. The four-time Junior National qualifier helped the Texas Ford Aquatics to a third-place finish in the short course sectionals. The three-time Scholastic All-American was a sectional, national and long course qualifier. Dominant in the pool as well as the classroom, Coughlen was named Regional All-American for four consecutive years and was an all-state selection. She was also an athlete of the week and her team's most valuable swimmer twice. Coughlen was a member of the Beta Club, maintaining above a 3.0 GPA.

PERSONAL

The daughter of Lisa and Mike Coughlen, Madison was born June 26, 1999, in Frisco, Texas. Madison has one sister, Morgan. Madison is a finance major at Nebraska. She was a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Kentucky, West Virginia, Florida State and Georgia Tech.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	56.52	11/16/17	Mizzou Invite	Columbia, Mo.
200 Butterfly	2:01.08	2/17/18	Big Ten Championships	Columbus, Ohio
200 IM	2:02.83	11/16/17	Mizzou Invite	Columbia, Mo.
400 IM	4:19.09	11/17/17	Mizzou Invite	Columbia, Mo.

AUTUMN HAEBIG

Sophomore Freestyle/Backstroke/Butterfly Grafton, Wisconsin (Grafton)

HONORS & AWARDS

+NCAA Championship Qualifier
(100 Back, 500 Free, 200 Free, 2018)
+One Letter (2018)
+14-Time Wisconsin High School Champion
+Wisconsin Division 2 Swimmer of the Year (2016)
+Nebraska Scholar-Athlete Honor Roll
(Fall 2017; Spring 2018)
+Tom Osborne Citizenship Team (2018)

NCAA CHAMPIONSHIPS

Year	Event	Finish
2018	100 Backstroke	40th
2018	500 Freestyle	43rd

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	100 Backstroke	10th
2018	200 Freestyle	12th
2018	500 Freestyle	17th

Q&A WITH AUTUMN

Why did you choose Nebraska?
The academics and the team.

Who was your inspiration growing up?
My sister, Stephanie.

What would you tell your younger self?
Don't let other people tear you down.

What are your pre-meet rituals?
Drinking pineapple juice, jumping 16 times and shaking out my arms and legs.

If you could be in any movie, what would it be and why?
Harry Potter.

If you could eat one thing for the rest of your life, what would it be?
Cheesecake or steak.

What is your favorite hobby outside of swimming?
Watching hockey.

2018-19 (OUTLOOK)

After racing to one of the best seasons by a Husker swimmer in the past five years, 2018 NCAA Championship qualifier Autumn Haebig takes aim at even bigger accomplishments in 2019. The sophomore from Wisconsin qualified to compete in the 100 backstroke, 200 freestyle and 500 freestyle at the NCAA Championships. Haebig will shoot for top-eight finishes at the Big Ten Championships, after taking 10th in the 100 back and 12th in the 200 free at the conference meet as a freshman. Her career-best time of 42.29 in the 100 back on her way to victory at the NCAA Last Chance Meet qualified her for the national meet with the 29th-best time in the country.

2017-18 (FRESHMAN)

Haebig had a stellar debut season as a Husker, producing 15 top-five finishes, including seven victories and four runner-up finishes. Haebig also became the first Husker swimmer to qualify for the NCAA Championships since 2013. At the 2018 Big Ten Championships, Haebig set career bests in the 200 free (1:46.22) and 500 free (4:42.69, school record). She added a 10th-place finish in the 100 back. The Wisconsin native tallied two additional career bests by pulling in a victory in the 100 back (52.29) at the Last Chance Meet and a 12th-place finish in the 200 back at the Mizzou Invite. The three-time NCAA qualifier also competed at the USA Winter Nationals compiling two top-10 finishes. An outstanding performer in the classroom and community as well, Haebig earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Haebig joined Nebraska after a stellar career at Grafton High School, where she was a 14-time state champion and earned two runner-up finishes. Haebig led Grafton to two state championships and three sectional championships. She was named WISCA Swimmer of the Year DII and Milwaukee Journal Sentinal Female Swimmer of the Year. While swimming for Ozaukee Aquatics, Haebig helped her team to a runner-up finish at the USA Junior Nationals (2015) and NESA Junior Nationals (Spring 2016). The Ozaukee Aquatics reeled in a victory at the Summer 2016 NESA Junior Nationals. Haebig recorded an Olympic Trial cut in the 100 backstroke in the Long Course Meter with a time of 1:01.71. She was awarded 2013 High Point Individual Award and qualified for the 2013-14 Wisconsin Long Course State Championship. Haebig was also on the honor roll.

PERSONAL

The daughter of Linda and Steve Haebig. Autumn was born Oct. 13, 1998, in Grafton, Wis. She has two sisters, Stephanie and Aly. A sports media and communication major, she earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She was also a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Alabama, Arkansas, Kansas and Wisconsin.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:46.22	2/16/18	Big Ten Championships	Columbus, Ohio
500 Freestyle	4:42.69	2/15/18	Big Ten Championships	Columbus, Ohio
100 Backstroke	52.29	2/24/18	Last Chance Meet	Columbia, Mo.
200 Backstroke	2:00.21	11/18/17	Mizzou Invite	Columbia, Mo.

ALLISON KOPAS

Sophomore Backstroke/Individual Medley Fort Lauderdale, Florida (NSU University)

HONORS & AWARDS

+One Letter (2018)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	400 IM	23rd
2018	200 Butterfly	41st
2018	200 IM	55th

Q&A WITH ALLISON

Why did you choose Nebraska?
The coaches, the girls on the team and the academics.

Who was your inspiration growing up?
My sister.

What would you tell your younger self?
Stop telling yourself you can't.

What are you thankful for?
Family, friends and swimming.

If you could be in any movie, what would it be and why?
I would be in *Fast and Furious* because of all the action.

If you could eat one thing for the rest of your life, what would it be?
Bread.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Taylor Swift because I like her music and would like to be part of her squad.

What is your favorite hobby outside of swimming?
Photography.

2018-19 (OUTLOOK)

One of Nebraska's top individual medley swimmers, Allison Kopas produced a top-24 finish at the Big Ten Championships in the 400 IM as a true freshman. The sophomore from Florida also competed in the 200 IM and the 200 butterfly at the 2018 Big Eight Championships. She will be looking for improved times in all of her strokes and events in her second season with the Big Red in 2018-19.

2017-18 (FRESHMAN)

Kopas stepped in and produced immediately for the Huskers in 2017-18. The freshman from Fort Lauderdale, Fla. recorded 14 top-five finishes in her debut season, including individual and relay events. Kopas set then-personal-best times in the 200-yard butterfly (2:02.58), 200-yard IM (2:01.05) and 400-yard IM (4:18.01) at the 2017 Mizzou Invite. Kopas also competed in the 800-yard freestyle relay (Autumn Haebig, Allie Worrall, Savannah Savitt, Kopas), earning a second-place finish (7:23.11). At the 2018 Big Ten Championships, Kopas competed in the 400 IM (23rd), 200 Fly (41st) and 200 IM (55th). Kopas was a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Kopas joined the Husker swimming and diving team after a solid career for NSU University School swim team, where she set five individual records. She was a 2016-17 All-American in the 200 individual medley and the 100 back. She also was named first-team All-Broward County. Kopas was NSU's most valuable swimmer for three years and received the NSU University School Athletic Leadership Award. While competing for Swim Fort Lauderdale, Kopas was a qualifier at 2016 U.S. Nationals and Junior Nationals. Kopas was also crowned the 2014-2017 Florida Gold Coast Senior State Champion in multiple events. Kopas set multiple SFTL team records. The three-time USA Swimming Scholastic All-American was also named the SFTL Senior Swimmer of the Year. She was also a member of National Honor Society.

PERSONAL

The daughter of Bil and Robin Kopas, Allison was born Aug. 28, 1998, in Plantation, Fla. She has an older sister, Emily, and a younger sister, Amanda. Allison is an elementary education/special education K-6 major at Nebraska. She was a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Purdue, Rutgers, and Miami.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
500 Freestyle	5:04.99	10/21/17	Iowa State	Lincoln, Neb.
200 Butterfly	2:02.58	11/18/17	Mizzou Invite	Columbia, Mo.
200 IM	2:01.05	11/16/17	Mizzou Invite	Columbia, Mo.
400 IM	4:18.01	11/17/17	Mizzou Invite	Columbia, Mo.

SUTTON MARVIN

Sophomore Freestyle Austin, Texas (McNeil)

HONORS & AWARDS

+One Letter (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2018)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	1,650 Freestyle	36th
2018	500 Freestyle	65th
2018	200 Freestyle	66th

Q&A WITH SUTTON

Why did you choose Nebraska?
Every other school felt like college, but Nebraska felt like home.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Always do your best.

What are you thankful for?
This team.

What are your pre-meet rituals?
Taking an ice bath.

If you could be in any movie, what would it be and why?
Spider-Man because he can do all sorts of cool tricks.

If you could eat one thing for the rest of your life, what would it be?
Cookies.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My sister, Payton, because she's my best friend.

What is your favorite hobby outside of swimming?
Hiking.

2018-19 (OUTLOOK)

Sutton Marvin produced a solid first season as a young distance freestyler for the Huskers in 2017-18. The sophomore from Texas will now work to consistently cut times across her freestyle events and climb individual standings to help the Huskers throughout the season. Marvin will also work to continue her solid start in the classroom after earning spots on the Nebraska Scholar-Athlete Honor Roll in each of her first two semesters.

2017-18 (FRESHMAN)

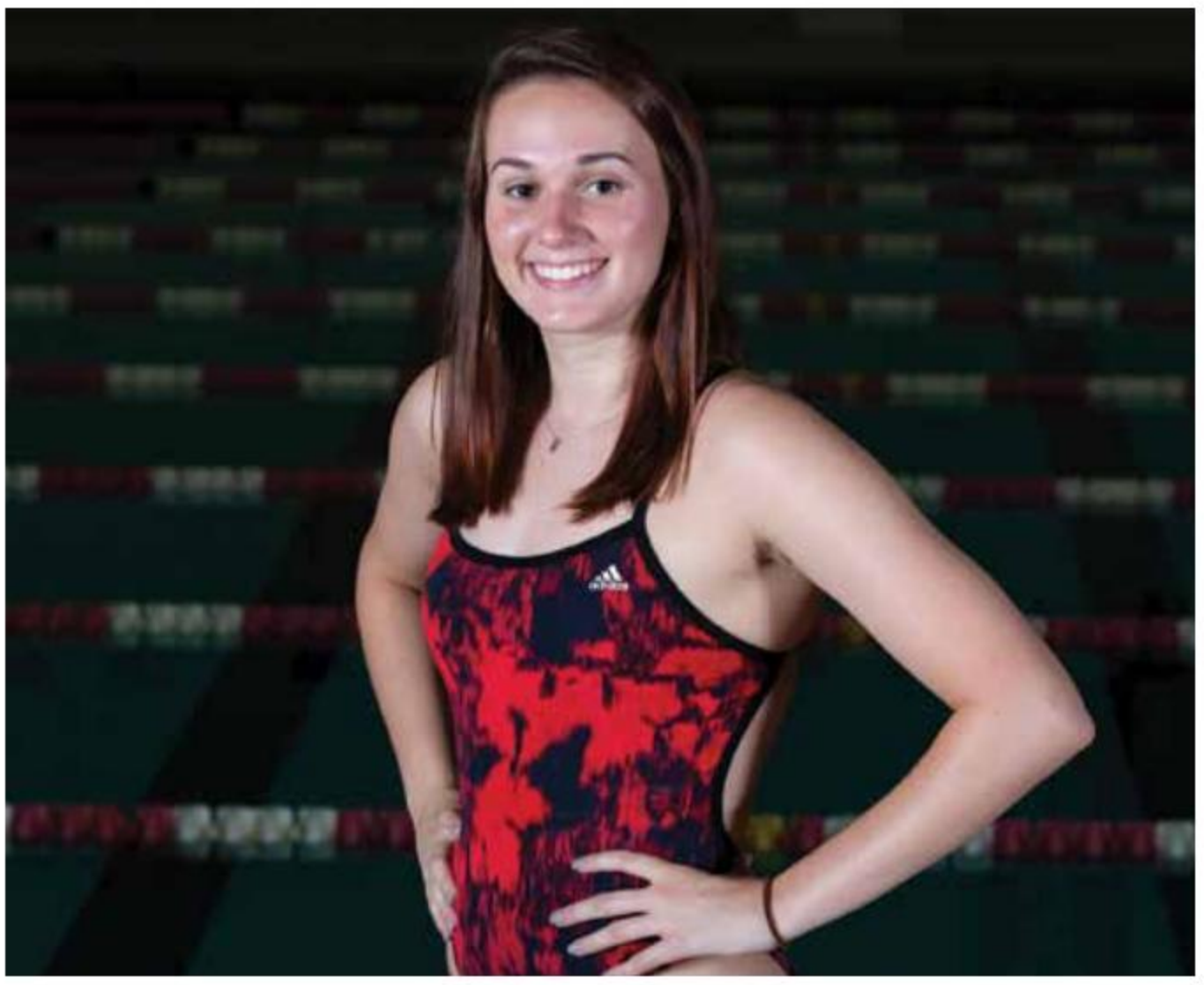
Marvin provided depth across the board in the freestyle events in 2017-18, competing in six different events on the year. She tallied four top-10 performances, including a fourth-place finish and a career best in the 1,000-yard freestyle against Northern Iowa (10:51.07). She added two career bests at the 2017 Mizzou Invite in the 100 free (53.48) and 500 free (23rd, 5:02.93). Marvin competed in three events at the 2018 Big Ten Championships. She reached a career best in the 200 free (1:51.98) to finish 66th. Marvin also competed in the 500 free (65th) and in the 1,650 free (36th). Marvin also found success in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She earned a spot on the Tom Osborne Citizenship Team.

PREVIOUS

Marvin swam for McNeil High School in Austin, Texas, under Coach Johnny Foss. She captured academic all-state honors throughout high school by maintaining above a 3.5 GPA all four years. Sutton was named most valuable upperclassmen, a state qualifier and a team captain at McNeil. She competed for Nitro Swimming under Coach Elliot McGill. Marvin competed in the Winter Juniors for three consecutive years, taking fourth, third and ninth respectively. Marvin also competed in the 2015 Summer Juniors racking up a second-place finish.

PERSONAL

The daughter of Corinne and Tod Marvin, Sutton was born Jan. 30, 1999, in Austin, Texas. She has one sister, Payton. Sutton is an English major and earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Texas, Boston University, and Denver.



CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Freestyle	53.48	11/18/17	Mizzou Invite	Columbia, Mo.
200 Freestyle	1:51.98	2/16/18	Big Ten Championships	Columbus, Ohio
500 Freestyle	5:02.93	11/16/17	Mizzou Invite	Columbia, Mo.
1,000 Freestyle	10:51.07	10/13/17	Northern Iowa	Lincoln, Neb.

IZZIE MURRAY

Sophomore Butterfly/Backstroke North Bend, Ohio (Taylor)

HONORS & AWARDS

+One Letter (2018)
+CSCAA Scholar All-American (HM, 2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2018)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	100 Butterfly	23rd
2018	200 Butterfly	24th
2018	100 Backstroke	45th

Q&A WITH IZZIE

Why did you choose Nebraska?
For the academics, and I felt comfortable with the team.

Who was your inspiration growing up?
My brothers, Roman and Ethan.

What would you tell your younger self?
A good joke, like: "What is brown and sticky? A stick."

What are your pre-meet rituals?
Taking a good nap.

If you could eat one thing for the rest of your life, what would it be?
Ice cream because you could have all the different kinds and flavors every day.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Andrew Benintendi because he is a good baseball player from Cincinnati.

What is your favorite hobby outside of swimming?
Fishing.

2018-19 (OUTLOOK)

Izzie Murray will shoot for career-best times and higher finishes after a strong debut season for the Huskers in 2017-18. The sophomore from North Bend, Ohio produced a pair of top-24 finishes in the butterfly events for the Big Red at the Big Ten Championships. She also got off to an impressive start in the classroom as an honorable-mention CSCAA Scholar All-American.

2017-18 (FRESHMAN)

Murray had an outstanding first year as a Husker, racking up 11 top-five finishes, including nine victories. She set a career best at the 2018 Big Ten Championships with a time of 53.72 in the 100-yard butterfly. She added a career best with a time of 1:59.67 in the 200 fly at USA Winter Nationals. She also swam a collegiate-best 56.26 in the 100 back at USA Winter Nationals. At the 2018 Big Ten Championships, Murray competed in the 100 fly (23rd), 200 fly (24th) and 100 back (45th). One of Murray's strongest performances came against Iowa State, when she won both the 100- and 200-yard butterfly. Murray also got off to a strong start in the classroom, earning honorable-mention CSCAA Scholar All-America accolades. She also claimed spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

A six-time Ohio state champion, Murray came to Nebraska following an exceptional career at Taylor High School. Murray was crowned the state champion in the 100-yard butterfly and set state, district and league records in the event. She finished her career with eight school records. Murray was a four-time 100 butterfly league champ and two-time backstroke league champ. Murray also swam for the Cincinnati Marlins aiding to the team's 11th-place finish (2016) and seventh-place finish (2017) at Junior Nationals. The USA Swimming Scholastic All-American was a NCSA finalist, Junior National finalist and holds five club records. Murray was a four-time MVP, two-time All-State, Taylor High School Athlete of the Year, four-time first team CHL and two-time All-City. Murray was a standout in the classroom, graduating fourth in her class, earning math and science department awards. She was awarded the AP Scholar Award, Seaver Ath-demic Award, Channel 9 News Student of the Month and was a four-time CHL Scholar Athlete.

PERSONAL

The daughter of Daniel and Terri Murray, Isabelle was born on May 4, 1999, in North Bend, Ohio. She has two brothers, Roman and Ethan. Izzie is an environmental studies major. She was an honorable-mention CSCAA Scholar All-American in 2018. She also earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was a member of the 2018 Tom Osborne Citizenship Team. She chose Nebraska over Rutgers and Arkansas.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	53.72	2/16/18	Big Ten Championships	Columbus, Ohio
200 Butterfly	1:59.67	12/2/17	USA Winter Nationals	Columbus, Ohio
100 Backstroke	56.26	12/1/17	USA Winter Nationals	Columbus, Ohio

JESSICA PENTLARGE

Sophomore Freestyle/Backstroke San Diego, California (Cathedral Catholic)

HONORS & AWARDS

+One Letter (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2018)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Freestyle	33rd
2018	100 Backstroke	38th
2018	100 Freestyle	44th

Q&A WITH JESSICA

Why did you choose Nebraska?
I loved so many aspects of the school and the team, and it felt like the perfect fit for me.

What would you tell your younger self?
Pursue your dreams and focus on the good in everything.

What are you thankful for?
Life.

What are your pre-meet rituals?
Visualization and listening to pump-up music.

If you could be in any movie, what would it be and why?
Grease. I love the '70s.

If you could eat one thing for the rest of your life, what would it be?
Sushi.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My parents and my sister because I love them.

What are your favorite hobbies outside of swimming?
Music, traveling and going to the beach.

2018-19 (OUTLOOK)

Jessica Pentlarge hopes to see improved times and finishes in the pool in her second season at Nebraska. The sophomore from San Diego proved herself as one of Nebraska's top sprint freestylers as a true freshman, while also competing in the 100 backstroke. In addtion to her early performance in the pool, Pentlarge got off to a solid start in the classroom by earning a pair of spots on the Nebraska Scholar-Athlete Honor Roll.

2017-18 (FRESHMAN)

Pentlarge had a solid first year as a Husker, racking up 10 top-five finishes, including two victories. She set three career bests, with one coming at the 2018 Big Ten Championships. At the conference meet, she set a then-career best in the 200-yard freestyle, racing to a time of 1:49.24. She also competed in the 100 back (38th) and the 100 free (44th). Pentlarge added two more career bests at the Mizzou Invite in the 50 free (23.71) and in the 100 free (50.52). She also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Pentlarge was a three-time Junior National qualifier and was named the MVP of North Coast Aquatics. A four-time state record holder in the 100 back, 100 free and the 200 and 400-yard free relays, Pentlarge helped Cathedral Catholic High School to the CIF Championships four consecutive years, earning three consecutive runner-up finishes before capturing the 2017 CIF title. She also is the CIF Division II record holder in the 100 free and 400 free relay. An All-American and a team captain, Pentlarge was the 2017 CIF section swimmer of the year. Pentlarge excelled in the classroom and community. The National Honor Society member earned spots on the honor roll all four years and was selected for the California Scholarship Federation.

PERSONAL

The daughter of Jack and Carol Pentlarge, Jessica was born July 20, 1999 in Oceanside, Calif. Jessica has one sister, Catie. A pre-health major, she earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Purdue, Washington State and Arkansas.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	23.71	11/16/17	Mizzou Invite	Columbia, Mo.
100 Freestyle	50.52	11/18/17	Mizzou Invite	Columbia, Mo.
200 Freestyle	1:49.24	2/16/18	Big Ten Championships	Columbus, Ohio

RACHEL POWERS

Sophomore Freestyle Sun Prairie, Wisconsin (Sun Prairie)

HONORS & AWARDS

+One Letter (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2018)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	1,650 Freestyle	31st
2018	500 Freestyle	43rd
2018	200 Freestyle	59th

Q&A WITH RACHEL

Why did you choose Nebraska?
I loved the team culture and how hard they worked in the pool and in the classroom.

Who was your inspiration growing up?
Michael Phelps.

What would you tell your younger self?
Have lots of fun, work hard and listen to your parents.

What are you thankful for?
My family and all the opportunities I have been given.

What are your pre-meet rituals?
Eat lots of pasta and drink chocolate milk.

If you could be in any movie, what would it be and why?
A comedy. Life's better when you're laughing.

If you could eat one thing for the rest of your life, what would it be?
Cheese curds.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Mother Teresa because she seems pretty awesome.

What is your favorite hobby?
Hiking or anything outdoors.

2018-19 (OUTLOOK)

Rachel Powers looks to improve her times in the distance freestyle events in her second season with the Huskers in 2018-19. The former Wisconsin state champion swam to career-best times while establishing a stronger training base as a freshman. She also established herself in the classroom with a pair of spots on the Nebraska Scholar-Athlete Honor Roll.

2017-18 (FRESHMAN)

Powers had a solid first year as a Husker, racking up 10 top-five finishes, including one victory. She set three career bests, with one coming at the 2018 Big Ten Championships. At the conference meet, she posted her top finish in the 1,650 free, while also setting a career best in the 500-yard freestyle (4:52.60) to take 43rd. Her second career best came at the Mizzou Invite in the 200 free (1:50.73). She also competed in the 500 free, earning eighth place at Mizzou with a time of 4:53.73. Powers also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She earned a spot on the Tom Osborne Citizenship Team.

PREVIOUS

Powers came to Nebraska after taking the 500 freestyle title at the WIAA High School State meet her senior year. Powers placed in the top eight five times at the WIAA High School State throughout her high school career. The seven-time All-State and five-time honorable-mention All-State selection aided Sun Prairie High School to the WIAA High School state meet four consecutive years. Powers was named team captain and WIAA Scholar Athlete. She holds records in the 200- and 500-yard freestyles, 200-yard individual medley, the 4x50 medley relay and the 4x100 freestyle relay. While swimming for her club team, Powers won the 400 free at the Wisconsin 2016 Summer Long Course State Meet. She also swept the 500 free, 1,000 free and the mile free, taking first at the Wisconsin 2017 Winter Short Course State Meet. Powers was named Wisconsin Female Swimmer of the Year for three years. Powers was a member of Sun Prairie's honor roll and earned the Academic Excellence Award all four years. She also graduated with high honors.

PERSONAL

The daughter of Margaret and Tim Powers, Rachel was born Aug. 22, 1998, in Sun Prairie, Wis. She has an older sister, Sarah, and an older brother, Luke. An elementary education major, she earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Missouri.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:50.73	11/17/17	Mizzou Invite	Columbia, Mo.
500 Freestyle	4:52.60	2/15/18	Big Ten Championships	Columbus, Ohio
1,000 Freestyle	10:31.26	10/21/17	Iowa State	Lincoln, Neb.
1,650 Freestyle	16:56.19	11/8/17	Mizzou Invite	Columbia, Mo.

MIRA RHODES

Sophomore Butterfly/Backstroke Oakwood, Ohio (Oakwood)

HONORS & AWARDS

+One Letter (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2018)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Butterfly	48th
2018	100 Butterfly	64th
2018	200 IM	78th

Q&A WITH MIRA

Why did you choose Nebraska?
It is a great school with an amazing swimming program, and the people are so nice. I love Lincoln and the school.

Who was your inspiration growing up?
My dad.

What would you tell your younger self?
Always work your hardest.

What are you most thankful for?
My family and friends.

If you could be in any movie, what would it be and why?
An action movie because it is fun and entertaining.

If you could eat one thing for the rest of your life, what would it be?
Cheesecake.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Barack Obama because I'm a big fan of his personality.

What is your favorite hobby outside of swimming?
I like drawing and doodling.

2018-19 (OUTLOOK)

Mira Rhodes will strive for improvement in the butterfly and individual medley events after a solid freshman season for the Huskers. The sophomore from Ohio cut her times throughout her first season at Nebraska, and could expect greater gains in 2018-19. She also started strong in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in her first two semesters.

2017-18 (FRESHMAN)

Rhodes made her Husker debut in 2017-18, competing in eight events as a freshman. She swam to three personal bests, including two at the 2018 Big Ten Championships. At the conference meet, Rhodes notched her best finish (48th) in the 200 fly, while also setting career bests in the 100 fly (59.40) and in the 200 IM (2:12.32). Her third personal best came at the 2017 Mizzou Invite after racing to a time of 2:10.02 in the 200 fly. Rhodes also starred in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She earned a spot on the Tom Osborne Citizenship Team.

PREVIOUS

Rhodes swam for Oakwood High School in Ohio under Coach Jen Jervis (2014) and Trevor Tilly (2015-16). Rhodes aided in Oakwood's back-to-back SouthWest Ohio District Championship victory in 2014 and 2015. In 2016, Oakwood earned a runner-up finish. In 2014, she earned spots on Southwestern Buckeye League first and second team. Rhodes was a finalist at the Ohio High School Swimming Championships for three consecutive years. She was named the Principal Scholar-Athlete, made the honor roll and graduated with honors. Rhodes also competed for Coach Kevin Weldon of Dayton Raider Swim Club. Rhodes aided the team in earning a Silver Medal Team award as well as being a national team member. She was a club teammate of 2018-19 Husker freshman Maggie Berning with the Dayton Raiders.

PERSONAL

The daughter of Terri and Dusty Rhodes, Mira was born July 20, 1998, in Oakwood, Ohio. She has one sister, Annie, and two brothers, Micah and Taylor. A global studies major, Mira earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She was a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Denison University, Wyoming, Colorado State and Kansas.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	59.40	2/16/18	Big Ten Championships	Columbus, Ohio
200 Butterfly	2:10.02	11/18/17	Mizzou Invite	Columbia, Mo.
200 IM	2:12.32	2/15/18	Big Ten Championships	Columbus, Ohio

GRACE TIERNON

Sophomore Diver Fishers, Indiana (Heritage Christian)

2018-19 (OUTLOOK)

Grace Tiernon is a young member of a strong group of Husker divers in 2018-19. The sophomore from Indiana notched top-40 finishes in all three dives last season at the Big Ten Championships, including 27th on platform. Tiernon will look to build on her scores as a sophomore to help give the Huskers one of the Big Ten's best diving squads.

2017-18 (FRESHMAN)

Tiernon had a solid first season in Lincoln. She compiled eight top-five finishes, including a runner-up finish. At the 2018 Big Ten Championships, Tiernon captured a career best in the platform dive to take 27th place (217.05). She also competed in the one-meter dive (38th) and the three-meter dive (40th). Tiernon took second with a career-best 248.47 on the one-meter board against Northern Iowa. She also notched a career best (266.02) in the three-meter dive against Iowa State. In the classroom, Tiernon earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Tiernon came to Nebraska as a Scholastic All-American and the Heritage Christian School (Indiana) Female Athlete of the Year. Tiernon was a two-time sectional champion, the 2017 regional champion and a three-time city champion. She qualified for state three times. Tiernon was named MVP all four years of her high school career and was the team captain her junior and senior year. Tiernon made an appearance at the 2014 and 2015 Junior Nationals in platform while competing for Indiana International School of Diving. She was a teammate of 2018-19 freshman Sara Troyer at the Indiana International School of Diving. Tiernon was also a member of National Honor Society.

PERSONAL

The daughter of Terry and Anne Tiernon, Grace was born March 19, 1999, in Fishers, Ind. She has one sister, Emma, and one brother, Luke. Grace is a civil engineering major and earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was a member of the Tom Osborne Citizenship Team in 2018.

HONORS & AWARDS

+One Letter (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017)
+Tom Osborne Citizenship Team (2018)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	Platform	27th
2018	One Meter	38th
2018	Three Meter	40th

Q&A WITH GRACE

Why did you choose Nebraska?
I chose Nebraska because I liked the feel of the campus, the engineering program and the competitiveness of the team.

Who was your inspiration growing up?
My older sister, Emma.

What would you tell your younger self?
Work hard but don't take things too seriously.

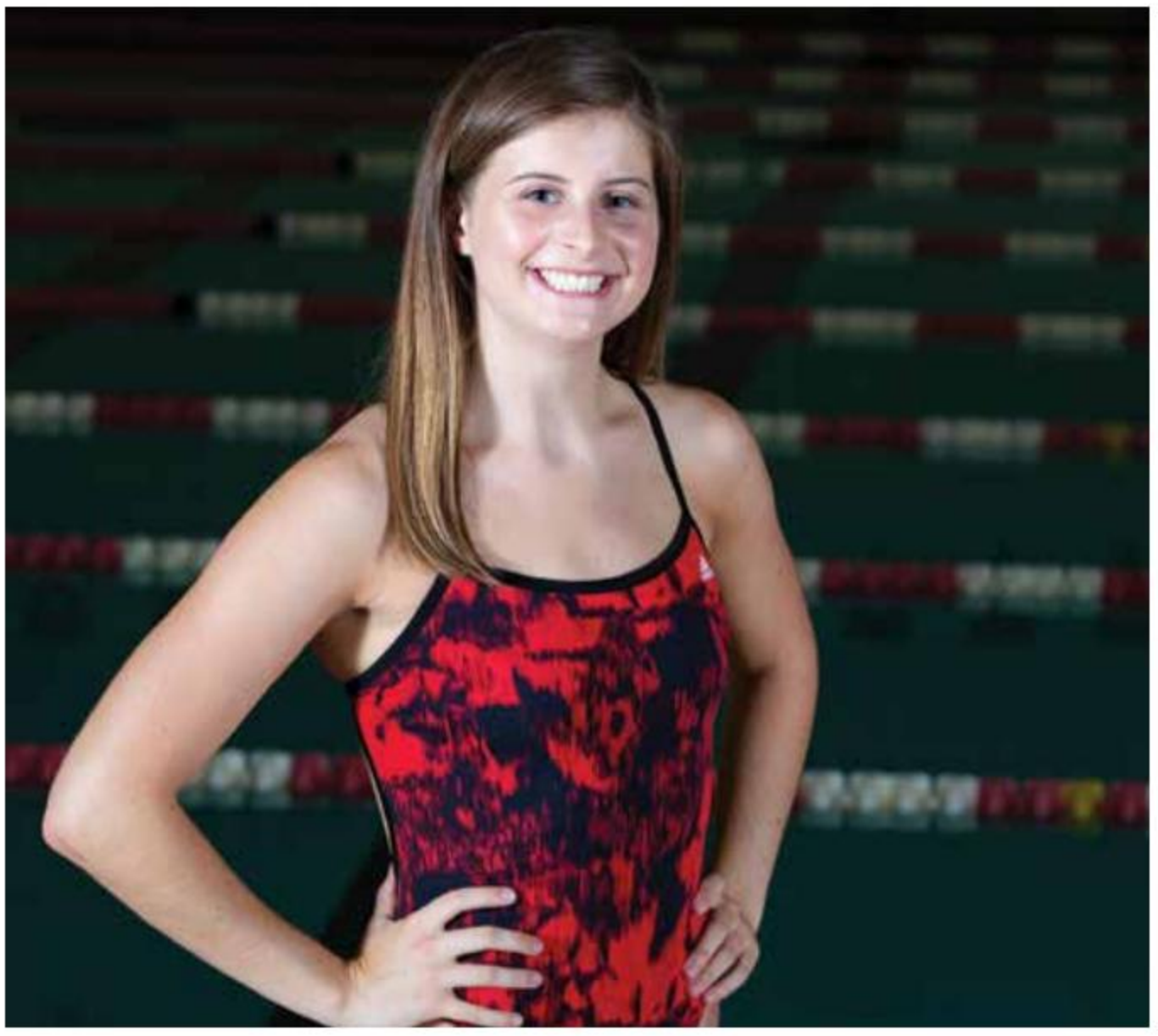
What are your pre-meet rituals?
Listening to music, dancing, modeling my dives.

If you could be in any movie, what would it be and why?
Happy Feet because all of the penguins are great dancers and my dancing skills need improvement.

If you could eat one thing for the rest of your life what would it be?
Mashed potatoes and gravy.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Grace Kelly because she is classy and a great role model, and we have the same first name.

What is your favorite hobby outside of diving?
Sleeping.



CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	248.47	11/16/17	Northern Iowa	Lincoln, Neb.
Three Meter	266.02	10/21/17	Iowa State	Lincoln, Neb.
Platform	217.05	2/17/18	Big Ten Championships	Columbus, Ohio

CLARA WALSTAD

Sophomore Freestyle/Backstroke/Butterfly Lincoln, Nebraska (Lincoln Southwest)

HONORS & AWARDS

+Nebraska Class A High School Champion (100 Backstroke, 2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017)
+Tom Osborne Citizenship Team (2018)

Q&A WITH CLARA

Why did you choose Nebraska?
The team culture and the support for academics and athletics.

Who were your inspirations growing up?
My mom and dad. They always have told me to work hard and save your money.

What would you tell your younger self?
You are enough. You are honest. You are humble. You are kind.

If you could be in any movie, what would it be and why?
A super-heroine movie because I think it would be awesome to be a strong-willed woman.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Eleanor Roosevelt because she is charismatic, strong-willed, humble and kind.

What is your favorite hobby outside of swimming?
Reading books, listening to music, drawing, painting, making jewelry and hiking outdoors.

2018-19 (OUTLOOK)

Clara Walstad hopes for greater contributions in her second season with her hometown Huskers. The sophomore from Lincoln competed in Nebraska's early season meets as a freshman, but made her last appearance at the Mizzou Invitational in November.

2017-18 (FRESHMAN)

Walstad provided depth for the Huskers before her season was cut short by injury. Walstad captured one top-five finish in the 50 free against Iowa State (24.55). She also notched two career bests at the Mizzou Invite with a time of 24.08 in the 50 freestyle and a clocking of 52.72 in the 100 free. She also competed in the 100 back at Mizzou, taking 20th (56.52). Walstad also swam a leg of the 200-yard freestyle relay (Lindsay Helferich, Jessica Pentlarge, Walstad, Allie Worrall). The Huskers finished eighth at the Mizzou Invite with a time of 1:33.89. In the classroom, Walstad earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Walstad came to the Nebraska swimming and diving team after helping Lincoln Southwest High School to two back-to-back state titles. Lincoln Southwest was ranked No. 2 in the nation in the medley relay and eighth nationally in the 200 free relay (2016-17) by the National Interscholastic Swim Coaches Association. In 2015-16, the NISCA ranked Lincoln Southwest third in the medley relay and 20th in the 200 free relay. Walstad was a Nebraska state champion and record holder in the 100 backstroke. She was also a member of the state champion 200 free and 200 medley relays. A Scholastic All-American, Walstad was ranked 45th in the 100 back and 71st in the 50 free by NISCA. She was an All-State and Academic All-State selection. While competing for Erik Wiken, Walstad and Heartland Aquatics took seventh as a team at the Midwest Short Course Championship in 2014, fourth in 2015, sixth in 2016 and fifth in 2017. Walstad holds the Midwestern swimming record in the 100 back. The two-time Junior Nationals qualifier earned USA Swimming Scholastic All-America honors and was a Heartland Aquatics Academic All-HLA Gold Team member. Walstad was named Female Performer of the Year, Most Valuable Female Swimmer and Midwest Swimming First-Team All-American. A star in the classroom, Walstad earned a 4.0 GPA and was on honor roll all eight semesters.

PERSONAL

The daughter of Tammie Fischer and William Walstad, Clara was born June 18, 1999, in Lincoln, Neb. She has four sisters. A biological sciences major, Clara earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was a member of the Tom Osborne Citizenship Team in 2018. She chose Nebraska over Minnesota.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	24.08	11/16/17	Mizzou Invite	Columbia, Mo.
100 Freestyle	52.72	11/18/17	Mizzou Invite	Columbia, Mo.

TAYLOR ACHESON

Freshman Freestyle/Individual Medley Overland Park, Kansas (Blue Valley West)

HONORS & AWARDS

+Summer Sectional Champion (2016)
+Summer Futures Relay Champion (2016)
+NCSA Qualifier (2018)

2018-19 (OUTLOOK)

Taylor Acheson was ranked as one of the top swimmers in the state of Kansas while swimming for the Kansas City Blazers in 2018. She is expected to add talent and depth for the Huskers while making the transition to collegiate swimming as a freshman at Nebraska in 2018-19. The versatile swimmer has produced solid times in the sprint freestyle events, while also swimming solid strokes in the back, breast and butterfly.

PREVIOUS

Acheson came to Nebraska after a win at the 2016 Summer Sectional meet. Acheson did not compete for her high school team, but swam for Coach Gardner Howland with the Kansas City Blazers. Acheson qualified for the Junior Nationals, Futures and NCSAs. In 2016, Acheson was a member of a winning relay team at Summer Futures.

PERSONAL

The daughter of Nicole and Dean Acheson, Taylor was born April 5, 2000, in Overland Park, Kan. She has two younger sisters, Ashlyn and Amanda. Taylor is majoring in business administration at Nebraska. She chose Nebraska over Minnesota, Florida and Florida State.

Q&A WITH TAYLOR

Why did you choose Nebraska?
Both my parents attended the University so it has been a tradition growing up attending at least one football game a season.

Who was your inspiration growing up?
My dad.

What would you tell your younger self?
Trust the process and don't stress out over things you can't control.

What are your pre-meet rituals?
Stretching out and trying to calm myself down, getting my heart rate constant and focusing on the upcoming task.

If you could be in any movie, what would it be and why?
Just Go With It because I like rom-coms (romantic comedies), and it has great actors.

If you could eat one thing for the rest of your life, what would it be?
Crab rangoons.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My great-grandpa.

MAGGIE BERNING

Freshman Freestyle/Butterfly Kettering, Ohio (Fairmont)

HONORS & AWARDS

+12th at Speedo Junior Nationals (200 Fly, 2018)
+USA Swimming Scholastic All-American
+Four-Time Ohio State Qualifier

2018-19 (OUTLOOK)

Maggie Berning comes to Nebraska poised to help the Huskers in the middle distance freestyle and butterfly events. Berning finished fifth in the 500-yard freestyle at the 2018 Ohio State championships, and added a seventh-place showing in the 200 free. She added an impressive 12th-place finish in the 200-meter butterfly at the 2018 Speedo Long Course Junior National Championships.

PREVIOUS

Berning joined the Huskers after setting a pair of Fairmont High School records in two events. She was a three-time winner of Fairmont's most valuable swimmer award and a four-time letterwinner. Berning was a three-time winner of the South West Classic in the 200 butterfly and the meet record holder. The four-time Ohio state qualifier was also a two-time TYR Pro finals qualifier. She was an All-Ohio selection in the 100 fly, 200 free and 500 free. Berning earned a Fairmont Scholar-Athlete award and was named to the Fairmont Honor Roll. Berning was also a team record holder in the 200 fly, 1,500 free and 1,650 free for the Dayton Raiders. She was a club teammate of 2018-19 Husker sophomore Mira Rhodes with the Dayton Raiders.

PERSONAL

The daughter of Krista and Mike Berning, Maggie was born Oct. 27, 1999 in Kettering, Ohio. Maggie has a brother, Kristian. Maggie is majoring in environmental studies.

Q&A WITH MAGGIE

Why did you choose Nebraska?
I chose Nebraska because of the amazing support they give student-athletes, the team and the culture here.

What would you tell your younger self?
Trust the process and everything will work out in the end.

If you could be in any movie, what would it be and why?
Clueless.

If you could eat one thing for the rest of your life, what would it be?
Panera baguettes.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Michelle Obama.

What is your favorite hobby outside of swimming?
I love taking pictures of my friends and capturing my favorite moments.

AUDREY COFFEY

Freshman Freestyle/Butterfly Naperville, Illinois (Naperville Central)

2018-19 (OUTLOOK)

One of the top recruits in Nebraska's 2018-19 freshman class, Audrey Coffey continues a recent string of talented Husker swimmers from Illinois. Coffey attended the same high school (Naperville Central) as former Husker Julia Roller (2014-17). An outstanding distance freestyler, Coffey won the 2018 Illinois Senior Long Course Championships with a time of 17:10.36 in the 1,500-meters. She added a runner-up finish in the 800-meter event, while posting two other top-eight finishes (400 IM, 400 free). Her prep times put her in position to contend for points immediately at the Big Ten Championships.

PREVIOUS

A three-time all-stater at Naperville Central, Coffey did not compete in high school swimming as a senior. She focused on competing for the Academy Bullets, helping the team to a fourth-place finish at 2018 NCSA Spring Junior Nationals. A USA Swimming and Speedo/NISCA Scholastic All-American, Coffey earned a 4.0 GPA over seven semesters at Naperville Central.

PERSONAL

The daughter of Ranelle and Michael Coffey, Audrey was born June 6, 2000 in Naperville, Ill. Audrey has a sister, Anna, and a brother, James. A nutrition and health sciences major at Nebraska. She chose Nebraska over Virginia Tech, Houston, Illinois and Rice.

Q&A WITH AUDREY

Why did you choose Nebraska?
When I came on my recruiting trip, I really fell in love with the school and the team. The team surrounded and embraced me at once, and I already felt like I was friends with them. They put so much effort into me, and I really felt like I was cared about.

What would you tell your younger self?
Never limit yourself and stop overthinking everything.

If you could be in any movie, what would it be and why?
I would probably be in a comedy, mostly because I accidentally say really dumb things a lot.

If you could eat one thing for the rest of your life, what would it be?
Potatoes.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My grandfather on my dad's side because I was never able to meet him.

HONORS & AWARDS

+Illinois Senior Long Course Champion (1,500 Free, 2018)
+Illinois Senior Long Course Runner-Up (800 Free, 2018)
+USA Swimming Scholastic All-American
+Speedo/NISCA Scholastic All-American

ALEXANDRA ELLIS

Freshman Freestyle Omaha, Nebraska (Millard South)

2018-19 (OUTLOOK)

One of the top student-athletes across all sports in the Omaha area as a senior at Millard South High School, Alexandra Ellis joins the Nebraska swimming and diving team as a freshman walk-on in 2018-19. Ellis was a state qualifier her junior and senior years for Millard South's 200 and 400 freestyle relay teams. She also carried better than a 4.0 GPA.

PREVIOUS

One of nine walk-ons to join the Huskers in 2018-19, Ellis was a team captain and four-time letterwinner at Millard South. The Omaha native competed at Metros for four years and placed in the top-10 finals in both individual and relay events for three years. The 2017-18 Greater Omaha Sports Committee Scholar Athlete of the Year competed at state on Millard South relay teams in both 2017 and 2018.. She was named Speedo/NICSA Scholastic All-American in 2017-18 and won the 2017 Rotary Youth Leadership Award. She was a three-time NCPA Academic All-State selection. Ellis was a D2 Summer Championship medalist for Millard Aquatic Club.

PERSONAL

The daughter of Alicia Nordberg and Brian Ellis, Alexandra was born Feb. 8, 2000 in Omaha, Neb. Alexandra is majoring in elementary education at Nebraska. She chose Nebraska over Kansas, Iowa, UNO and Northwest Missouri State.

Q&A WITH ALEXANDRA

Why did you choose Nebraska?
It is close to home, and I love the people and campus.

What would you tell your younger self?
If you work hard and give it your all you should never be disappointed no matter what happens.

What are you thankful for?
My family, friends and all of the opportunities I have, including this program.

If you could be in any movie, what would it be and why?
A comedy because I love to laugh.

If you could eat one thing for the rest of your life, what would it be?
Chicken.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Michael Phelps.

What is your favorite hobby outside of swimming?
Playing violin.

HONORS & AWARDS

+Speedo/NICSA Scholastic All-American (2017-18)
+Greater Omaha Sports Committee Scholar-Athlete of the Year (2017-18)
+Three-Time Academic All-State
+UNL Regents & Honors Scholarships

SYDNEY HAUBOLD

Freshman Freestyle Grand Island, Nebraska (Grand Island)

HONORS & AWARDS

+Nebraska Class A High School State Qualifier (50, 100, 200 Free, 2017, 2018)
+Grand Island High School Team Captain (2018)

2018-19 (OUTLOOK)

A competitive sprint freestyler during her career at Grand Island High School, Sydney Haubold is one of nine walk-ons to the Nebraska swimming and diving program in 2018-19. Haubuld competed in the 50, 100 and 200 freestyles at the 2017 and 2018 Nebraska high school state championships for the Islanders, and will look to add depth for the Huskers as a freshman in 2018-19.

PREVIOUS

A team captain for Grand Island High School, Haubold was a strong freestyle competitor for the Islanders, earning top-25 state finishes in the 100 and 200 free races in 2017 and 2018. A strong all-around athlete, Haubold also competed in volleyball, cross country and track and field. A four-time honor roll student, Haubold was also a member of the National Honor Society. She was also a student athletic trainer at Grand Island and won the top athletic trainer award.

PERSONAL

The daughter of Kirsten and Shawn Haubold, Sydney was born April 7, 2000, in Grand Island, Neb. She has three sisters, Madison, Calyn and Macy, and one brother, Gavin. Sydney is the niece of former football player Charlie Leece and friend of former Husker swimmer Krista Van Wie. Sydney is also related to former Husker soccer player Abby Penas. Sydney is majoring in pre-health. She chose Nebraska over UNK, Wayne State, and Midland University.

Q&A WITH SYDNEY

Why did you choose Nebraska?
It felt like home.

What would you tell your younger self?
Work hard because it pays off.

What are you thankful for?
My family because they are so supportive.

Who was your inspiration growing up?
My mother because she's so strong and passionate.

If you could be in any movie, what would it be and why?
How to Lose a Guy in 10 Days because it is a shocker love story with Matthew McConaughey.

If you could eat one thing for the rest of your life, what would it be?
Chicken Alfredo.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Matthew McConaughey.

MORGAN HEASTY

Freshman Breaststroke/Individual Medley Lincoln, Nebraska (Lincoln Pius X)

HONORS & AWARDS

+Nebraska Class A High School State Qualifier (2017, 2018)
+UNL Regents & Honors Scholarships

2018-19 (OUTLOOK)

Morgan Heasty will provide depth for the Huskers in the breaststroke as a freshman walk-on in 2018-19. Heasty joined the Huskers after an outstanding athletic and academic career at Lincoln Pius X High School. Heasty earned a Regents Scholarship to attend the University of Nebraska.

PREVIOUS

Heasty was one of the state's top high school breaststrokers at Nebraska prep power Lincoln Pius X the past two years. She swam to a 12th-place finish in the 100 breast (1:10.07) at the 2018 state championships, after finishing 20th in the same event in 2017. She was a member of the Greater Nebraska Swim Team. She also competed in cross country and track and field during her prep career at Pius X. Academically, Heasty was one of the top students in the city of Lincoln, earning a Regents Scholarship to attend the University of Nebraska. She attended World Youth Day in Poland, earned the Outstanding Spanish Student Award and was a member of the National Honor Society at Pius X.

PERSONAL

The daughter of Scott and Sally Heasty, Morgan was born Aprill 23, 2000, in Lincoln, Neb. She has two sisters, Ava and Emma. Morgan is majoring in biology at Nebraska.

Q&A WITH MORGAN

Why did you choose Nebraska?
Nebraska is home.

What would you tell your younger self?
Try more new things.

What are you thankful for?
My family.

Who was your inspiration growing up?
My dad.

If you could be in any movie, what would it be and why?
A comedy. I like making people laugh.

If you could eat one thing for the rest of your life, what would it be?
French fries.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My sisters - they are always entertaining.

What is your favortie hobby outside of swimming?
Reading, hiking and being outside.

MONICA HESS

Freshman Backstroke/Individual Medley Bushkill, Pennsylvania (East Stroudsburg North)

2018-19 (OUTLOOK)

Monica Hess is a freshman walk-on to the Nebraska swimming and diving program in 2018-19. Hess is in her second year at the University of Nebraska, but she was not a member of the swim team last season. An outstanding student, Hess is a learning assistant in the Department of Mathematics at Nebraska.

PREVIOUS

Hess was a freshman at the University of Nebraska in 2017-18 but was not a member of the swimming and diving team. Hess competed as a member of the East Stroudsburg North swim team for Coach Tyler Dolph throughout high school and was a two-time team captain. She was also the captain of the Speech and Debate team, captain of Scholastic Scrimmage and the vice-president of the National Honor Society.

PERSONAL

The daughter of Theresa Heisler and Herbert Hess, Monica was born Jan. 11, 1999 in Bushkill, Pa. She has one sister, Katherine, and a brother, Colton. Monica is a political science and mathematics major who is also pursuing minors in global studies and French. She is the treasurer of the UNL Mock Trial Organization. She chose Nebraska over Monmouth and Minnesota.

HONORS & AWARDS

+East Stroudsburg North Team Captain (2016, 2017)
+East Stroudsburg North Team MVP (2015, 2016, 2017)
+UNL Dean's List (2017-18)

Q&A WITH MONICA

Why did you choose Nebraska?
The academic opportunities at Nebraska were second to none. I grew up with a dad who attended UNL and always watched Husker Athletics.

Who was your inspiration growing up?
My grandma. She was my swim coach from age 4 to 18.

What would you tell your younger self?
You can get through it, and I promise it's worth it.

If you could be in any movie, what would it be and why?
A comedy because I like to think I'm funny.

If you could eat one thing for the rest of your life, what would it be?
Pizza because there are a lot of varieties.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Sandra Day O'Connor. She was the first woman on the U.S. Supreme Court. As a political science major, I would love to discuss court procedure with her.

What is your favortie hobby outside of swimming?
Mock Trial. I am the current treasurer of the UNL Mock Trial team.

OLIVIA KEITH

Freshman Freestyle/Individual Medley Fayetteville, Arkansas (Fayetteville)

2018-19 (OUTLOOK)

Olivia Keith hopes to make an immediate impact on the Nebraska swimming team in several events in 2018-19. The freshman from Fayetteville was a two-time Arkansas Class 7A state champion and the 2018 Arkansas High School Swimmer of the Year. She won the Class 7A state title in the 100 free as a senior in a time of 52.93. She added a runner-up finish in the 200 IM, while helping Fayetteville to the state title in the 200 medley relay.

PREVIOUS

Keith came to Nebraska as the 2018 Arkansas State Swimmer of the Year. She was a member of the Razorback Aquatics program in Fayetteville, Ark. She helped lead her club team to the 2018 Region VIII Speedo Sectional Championship. The 2018 Wendy's Arkansas High School Swimmer of the Year, Keith was a two-time Arkansas Class 7A state champion and a six-time Class 7A all-state selection at Fayetteville High School. She was also a seven-time district champion. Keith also won the Trey Heye Sportsmanship Award, was a Fayetteville High School Honors graduate, and a member of the National Honor Society and the Spanish Honor Society.

PERSONAL

The daughter of Amy and Kent Keith, Olivia was born May 3, 2000, in Fayetteville, Ark. She has one brother, Sawyer. Olivia is a nutrition and health sciences major at Nebraska. She chose Nebraska over Kansas, Marshall, Saint Louis and UNO.

HONORS & AWARDS

+Arkansas High School Swimmer of the Year (2018)
+Two-Time Arkansas Class 7A State Champion
+Six-Time Arkansas Class 7A All-State
+All-Arkansas Preps Team (2018)
+NCSA Junior National Qualifier
+USA Sectional Qualifier, Finalist
+Central Zone Qualifier

Q&A WITH OLIVIA

Why did you choose Nebraska?
I chose Nebraska because I felt most at home, and I instantly fell in love with the team and campus.

Who were your inspirations growing up?
My parents. They believed in me and attended every sports event I had.

What are you thankful for?
I am thankful for a family that supports me and a place to live like Nebraska.

If you could be in any movie, what would it be and why?
I would be in *Pirates of the Caribbean*. It's filmed in pretty places and it has a ton of action.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Ian Somerhalder.

What is your favorite hobby outside of swimming?
Photography.

KATELYN KILPATRICK

Freshman Freestyle Ocala, Florida (Vanguard)

HONORS & AWARDS

+Florida Class 3A High School State Champion (500 Free, 2016)
+Florida Class 3A High School State Finalist (500 Free, Third, 2017)
+Florida Class 3A High School State Finalist (200 Free, Third, 2016)
+Three-Time USA Swimming Scholastic All-American
+Three-Time Marion County Swimmer of the Year

2018-19 (OUTLOOK)

One of two Huskers from the state of Florida on Nebraska's 2018-19 roster, Katelyn Kilpatrick was one of the top distance freestylers in the state of Florida the past two years, capturing the Florida Class 3A state championship in the 500 free (4:49.39) in 2016. As a three-time USA Swimming Scholastic All-American, Kilpatrick also carries a strong set of academic accomplishments to Nebraska.

PREVIOUS

Kilpatrick came to Nebraska after producing one of the top distance freestyle careers in the state of Florida the past two years at Vanguard High School. The Florida Class 3A high school state champion in the 500 free as a junior in 2016-17, she added a third-place finish at the state meet as a senior in 2017-18. She was also a three-time Marion County Swimmer of the Year. Kilpatrick competed for Bill Vargo and the Central Florida Marlins. At 2018 Speedo Junior Long Course Nationals, Kilpatrick finished 19th in the 800-meter freestyle (8:58.45) and 32nd in the 1,500-meter free (17:32.15) She was a member of the National Honor Society and was a three-time USA Swimming Scholastic All-American. In 2015, Kilpatrick finished 32nd in the USA Swimming 5K in a time of 1:10:37.99.

PERSONAL

The daughter of Tracy and Jeff Kilpatrick, Katelyn was born Oct. 7, 2000, in Ocala, Fla. She has an older sister, Christina, who is a swimmer at West Florida, and an older brother, Brendon, who was a coach at Vanguard High School. Katelyn is a biological systems engineering major at Nebraska. She chose Nebraska over Auburn and Florida State.

Q&A WITH KATELYN

Why did you choose Nebraska?
The feeling when I stepped on campus was far beyond any other school, and the support given to all the student-athletes to help make them successful is unparalleled to the other programs I considered. I knew that at Nebraska I would be successful as a student and athlete.

Who was your inspiration growing up?
My older sister, Christina.

What would you tell your younger self?
Believe in yourself, and never doubt your abilities because anything is possible.

If you could eat one thing for the rest of your life, what would it be?
Ruby's Diner.

EMILY LAUDENKLOS

Sophomore Freestyle Kearney, Nebraska (Kearney Catholic)

HONORS & AWARDS

+Nebraska High School Swimming State Finalist
+Nebraska High School Track & Field State Finalist

2018-19 (OUTLOOK)

One of nine new walk-ons to the Nebraska swimming and diving program in 2018-19, Emily Laudenklos is a sophomore in swimming eligibility. Laudenklos was previously a member of the Nebraska track and field team in 2016-17, and brings a strong background as a middle distance freestyler to the Husker program.

PREVIOUS

Laudenklos set the school record in the 400 freestyle at Kearney High School during her prep career. She helped the Bearcats earned top-16 finishes in the 400 freestyle relay all four years of her high school career, including an eighth-place finish at the Nebraska High School State Championships as a junior in 2015. She also swam on top-16 Bearcat 200 free relay teams in 2013, 2014 and 2015 at the state championships. She was a teammate of fellow Husker 2018-19 walk-on Claire Sorrell. Laudenklos also competed for the Greater Nebraska Swim Team. Although Laudenklos swam for Kearney High School, she competed for Kearney Catholic track and field team as a sprinter and long jumper. As a freshman in 2013, she helped Kearney Catholic to a Class C state team title by helping the 4x100 relay team to an eighth-place finish, while also finishing 11th in the long jump. As a sophomore, Kearney Catholic finished second as a team, helping the 4x400 relay team to a fifth-place finish, while the 4x100 team took sixth. She graduated from Kearney Catholic in 2016.

PERSONAL

The daughter of Tanya Laudenklos, Emily was born Sept. 19, 1997, in Kearney, Neb. She has one brother, Tyler. Emily is majoring in community health and wellness.

Q&A WITH EMILY

Who was your inspiration growing up?
My mom. She has done everything to provide for me and my family. She is a single mother and never hesitates to give a helping hand to anyone.

What would you tell your younger self?
Don't compare yourself to others, be the best that you can be.

What are you thankful for?
I am thankful for my adoptive parent who is my mother. I am originally adopted from South Korea. She has given me the best life that I can ask for. I cannot imagine my life without her.

If you could eat one thing for the rest of your life, what would it be?
Cookies.

EMMA MacCALLUM

Freshman Butterfly/Individual Medley Golden, Colorado (Golden)

2018-19 (OUTLOOK)

Emma MacCallum comes to the Nebraska swimming and diving team from Colorado prep power Golden High School. A member of a strong collection of walk-ons to the Husker program in 2018-19, MacCallum will look to add depth to Nebraska's program while making the adjustment to collegiate swimming. MacCallum is in her second year at Nebraska, but she was not a member of the swim team in 2017-18.

PREVIOUS

MacCallum is one of nine walk-ons at Nebraska for the 2018-19 season. She was a Dean's List student as a freshman at Nebraska in 2017-18 but was not a member of the Husker swim team. As a senior at Golden High School in 2017, MacCallum competed in four events at the Colorado High School state championships. She produced her top finish in the 100 butterfly, while also competing individually in the 200 IM while contributing to Golden's 200 medley and 400 freestyle relay teams. MacCallum also swam for the Jeffco Hurricanes in 2017. MacCallum was a first-team all-conference selection for the Golden Demons and a four-time academic letterwinner. MacCallum was a member of the National Honor Society.

PERSONAL

The daughter of Mary and Stewart MacCallum, Emma was born Oct. 24, 1998, in Golden, Colo. She has one brother, Rory. Emma is majoring in nutrition and health sciences at Nebraska.

Q&A WITH EMMA

Why did you choose Nebraska?
My dad was born in Lincoln, so I grew up a Cornhusker, and fell in love with the campus when I came to visit.

What would you tell your younger self?
Never give up on your dreams. With hard work and passion, anything truly can be achieved.

What are you thankful for?
Too many things to count. I am grateful for the life I get to live every day.

Who was your inspiration growing up?
My mom. She is so kind and caring and puts others before herself in everything she does.

If you could eat one thing for the rest of your life, what would it be?
Bread. I love bread.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Tim Tebow.

HONORS & AWARDS

+First-Team All-Jeffco League
+Colorado High School State Championship Qualifier (2016, 2017)
+UNL Dean's List (Fall 2017; Spring 2018)

AMELIA MILLER

Freshman Freestyle Havre, Montana (Havre)

2018-19 (OUTLOOK)

Amelia Miller is a member of a large group of freshman walk-ons to the Husker swimming and diving program in 2018-19. Miller was a member of a state championship team at Havre High School in Montana and was a four-time all-state swimmer.

PREVIOUS

Miller is one of nine Nebraska walk-ons entering the 2018-19 season. The four-time All-State swimmer aided Havre High School to a Montana Class A State Championship in 2016. Miller also was named Academic All-State three times.

PERSONAL

The daughter of Rhea and Harold Miller, Amelia was born June 27, 2000 in Havre, Mont. Amelia has two sisters, Kadia and Yelena, and one brother, Henry. She is a pre-veterinary medicine major at Nebraska. She chose Nebraska over Montana State-Bozeman.

Q&A WITH AMELIA

Why did you choose Nebraska?
The mix of academics and athletics.

What would you tell your younger self?
Keep challenging yourself.

What are you thankful for?
All the people that support and encourage me.

What are your pre-meet rituals?
I like to get pumped up to rock music.

If you could be in any movie, what would it be and why?
Fast and Furious because I could do crazy things with cars and not die.

If you could eat one thing for the rest of your life, what would it be?
Carbs.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Aquaman.

HONORS & AWARDS

+Montana Class A State Team Champion (2016)
+Four-Time All-State Athlete
+Three-Time Academic All-State

HALLIE ROMAN

Freshman Diver Port Huron, Michigan (Port Huron Northern)

2018-19 (OUTLOOK)

An outstanding all-around athlete, Hallie Roman could bring both power and grace to competition for a young Husker diving group in 2018-19. Roman was not only a three-time Michigan high school state diving qualifier, she was also a three-time AAU gymnastics All-American and state qualifier in pole vault.

PREVIOUS

One of three divers to join the Huskers in 2018-19, Roman was a three-time Michigan state high school diving qualifier and a three-time regional qualifier. She was also a three-time MAC Blue Champion at Port Huron Northern High School, Roman came to Nebraska after completing three consecutive undefeated dual meet seasons. Roman is also Port Huron Northern's school record holder in the individual medley. She was named team captain in 2017. Roman took 12th in the platform dive at the USA Zone C Diving Meet as a member of Legacy Diving Club. A tremendous all-around athlete, Roman was a three-time individual AAU All-American and a six-time team national champion as a member of Kaleidoscope Gymnastics. In 2017, Roman posted the third-highest score in the nation on the balance beam. She was also a six-time all-stater and three-time Michigan high school state qualifier as a gymnast, while earning two appearances at the Michigan high school track and field championships as a pole vaulter. A Wendy's High School Heisman school award winner and Port Huron Northern's Top Female Athlete in 2018, Roman was an outstanding student as well. She was named the valedictorian at Port Huron Northern and was a three-time Academic All-State selection. An MHSAA Scholar-Athlete finalist, she was also a member of the National Honor Society.

PERSONAL

The daughter of Christa and Andrew Roman, Hallie was born May 21, 2000 in Port Huron, Mich. Hallie has one sister, Alexis. Hallie is a nutrition and health sciences major at Nebraska. She chose Nebraska over Kansas, Florida Gulf Coast, Michigan State and Akron.

Q&A WITH HALLIE

Why did you choose Nebraska?
Because it simply felt like home. As soon as I met my team on my recruiting trip, they instantly felt like family and I knew that Nebraska was the place for me.

What would you tell your younger self?
Follow your dream, set your goals high and never give up.

If you could be in any movie, what would it be and why?
I would want to be in a Disney movie. I've loved Disney my whole life and visit Disney World often, so it only seems fitting that I would be in a Disney movie.

If you could eat one thing for the rest of your life, what would it be?
Ice cream

HONORS & AWARDS

+Three-Time Michigan State Diving Qualifier
+Three-Time MAC Blue Diving Champion
+Three-Time Regional Diving Qualifier
+Three-Time AAU Gymnastics All-American
+Six-Time AAU Gymnastics Team National Champion
+Two-Time Michigan High School Track & Field Qualifier (Pole Vault)
+Port Huron Northern High School Valedictorian

CLAIRE SORRELL

Freshman Freestyle Kearney, Nebraska (Kearney)

2018-19 (OUTLOOK)

Claire Sorrell is one of 16 freshmen and nine walk-ons who joined the Husker swimming and diving program in 2018-19. Sorrell joins the team after helping Kearney High School to a top-20 finish at the 2018 state championships.

PREVIOUS

In 2018, Sorrell helped Kearney High School climb to a top-20 team finish at the state meet. She was a member of the Bearcats' 200-yard freestyle relay team at the state championships. Sorrell was a sprint freestyler for Kearney and a teammate of fellow 2018-19 Husker walk-on swimmer Emily Laudenklos. She earned several academic awards, including NCPA Academic All-State honors as a senior. She was also a member of the National Honor Society. Sorrell also played basketball for the Bearcats during her high school career.

PERSONAL

The daughter of Brooke Kohhnen and Tom Sorrell, Claire was born Aug. 29, 1999, in Kearney, Neb. Claire has one sister, Lauren. Claire is majoring in chemistry.

HONORS & AWARDS

+NCPA Academic All-State (2018)
+Nebraska High School State Qualifier (2018)

SARA TROYER

Freshman Diver Goshen, Indiana (Northridge)

2018-19 (OUTLOOK)

One of the newest members of a young and talented Nebraska diving corps, Sara Troyer could make an immediate impact for the Big Red in 2018-19. The freshman from Goshen captured the Indiana State High School Championship on the one-meter board in 2018. She was also a U.S. National qualifier.

PREVIOUS

Troyer joins the Huskers after diving to a 2018 Indiana state championship on the one-meter board while helping Northridge High School to a team runner-up finish at the Indiana State Championships. She earned first-team all-state honors. Troyer and her team were sectional champions in 2017. She also finished third on the one-meter dive at the 2017 IHSAA state championships. Troyer also played softball and earned four letters as a catcher. In 2018, Troyer was a regional finalist in the one and three-meter dives for the Indiana International School of Diving, placing fifth and sixth, respectively. She was also a national qualifier in 2017. She was a teammate of 2018-19 Husker sophomore diver Grace Tiernon at the Indiana International School of Diving.

PERSONAL

The daughter of Shanna and Steve Troyer, Sara was born Aug. 21, 1999, in Elkhart, Ind. She has three older brothers, Sean, Scot and Sam, who is a senior baseball player at Evansville. She has not declared a major at Nebraska. She chose Nebraska over Akron, Miami of Ohio and Ball State.

HONORS & AWARDS

+Indiana State High School Diving Champion (One Meter, 2018)
+U.S. National Qualifier (2017)
+Regional Finalist (2018)

Q&A WITH SARA

Why did you choose Nebraska?
I chose Nebraska because of the team and how welcoming they were, and also because of all of the resources we have to be successful.

Who was your inspiration growing up?
My brother Sam. He taught me all about sports, and I've always wanted to be a college athlete like him.

What would you tell your younger self?
Don't take things for granted because they come and go so fast.

If you could be in any movie, what would it be and why?
I would be in the movie *13 Going On 30*, so I could go ahead in time.

If you could eat one thing for the rest of your life, what would it be?
Chipotle.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My great-grandma.

ALEJANDRA VASQUEZ

Freshman Freestyle Bogota, Colombia (Colegio Fontan)

2018-19 (OUTLOOK)

A walk-on to the Nebraska swimming and diving program in 2018-19, Alejandra Vasquez will provide depth for the Huskers as she makes the adjustment to collegiate swimming.

PREVIOUS

Vasquez is one of nine walk-ons at Nebraska for the 2018-19 season. The Colombian competed for Colegio Fontan while also competing in tennis, golf and horse riding. Vasquez and Club Kronos qualified for Colombian Nationals four times under Coach Felipe Santos. Vasquez represented Bogota in 2015 and 2016 during the Colombian State Nationals.

PERSONAL

The daughter of Claudia Gutierrez and German Vasquez, Alejandra was born June 8, 1999, in Bogota, Colombia. She has one brother, Sebastian. Alejandra is majoring in sociology and political science at Nebraska.

HONORS & AWARDS

+Colombian National Qualifier

Q&A WITH ALEJANDRA

Why did you choose Nebraska?
It has the perfect combination of athletics and academics.

Who was your inspiration growing up?
My father.

What would you tell your younger self?
Keep going.

What are you thankful for?
Being able to accomplish my goals and having my family's support.

If you could be in any movie, what would it be and why?
A romance because I want a boyfriend.

If you could eat one thing for the rest of your life, what would it be?
Sushi.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My grandfather.

JESSICA WARAK

Freshman Diver Bellevue, Nebraska (Bellevue West)

HONORS & AWARDS

+Three-Time All-American (2016, 2017, 2018)
+Third at USA Diving Junior Nationals (Platform, 2017)
+10th at USA Diving Junior Nationals (One Meter, 2017)
+13th at USA Diving Junior Nationals (Three Meter, 2017)
+Two-Time Nebraska State Diving Champion (2016, 2017)
+Bellevue West Valedictorian (2018)
+UNL Regents & Honors Scholarships

2018-19 (OUTLOOK)

Jessica Warak will be one of several young divers who could make an immediate impact at the Big Ten and national level for the Huskers. The freshman from Bellevue won Nebraska state diving championships as a sophomore (2016) and junior (2017) at Bellevue West but did not compete at the high school level in 2018, as she focused on training for international competition. An outstanding student as well, Warak was Bellevue West's senior class valedictorian in 2018.

PREVIOUS

Warak won Nebraska Class A state high school diving titles in 2016 and 2017 for Bellevue West High School. She added a third-place finish at state as a freshman, but did not compete at the high school level as a senior in 2018. Warak set the Bellevue West 11-dive school record with a score of 484.25 as a junior at the state championships to post the No. 4 total in Nebraska high school history. She defeated the rest of the field by more than 100 points. Warak was also a three-time All-American. She compiled five top-12 finishes at USA Nationals, including a third-place finish on the platform dive in 2017 for the Nebraska Diving Club. In 2018, Warak helped her team to a second-place finish at the 2018 Zone D meet. Academically, Warak was Bellevue West's valedictorian and a member of the National Honor Society in 2018. She was also a four-time academic letterwinner while earning three letters in diving. She was a Scholastic All-American in 2017.

PERSONAL

The daughter of Paula and JR Warak, Jessica was born June 1, 2000 in Bellevue, Neb. Jessica has two sisters, Amber and Hanna. She is a nutrition, exercise and health science major at Nebraska. She chose Nebraska over North Carolina, Ohio State and Minnesota.

Q&A WITH JESSICA

Why did you choose Nebraska?
I chose Nebraska because of the team. Nebraska has unbelievable support for their athletes in all areas, but the atmosphere on the swim and dive team is so special. The passion and dedication they have for their sport and for each other I feel is truly unmatched.

What would you tell your younger self?
Put in full effort toward your passions everyday, no matter what. Work your hardest on the days you feel like giving up, and that makes all the difference in achieving your dreams.

What are your pre-meet rituals?
In between my dives in competition I love to color while listening to music.

If you could eat one thing for the rest of your life, what would it be?
Salad, because there are so many types of salad I could still eat a variety of foods.

What is your favorite hobby outside of diving?
Fishing.

Nebraska's 2018-19 scholarship freshmen swimmers (back row, from left): Taylor Acheson, Maggie Berning, Audrey Coffey, Olivia Keith and Katelyn Kilpatrick. Scholarship freshman divers (front row, from left): Hallie Roman, Sara Troyer, Jessica Warak.

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COACHES & STAFF

PABLO MORALES

Head Coach 18th Season 89-54-1 Career Record

COACHING EXPERIENCE

+Head Coach, Nebraska (2001-Present)
+Head Coach, USA Swimming
Diversity Select Camp (2007)
+Associate Head Coach, San Jose Aquatics (2000-01)
+Head Coach, San Jose State (1998-2001)
+Graduate Assistant, Stanford (1997-98)
+Assistant Coach, San Jose Aquatics (1995-96)
+Graduate Assistant, Cornell (1989-91)
+Head Coach, Stanford Masters Swim Program (1988-89)

HONORS & AWARDS

+Big 12 Coach of the Year (2004)
+WAC Coach of the Year (2000)
+Five-Time Olympic Medalist (3 Gold, 2 Silver)
+11-Time NCAA Champion
+CoSIDA Academic All-America Hall of Fame

Pablo Morales continues to see the Nebraska swimming and diving program climb in national prominence in and out of the water in his 18th season leading the Husker program.

In 2018, Nebraska notched its third consecutive top-40 finish at the NCAA Championships. The Huskers took 35th in the final standings behind a second-straight first-team All-America finish from Abigail Knapton. The sophomore became the first two-time first-team All-America diver in school history. Knapton was joined at the NCAA Championships by freshman swimmer Autumn Haebig.

Nebraska's No. 35 NCAA finish in 2018, followed a 33rd-place finish at nationals in 2017, when Knapton finished fourth on platform to capture her first All-America award. Knapton also was named Nebraska's Outstanding Female Newcomer of the Year across all sports for her performance on the season.

In 2016, the Huskers finished 39th at the NCAA Championships, which included a 10th-place finish on the one-meter board from Anna Filipcic.The Huskers have sent at least one diver to the NCAA Championships in five consecutive seasons.

While the diving program has climbed to national prominence, the Huskers have elevated their talent across all events as they enter their eighth season in the Big Ten Conference in 2018-19.

Overall, Nebraska features two state swimmers of the year and individual state swimming and diving champions from seven different states, including Arizona, Arkansas, Indiana, Missouri, Nebraska, Ohio and Wisconsin.

Nebraska's rise in the pool and the diving well has occurred while maintaining elite performances in the classroom. In 2017, Nebraska finished among the top-20 CSCAA Division I Scholar All-America Schools for the fourth straight season, posting a team GPA of 3.61.The Huskers also captured their third consecutive Nebraska Herman Team GPA Award, which recognizes the Husker program with the highest GPA across all sports.

Nebraska's increased competitiveness in the pool and impressive success in the classroom and community are a far cry from the starting point of the Husker program when Morales took over the job in 2001. In his first season at NU, the Huskers went winless in 2001-02 (0-3) with a depleted roster.

Three years later, NU raced to an 8-1 dual record in 2004-05 and became the first Husker swimming and diving team in school history to win eight consecutive meets. Most importantly, Morales led the Huskers out of the bottom of the Big 12 with a fourth-place finish in 2004 and a third-place showing in 2005. Nebraska has continued to pursue a climb in conference prominence as it has transitioned to the Big Ten.

The Huskers hope to regain the national prowess they enjoyed in the 1990s, when they captured five Big Eight and Big 12 titles from 1994 to 1999.

A 1987 graduate of Stanford University, Morales is one of the greatest male swimmers in U.S. history, winning an NCAA-record 11 individual titles. He also helped lead the Cardinal to three consecutive NCAA titles and four Pac-10 titles, while twice earning Pac-10 Swimmer-of-the-Year honors and garnering six Pac-10 titles himself.

Morales remains the all-time leading scorer at the NCAA Championships, amassing 235 points. Morales was also the recipient of the 1987 Al Masters Award, which is Stanford's highest award for athletic performance, leadership and academic performance. He was the first male swimmer to win the award, and remains one of two to have accomplished that feat. Morales holds the Stanford record in the 200-yard butterfly (1:42.60) and held the school record in the 100-yard fly (46.25) until it was broken in 1998 by Sabir Muhammad (46.18).

While at Stanford, Morales was awarded the J.E. Sterling Award, which is presented to a student-athlete based on scholarship, leadership and community service. In addition, he served as the director of the Stanford Volunteers for Youth Program. Morales also found time to become a mainstay on the campus newspaper as the beat writer for the women's basketball team.

A CoSIDA Academic All-America selection in 1987, Morales earned a law degree from Cornell in June of 1994, despite taking two years off from law school to train and compete at the Olympics.

An Olympic swimmer, Morales won three gold and two silver medals in the 1984 and 1992 Games, serving as a team captain for the 1992 squad. Following the 1992 Games, in which he returned to the pool after a three-year layoff to capture a gold medal in the 100-meter butterfly, Morales was named the U.S. Olympic Committee's Sportsman of the Year. He held the U.S. Open and NCAA record in the 100-yard fly with a time of 46.26, which stood for 13 years before being broken at the 1999 NCAA Championships.

Among Morales' greatest swimming accomplishments in the pool is holding the world record in the 100-meter butterfly with a time of 52.84 from 1986 until 1995.

Morales' legend in the Olympic Games lives on today, as the Nebraska coach served on the bid committee for the 2008 U.S. Olympic swimming trials that took place in Omaha. Morales had the chance to see the selection process and serve a role in the decision that gave Nebraska its first Olympic event in state history.

The Swimming Trials were a resounding success, and Omaha proved to be a worthy host for the event. More than 160,000 fans attended the event, shattering the previous mark by more than 50,000. In 2016, the U.S. Olympic Trials made their third consecutive appearance at the CenturyLink Center in Omaha, and more than 200,000 fans sold out every session of the event.

Before coming to Nebraska, Morales served as the head women's swimming coach at San Jose State University. He held the reins as head coach from 1998 until being named coach at Nebraska in July of 2001. Morales rejuvenated a Spartan

Pablo Morales was a three-time Olympic gold medalist and two-time silver medalist at the 1984 (Los Angeles) and 1992 (Barcelona) Summer Games.

Gold	1984 Los Angeles	4x100m Medley
Gold	1992 Barcelona	100m Butterfly
Gold	1992 Barcelona	4x100m Butterfly
Silver	1984 Los Angeles	100m Butterfly
Silver	1984 Los Angeles	200m Medley

program that was near the bottom of the Western Athletic Conference. He was named the 2000 WAC Coach of the Year for his efforts.

While at San Jose State, Morales rebuilt a program and took the Spartans to the NCAA Championships after a 14-year absence. During his tenure, Morales produced six academic All-WAC swimmers. At the 2001 WAC Championships, five Spartans set school records under Morales' supervision, and three met NCAA qualification times. Seven others swam times that placed among the top three in school history.

Before his stint at SJSU, Morales served as an assistant coach at his alma mater, Stanford, in 1997-98, helping lead the squad to the NCAA team title.

Morales also served as a graduate assistant at Cornell while pursuing his law degree. While at Cornell, Morales prepared and coached daily workouts for swimmers and assisted in recruiting. Morales has assisted in coaching with the San Jose Aquatics club group, as well as serving as head coach of the Stanford Masters Swim Team.

For Morales, the opportunity to coach at Nebraska was a welcome challenge.

"As a coach, taking over the responsibilities at Nebraska represents a great opportunity to take a program with success and use the resources that only Nebraska can offer, the support from the athletic department, the University, the Lincoln area and the state, to take the program to a higher level," Morales said after he was hired. "Our goal is to take this program to the elite national level."

A powerful motivator, Morales hopes to keep his swimmers on the top of their games in and out of the pool, as Nebraska has established itself among the nation's best in academic support and athletics. Over the past nine seasons, nearly 80 percent of Morales' student-athletes have been named to the conference or Nebraska Scholar-Athlete Honor Roll each semester.

"I want our swimmers to achieve their goals of faster times and lifetime bests," Morales said. "I want them to have the best season that they have ever had, and I also want us to establish a team atmosphere and build an excitement toward Husker swimming and diving."

Morales said he enjoys the challenge of competing in the Big Ten, one of the premier swimming and diving conferences in the country.

Former Stanford Head Coach Skip Kenny, who coached Morales at Stanford and also with Team USA, spoke highly of his former pupil.

"He's one of the most honest people that you will meet," Kenny said. "You will always get the truth out of him. He's very dedicated to the sport of swimming and to his athletes."

Kenny also recognized Morales' charisma.

"As soon as the swimmers spend a few days or weeks with him," Kenny said, "they will see how much he cares about them and the sport of swimming."

Morales received a vote of confidence that he will be able to turn Nebraska into a national title contender.

"He brings a high level of experience to build up the team," Kenny said. "He's been there and done that as far as swimming is concerned. I honestly believe that he is a better coach than he was a swimmer, and that is saying a lot since he was one of the best swimmers in the world. He has done things with kids that I thought I would never see. If there is a female swimmer out there that wants to be the best in the world, I'd send her to swim for Pablo."

Morales' experiences as an NCAA and international swimmer, and a club and collegiate coach helps him in coaching and recruiting.

"In my experiences, I have been fortunate to have had a long career as a competitor. I was able to train with coaches who I think are some of the best in the world," Morales said. "I have learned from them, and I have learned from myself. I believe that all of my experiences have prepared me for coaching. I have a good feel for the contours of teams that are successful. I know how they practice, train and compete."

In July of 2012, Morales named Patrick Rowan as an assistant coach. A Nebraska native with a long-time association with the Husker program, Rowan spent five years at Missouri before returning to Lincoln. In his five seasons in Columbia, Rowan helped MU climb from 38th at the 2008 NCAA Championships to 14th in the final standings in 2012. He also played a major role in bringing multiple top-20 recruiting classes to Missouri.

"We were very excited to have Patrick come back to Nebraska," Morales said. "He brings extensive and successful coaching and recruiting experience at the collegiate level. Patrick has a tremendous work ethic and an unmatched passion for Nebraska. He has made an immediate impact on this program and will play a key role in helping us achieve our Big Ten Conference and NCAA goals."

In his first season with the Huskers, Rowan immediately showed his worth, coaching the Nebraska sprinters to four school-record relay times at the 2013 Big Ten Championships. He also coached Taryn Collura to a school record in the 50-yard freestyle and a trip to the NCAA Championships in Indianapolis.

Morales named former Olympian Natasha Chikina as the head diving coach in June of 2005. Through 12 seasons, she has guided Husker divers to 35 NCAA Zone appearances and a Husker diver to the NCAA Championships for four consecutive seasons.

"My job is to instill confidence in a swimmer and teach her to expect a higher level of performance from herself. I want each swimmer to open her mind to what is possible. I want her to strive to exceed what she has done in the past each and every day. I want her to expect that more is possible."

Coach Morales' Philosophy

"She brings outstanding technical expertise combined with a tremendous coaching demeanor that yields fabulous results at the Division I level," Morales said. "She is the perfect fit to build on the success of her predecessors here at Nebraska and be part of our development into a championship-level program."

A gifted and noted public speaker and lecturer, Morales was a contributing author to The Swim Coaching Bible, published in 2001. In April of 2007, he was chosen as the U.S. Swimming Diversity Select Camp Head Coach, a four-day camp at the Olympic Training Center in Colorado Springs, Colo. Aside from in-pool training, Morales also led motivational and educational sessions and team-building activities for boys and girls from all over the nation. These children were a part of an ethnically under-represented population that is less than 20 percent of the current USA Swimming membership.

Pablo is the son of Pedro and the late Blanca Morales, who came to the United States from Cuba in 1956. Pablo and his wife, Viviana, have four boys, Sam (20), Benjamin (17), Eli (15) and Gustavo (8).

Morales was born in Chicago and grew up in Santa Clara, Calif. He enjoys golfing in his spare time.

The Morales family (from left): Gustavo, Pablo, Sam, Eli, Viviana and Benjamin.

PATRICK ROWAN

Associate Head Coach Sixth Season

COACHING EXPERIENCE

+Associate Head Coach, Nebraska (2012-Present)
+Assistant Coach, Missouri (2008-12)
+Volunteer Assistant Coach, Nebraska (2006-07)
+Head Coach, Nebraska Aquatics (2002-07)

SWIMMING EXPERIENCE

+Eastern Michigan (1996-2000)
+12-Time MAC Finalist
+Two-Time MAC Team Champions
+Two-Time Nebraska Class A State Champion (Lincoln Southeast)

Patrick Rowan is in his sixth season as Nebraska's associate head coach, helping the Huskers continue to build a nationally competitive women's swimming and diving program.

Rowan, who returned to Nebraska after spending five years as an assistant coach at Missouri, helped the Tigers become one of the nation's top-15 programs during his time in Columbia (2008-12).

The graduate of Lincoln Southeast High School and former Husker volunteer assistant coach returned to the Big Red for the 2012-13 season and has helped the Huskers produce three consecutive top-40 team finishes at the NCAA Championships.

"Patrick brings extensive and successful coaching and recruiting experience at the collegiate level," Nebraska Coach Pablo Morales said. "Patrick has a tremendous work ethic and an unmatched passion for Nebraska. He has made a major impact on our program and plays a key role in helping us achieve our Big Ten Conference and NCAA goals."

An excellent recruiter, Rowan has helped the Huskers raise their talent level in recent years. In 2018-19, Nebraska's roster features a pair of state high school swimmers of the year in Autumn Haebig (Wisconsin, 2017) and Olivia Keith (Arkansas, 2018). The Husker roster also features high school state individual champions from seven states (Arizona, Arkansas, Indiana, Missouri, Nebraska, Ohio, Wisconsin).

In 2017-18, Rowan helped 14-time Wisconsin high school state champion Autumn Haebig earn her first trip to the NCAA Championships as a true freshman. Haebig, who finished 10th in the 100 backstroke and 12th in the 200 freestyle at the 2018 Big Ten Championships, closed her season with a 40th-place NCAA finish in the 100 back. She added a 43rd-place showing in the 500 free at the NCAA meet. Haebig set career bests in all three of those events late in the season at either the Big Ten Championships or the NCAA Last Chance meet, when she posted a 52.29 in the 100 back.

In 2018, SwimSwam.com ranked the Nebraska swimming and diving program No. 1 in the nation for recruiting, retention and improvement among all NCAA Division I women's programs.

In 2017-18, the Husker swimmers produced 26 NCAA B-qualifying standards, which represented an increase in that total for the sixth consecutive season for Nebraska.

During those six seasons, Huskers have set 17 school records, while at least one Husker has qualified for the NCAA Championships in all six of those seasons.

In 2016, six Huskers qualified for the U.S. Olympic Trials, while two more international swimmers qualified for their trials.

In 2016-17, Erin Oeltjen set a school record in the 100 and 200- yard backstroke, while Dana Posthuma notched the second-best time in school history in the 200-yard butterfly (1:58.16).

In 2014-15, Rowan guided the 200-yard freestyle relay to the second-best time in school history at the Big Ten Championships.

In Rowan's second season at NU (2013-14), he helped 14 swimmers to personal bests in the sprint freestyle events.

Rowan served as Nebraska's primary sprint freestyle coach in 2012-13. He saw the 200- and 400-yard freestyle relay teams swim school-record times at the 2013 Big Ten Championships. Taryn Collura swam a school record in the 50-yard freestyle and became the first Husker to qualify for the NCAA Championships in six years.

A Nebraska native, Rowan helped orchestrate a steady rise into national prominence at Missouri. In his first season at MU, Rowan helped the Tiger women's team finish 38th at the 2008 NCAA Championships. After a 28th-place showing in 2009, the Tigers climbed to 23rd in 2011 before finishing 14th at the 2012 NCAA meet.

Rowan served as the power sprints coach while also working with the middle distance group at Missouri. He was the recruiting coordinator for the Tiger men's program while assisting with recruiting on the women's side. The Tiger men's 2011 recruiting class was ranked seventh nationally by collegeswimming.com, while the women's class was ranked 18th. He served as the director of the Mizzou Swim Camp and coached the Mizzou Swim Team (USA Swimming Club).

In addition to serving as a volunteer assistant at Nebraska in 2006-07, Rowan was a long-time coach in the Nebraska Aquatics program.

From 2002 until 2007, Rowan served as the head coach and general manager of the Nebraska Aquatics swim team, where he was the primary coach of the high school and collegiate swimmers. He also served as an age group coach for swimmers from ages 6 to 24 for Nebraska Aquatics from 2000 to 2002.

From 2003 to 2007, he served as the age group chairman for the Midwestern Swimming Executive Board. He was named Midwestern Swimming Coach of the Year in 2006-07, after being named its Age Group Coach of the Year in 2004-05.

A competitive swimmer from 1985 to 2001, Rowan swam collegiately at Eastern Michigan, helping EMU to a pair of Mid-American Conference championships. Individually, he was a 12-time finalist at the MAC Championships for the Eagles.

As a prep swimmer at Lincoln Southeast, Rowan was a two-time Nebraska Class A state champion and a member of a state championship team for the Knights. He was also a team captain and a seven-time Junior National qualifier.

Rowan, who earned his bachelor's degree in psychology from Eastern Michigan in 2000, received his master's degree in education with an emphasis in school and counseling psychology/ sport psychology from Missouri in 2009. He is currently pursuing a Ph.D. with a similar emphasis in sport psychology.

He and his wife, Miranda, have a two daughters, Reese and Quinn, and a son, Luke.

NATASHA CHIKINA

Head Diving Coach 13th Season

COACHING EXPERIENCE

+Head Diving Coach, Nebraska (2005-Present)
+Assistant Head Coach, U.S. Diving Regional Training Center (2001-05)
+Assistant Diving Coach, USC (1998-99)
+Assistant Coach, Trojan Diving Club (1998-01)

DIVING EXPERIENCE

+Olympic Qualifier, Atlanta (1996), Sydney (2000)
+Three-Time World Championship Competitor
+NCAA All-American (1997, 1998)
+Fourth on Platform (NCAA Championships, 1998)
+Pac-10 Three-Meter Diving Champion (1997, 1998)

Former Olympian Natasha Chikina (chick-EE-nuh) is entering her 13th season as Nebraska's head diving coach in 2018-19.

Chikina has helped Nebraska rise among the nation's top diving programs.

The Husker divers have claimed at least one All-America award in three consecutive trips to the NCAA Championships, while sending at least one diver to the national meet in five straight seasons.

"As a coach, my job is to recognize the highest potential of each diver," Chikina said. "I want to make them believe in themselves by creating a positive and goal-setting environment. With hard work, discipline and encouragement, I want to bring every one of them to their highest level of performance."

In 2018, Abigail Knapton solidified her spot as the most accomplished collegiate diver in Nebraska history by capturing her second straight first-team All-America award on the platform. Knapton, who is entering her junior season at Nebraska in 2018-19, finished eighth on the platform to become the first two-time first-team All-America diver in Husker history.

As a true freshman in 2016-17, Knapton took fourth on the platform at the NCAA Championships. Knapton became the first freshman diver in school history to earn first-team All-America honors. She was also named Nebraska's Outstanding Female Newcomer across all sports for her diving performances throughout the season.

In 2015-16, Anna Filipcic earned honorable-mention All-America accolades for finishing 10th on the one-meter board at the 2016 NCAA Championships. Filipcic qualified for the NCAA Championships all four years (2014-17) of her illustrious career for the Big Red. Filipcic was also a two-time Big Ten Conference runner-up, accomplishing the feat on the one-meter board in 2016 and the three-meter dive in 2017.

The 2018-19 season could provide even greater success for the Nebraska divers. Knapton and sophomore Grace Tiernon will be joined by a trio of talented freshmen in this year's diving corps.

Two-time Nebraska high school state champion Jessica Warak, who participated in the U.S. National program in 2017-18, is poised to make an instant impact.

Sara Troyer, a 2018 Indiana state champion, and Michigan state runner-up Hallie Roman also bring explosiveness and potential to a young squad.

The young Husker diving group will try to add to Nebraska's list of accomplishments under Chikina, which includes 37 appearances at the NCAA Zone diving meet over the past 12 years.

Chikina's coaching career at Nebraska followed a successful diving career at the University of Southern California and competition at two summer Olympic Games.

Chikina, a native of Kazakhstan, competed at the Atlanta (1996) and Sydney (2000) Summer Olympic Games. Chikina finished 15th at the Atlanta Games, before capturing a ninth-place finish on the 10-meter platform in Sydney.

Between competitions, Chikina placed fourth on platform at the 1998 NCAA Championships for the University of Southern California. She earned NCAA All-America honors in 1997 and 1998. She was also the Pac-10 champion on the three-meter springboard in 1997 and 1998.

Chikina competed at the Goodwill Games (1994), the World Championships (1994-96) and the FINA Grand Prix (2000), placing as high as third in both the World Championships and FINA Grand Prix.

Following her diving career as an athlete, Chikina immediately began her quest to become a head diving coach. She was the assistant coach of the Trojan Diving Club from 1998 to 2001, coaching two Junior Olympic national champions, and the assistant diving coach at her alma mater, USC, in 1998-99, helping coach future Olympians Troy Dumais and Dorte Linder.

From 2001 to 2005, Chikina served as the assistant head coach at the U.S. Diving Regional Training Center where she took on many responsibilities. Primarily, she coached a two-time Oklahoma state high school champion, two Junior Olympic National Team members and four Junior Olympic National qualifiers. Among her other responsibilities, Chikina scouted, recruited and judged competitions up to the national level. She also scheduled team trips, camps and programs. Chikina coached at the 2003 U.S. Diving National Training Camp, instructing junior national-level athletes in the spotting belt, trampoline and dryboard.

Chikina earned her bachelor's degree in social science and communications from USC in 1999, after completing her physical education and coaching degree from the Kazakh Institute of Physical Education in Almaty, Kazakhstan, in 1996.

Natasha and her husband, Kris, moved to Lincoln in the summer of 2005. Kris served as a volunteer assistant for the Husker diving team in 2005-06 and is now coaching for the Nebraska Diving Club. The couple has two daughters, Katerina and Sophia.

SWIMMING & DIVING SUPPORT STAFF

KATIE DITTER

Graduate Assistant

Katie Ditter enters her second season as a graduate assistant with the Nebraska swimming and diving program in 2018-19. She was an undergraduate coach for the Huskers in 2016-17.

In her first season as a graduate assistant for the Huskers, Ditter helped Nebraska to a 35th-place finish at the NCAA Championships. It followed one season as an undergraduate when the Huskers placed 33rd at the NCAA meet.

During Ditter's senior season for the Huskers in 2015-16, Nebraska claimed a 38th-place finish at nationals.

In her career as a Husker, Ditter was a two-time academic All-Big Ten and a three-time Tom Osborne Citizenship Team member. She made the Nebraska Scholar-Athlete Honor Roll six times.

In the pool, Ditter competed in the breaststroke and the individual medley.

Ditter earned her bachelor's degree as a marketing and management major in 2016. She expects to earn her master's degree from Nebraska in 2019 with an emphasis in family financial planning.

The Ralston native describes her Nebraska career as a "once in a lifetime opportunity that I will be forever grateful for."

RUSTY RUFFCORN

Strength & Conditioning Coach

Rusty Ruffcorn has served Nebraska as a strength and conditioning coach since 2006, and he currently works primarily with the swimming and diving program.

Ruffcorn assists swimming and diving with strength and conditioning programs in the weight room at the Hendricks Training Complex, which is just steps away from the Devaney Natatorium.

Ruffcorn began his association with Nebraska as a volunteer intern in 2004. He moved into a full-time intern role in 2005 and worked with the baseball and football squads before taking over for the men's and women's basketball teams (2006-11). While working with the Husker baseball team, Nebraska won a Big 12 title and a game in the College World Series.

During his time as NU's women's basketball strength coach, Ruffcorn helped the Huskers to the most successful stretch in school history, including seven trips to the NCAA Tournament, a pair of NCAA Sweet 16 bids in 2010 and 2013, and two conference titles in 2010 and 2014.

A native of Omaha, Ruffcorn was a student assistant strength coach at Nebraska-Omaha before graduating with a bachelor's degree in exercise science in 2004. During his time at UNO, Ruffcorn served as the primary strength coach for the Maverick football and softball teams. The football team won a pair of conference titles, including an undefeated season, while the softball team added two league titles and a national championship during Ruffcorn's time with the Mavs.

With a significant background in strength training, power lifting and Olympic weightlifting, Ruffcorn has earned USAW Level I club coach certification and is a certified strength and conditioning specialist (C.S.C.S.).

Rusty is married to the former Lisa Rathbun, and the couple has two daughters, Bella Grace and Brooklyn Reese.

CAITLIN NELSON

Athletic Trainer

Caitlin Nelson is in her first season as a graduate assistant athletic trainer for the Nebraska swimming and diving team.

Nelson earned her bachelor's degree from Nebraska in 2017, before taking a position as a graduate assistant athletic trainer at Southwestern College-Kansas in the fall of 2017.

At Southwestern College, Nelson served as an athletic trainer for the men's and women's soccer teams, the men's and women's tennis programs and assisted the football team during spring practice.

During her senior year at Nebraska in 2016-17, Nelson served as a student athletic trainer for the Husker men's gymnastics team.

Originally from Centennial, Colo., Nelson enjoys hiking and camping.

SWIMMING & DIVING SUPPORT STAFF

ANNETTE WERSCHKE

Swimming & Diving Secretary

Annette Werschke enters her 11th season as the secretary for the Nebraska swimming and diving and men's gymnastics programs in 2018-19. Werschke assists with travel arrangements, monitoring scholarship and eligibility checks and assisting the coaches.

The daughter of Kenneth and Anita Dahl, Werschke is a native of Scribner, Neb. She majored in human development and family sciences at Nebraska and was a retail clothing manager for 15 years.

For 11 years, she was an administrative assistant and supervisor for various organizations in Lincoln, including the J.D. Edwards Honors Program (now the Jeffrey S. Raikes School of Computer Science and Management) at the University of Nebraska.

Werschke has one stepdaughter and five step-grandchildren with her husband, Gary.

ALVIN BANKS

Coordinator of Student-Athlete Development

Alvin Banks serves as an academic counselor and the coordinator of student-athlete development for Nebraska's Academic Performance Team. Banks began working as an academic counselor at Nebraska in 2003 after serving two years as an assistant academic counselor.

As Nebraska's coordinator of student-athlete development, he provides academic, athletic, personal and career counseling to all Husker student-athletes. As an academic counselor, he works primarily with the Nebraska women's swimming and diving team, the men's and women's golf teams, and the wrestling team, while also assisting the football team.

Before joining the Academic Performance Team, Banks served six years as a law enforcement officer for the City of Lincoln. He is currently a member of the National Association of Academic Advisors for Athletics.

Banks, who lettered in football at Nebraska during the 1991 season, earned his master's degree in vocational education in 1998 after receiving a bachelor's degree in business management in 1992 from Nebraska. Banks and his wife, Lisa, have two children, Kaylie and Darius.

RANDY GOBEL

Director of Athletic Facilities/Devaney Center

Randy Gobel serves as director of athletic facilities for the Bob Devaney Sports Center, the Sid and Hazel Dillon Tennis Center and Barbara Hibner Stadium, and has been an assistant facilities director since 2003. He has worked in the Nebraska Athletic Department since 1981.

Gobel manages the facility operations at the Bob Devaney Sports Center, the Sid and Hazel Dillon Tennis Center and Barbara Hibner Stadium, overseeing the grounds, maintenance, and custodial crews. Gobel also serves as the technology advisor for the facilities department.

Previously Gobel served as the assistant director of athletic performance-facilities. Gobel focused on speed development for the Husker football team and during his time as a strength coach, the Huskers won three national championships along with several conference titles and produced Heisman, Lombardi, Outland, Butkus and Johnny Unitas award winners.

Gobel became a full-time member of the Husker Power staff in 1981. His mechanical expertise helped Nebraska become a leader in weightlifting equipment design. Gobel was integral in designing the state-of-the-art transformers as well as other institutional lifting equipment. He also developed a line of strength training equipment for children.

Gobel received a degree in industrial education from Nebraska-Kearney in 1981. He received his teaching certificate and then became an assistant strength coach for football while also teaching weight training classes at Nebraska. He is a member of the National Strength and Conditioning Association and the College Strength Coaches Association, and was named a Master Strength and Conditioning Coach in 2003.

Gobel has one son, Chase, and one daughter, Alexa.

BILL MOOS

Athletic Director Second Season

ADMINISTRATIVE EXPERIENCE

+Athletic Director, Nebraska (2017-Present)
+Athletic Director, Washington State (2010-17)
+Athletic Director, Oregon (1995-2007)
+Athletic Director, Montana (1990-95)
+Associate A.D., Washington State (1987-90)
+Assistant A.D., Washington State (1982-87)

COMMITTEE/LEADERSHIP APPOINTMENTS

+NCAA Division I Football Oversight Committee
+NCAA Division I Football Competition Committee
+NCAA Division I Football Recruiting Ad Hoc Working Group (Co-Chair)
+NCAA Division I Football Oversight Camps/Clinics Subcommittee (Chair)
+Rose Bowl Management Committee
+Big Ten Program and Budget Review Committee

PERSONAL

Washington State, B.A. (History, 1973)

Family: Kendra (wife); Bo, Benjamin (sons); Christa, Brittany and Kati (daughters)

Honor the past. Live the present. Create the future.

Nine simple words that carry impressive significance and undeniable responsibility. Words that Nebraska's new athletic director uses to lead his programs and set the tone for building champions in competition and in life.

William H. (Bill) Moos was named Nebraska's Athletic Director on Oct. 15, 2017, and fully assumed those responsibilities on Oct. 23.

Moos, who became the 15th athletic director in the history of the storied Cornhusker program, brings nearly 25 years of experience as an athletic director at three Division I schools (Washington State, Oregon, Montana) with him to Nebraska. More importantly, he brings an impressive track record of success in building outstanding programs, developing long-term relationships, and for doing what is best for his schools, its fans and most importantly, its student-athletes.

"When you name the top three, four, five athletic programs in the great positions as an athletic director, Nebraska is in that same breath," Moos said at his introductory press conference at Memorial Stadium. "I want you to know that my motto has always been, in the 25 years I have been a Division I athletic director and it will be here too is very simple - honor the past, live the present, create the future."

In his first six months at Nebraska, Moos made three coaching hires. He drew universal praise for hiring Scott Frost, the 2017 consensus national coach of the year, as Nebraska's head football coach in December. Following the spring semester, Moos also hired Mark Hankins to coach the men's golf team and Sean Maymi to lead the men's tennis program.

Moos also oversaw several team successes in his first six months in Lincoln. He watched the volleyball team win its fifth national title and second in three seasons in December. In 2018, both the men's and women's gymnastics teams finished in the top six at the NCAA Championships, while bowling finished third and rifle finished eighth. Nebraska also continued its excellence in the classroom, producing four CoSIDA Academic All-Americans, including three first-team selections. The awards increased Nebraska's nation-leading total to 333 all-time CoSIDA Academic All-Americans across all sports.

Moos came to Lincoln after spending seven-plus years at Washington State (2010-17). He previously served 12 highly successful seasons as the athletic director at Oregon (1995-2007).

During his time at his alma mater, Moos wasted little time in making his impact felt in Cougar Athletics, spearheading a department-wide rebranding effort with Nike while securing a 10-year, $35 million marketing rights agreement with IMG College.

In addition, the 2004 WSU Alumni Achievement Award winner gained Regents approval for a $130 million addition and remodel of Martin Stadium, featuring a remodeled press box with luxury seating, including suites, loge boxes and club room.

Also included in the project was a state-of-the-art video board and an 80,000-square-foot football operations building that served as the stadium's showpiece and opened in May 2014.

As the dean of Pac-12 athletic directors, Moos was at the forefront of the conference's procurement of a 12-year, $3 billion television contract with FOX and ESPN, a landmark agreement in college athletics. Under Moos' direction, the Cougar Athletic Fund's Annual Giving program saw an 81 percent increase in gifts while CAF donor members rose from nearly 4,000 to more than 7,500.

Additional facility enhancements under Moos included a center-hung video board in Beasley Coliseum that was installed prior to the 2011-12 season, giving Cougar basketball one of the premier fan experiences in the conference. An indoor golf hitting facility was also completed in early 2013, and Lower Soccer Field underwent a major renovation making the venue TV-ready while also providing one of the best playing surfaces on the West Coast, along with the addition of lights and a new scoreboard.

Other enhancements were made to the Moobery track facility, Bailey-Brayton Field, the basketball practice gym, Gibb Pool and the Simmelink Indoor tennis courts. In Moos' seven years at WSU, Cougar student-athletes and coaches accounted for 805 academic all-conference selections, 130 all-conference accolades, 45 All-America honors and three Pac-12 Coach-of-the-Year honors.

Moos served as Oregon's director of athletics from July of 1995 to 2007. While at Oregon he oversaw a 17-sport athletic department that grew to national prominence during his tenure.Oregon's annual athletic department budget grew from $18.5 million in his first year to more than $40 million by 2007, becoming 100 percent self-sufficient during that time. Under his direction the Duck Athletic Fund donor base increased from 4,930 to 12,290, resulting in an annual gifts increase from $4.1 million to $15.3 million.

Moos initiated more than $160 million in facility improvements while at Oregon. Included in that was the $90 million Autzen Stadium renovation in 2002, which added 12,000 new seats, 32 new suites, a new Club at Autzen and a new press box to the stadium. In his 12 years, the Ducks ranked first in Pac-10 football attendance 11 times, reaching 100 percent capacity in each of those seasons.

During Moos' tenure, Oregon athletics captured 13 Pac-10 championships across six different sports. He increased opportunities for women by adding two intercollegiate programs, soccer and lacrosse, and negotiated an all-inclusive shoe and apparel contract with Nike, one of only 14 in the country at the time. From an academic standpoint during Moos' tenure, Oregon student-athletes collected 722 academic all-conference selections, 34 Academic All-America selections, nine NCAA Postgraduate Scholarship recipients and one NCAA Top Ten Award.

During his first stint as a collegiate athletic director at Montana (1990-95), Moos created an academic support program and hired its first athletic academic coordinator, developed a facility enhancement plan that created more than $4 million in improvements, and lifted the school's fund-raising efforts to show a 300 percent increase in private and corporate gifts.

Academically, Montana student-athletes were equally successful as the athletic department achieved a graduation rate 20 percent higher than the general university enrollment. Under Moos' watch Montana garnered 269 academic all-conference selections, five Academic All-Americans and two NCAA Postgraduate Scholarship recipients.

Moos began his athletic career as an athletic administrator in 1982 as assistant athletic director at Washington State. He also served as the school's associate athletic director (1988-90).

At Washington State, he was director of development for more than five years and associate director for nearly two years, supervising all external operations. Prior to that, he managed and owned private businesses in Washington and Oregon for eight years. He was a student assistant football coach at Washington State for the 1973 season, then spent part of 1974 in Washington, D.C., serving as a government intern.

Raised on a wheat and cattle ranch in eastern Washington, Moos attended high school in Olympia when his father served in the governor's cabinet. Moos earned his bachelor's degree in history from WSU and was a three-year letterman in football before concluding his collegiate career by representing Washington State in the 1972 East-West Shrine All-Star Game in San Francisco.

He served as co-captain on the Cougars' 1972 squad and garnered first-team All-Pac-8 Conference honors. Moos and his wife Kendra have three daughters: Christa, Brittany and Kaiti; and two sons, Bo and Benjamin.

NEBRASKA ATHLETIC DIRECTORS

1928-1931	H.D. Gish
1932-1936	Dana X. Bible
1937-1942	Lawrence McCeney "Biff" Jones
1942-1947	A.J. Lewandowski
1948-1953	George "Potsy" Clark
1954-1960	J.W. "Bill" Orwig
1961*	Charles Miller & Joseph Soshnik
1962-1966	W.H. "Tippy" Dye
1967-1992	Bob Devaney
1993-2002	Bill Byrne
2003-2007	Steve Pederson
2007-2012	Tom Osborne
2013-2017	Shawn Eichorst
2017-Present	Bill Moos

*Interim Co-Directors

PAT LOGSDON

Deputy Athletic Director/Senior Woman Administrator 38th Season

A member of the Nebraska Athletic Department since 1979, Pat Logsdon serves as Deputy Athletic Director and Nebraska's Senior Woman Administrator to the NCAA and the Big Ten Conference. She also serves on the Big Ten Sports Management Committee.

Logsdon's duties include the department's Gender Equity and Diversity and Inclusion Plans as well as student-athlete surveys and exit interviews. She is also the senior administrator over Nebraska's Life Skills and performance areas.

Logsdon serves as the sport administrator for volleyball, beach volleyball, women's basketball, softball and men's and women's gymnastics.

Previously, Logsdon spent 23 seasons in football operations, including six seasons as NU's director of football operations, the first female in Division I to serve in that capacity. She handled organization of all recruiting functions, supervised compliance activities and coordinated all football administrative operations, including travel and practice operations.

Logsdon earned a bachelor's degree in education from Nebraska.

KEITH ZIMMER

Senior Associate Athletic Director/Life Skills 32nd Season

Keith Zimmer has been at Nebraska for over 30 years and leads Nebraska's Life Skills unit within the department. He also serves as the sports administrator for the swimming and diving team, men's and women's golf programs and the men's and women's tennis teams.

Zimmer also oversees student-athlete transition and retention, is the liaison to the Student-Athlete Advisory Committee (SAAC), the Big Ten Sports Management Committee, Nebraska's Post-Eligibility Opportunities (PEO) program and works closely with the College of Business Administration coordinating efforts with the Masters in Intercollegiate Athletics Administration Program.

Zimmer, who started at Nebraska in 1987, carries more than 30 years of life skills and student services experience and provides support to all current Nebraska student-athletes, in addition to offering ongoing support, guidance and programming to alumni student-athletes.

Components of the Husker Life Skills program include individual student-athlete meetings, major life skills events, the Husker Life Seminar, community outreach, service abroad opportunities, Post-Eligibility Opportunities, graduate school assistance and postgraduate scholarships. Zimmer and his staff also play a major role in the success of the annual student-athlete achievement event, "A Night at the Lied."

Zimmer, who worked in Nebraska's Academic and Support Services area from 1987 to 2006, while pioneering Nebraska's Life Skills program, is regarded as a national leader in the life skills area. He received one of the top honors in college athletics in September of 2006, when he was chosen for the Dr. Gene Hooks Award as the Life Skills Administrator of the Year. Zimmer has also served as an NCAA Life Skills trainer and is active with the National Consortium for Academics and Sport. He has also received the Chancellor's Award for Exemplary Service to Students and has been named an honorary member of both Golden Key National Honor Society and Mortar Board at UNL.

Zimmer earned his bachelor's degree at Wayne State College and his master's in education from Springfield (Mass.) College. Zimmer and his wife, Michelle, have two sons, Logan and Caden.

RONNIE GREEN

University of Nebraska-Lincoln Chancellor Third Season

Ronnie D. Green is the 20th chancellor of the University of Nebraska–Lincoln. He was appointed as chancellor on April 6, 2016 and assumed the duties of the office on May 8, 2016. An official installation ceremony was conducted on April 6, 2017.

In July 2010, Dr. Green was appointed as the Harlan Vice Chancellor of the UNL Institute of Agriculture and Natural Resources and Vice President for Agriculture and Natural Resources of the University of Nebraska system. In June 2015, Dr. Green also assumed the interim role of Senior Vice Chancellor for Academic Affairs, the institution's chief academic officer.

Dr. Green was raised on a mixed beef, dairy, and cropping farm in southwestern Virginia. He received B.S. and M.S. degrees in animal science from Virginia Tech and Colorado State University, respectively. His doctoral program was completed jointly at the University of Nebraska–Lincoln and the USDA-ARS U.S. Meat Animal Research Center in animal breeding and genetics.

Dr. Green has served on the animal science faculties of Texas Tech University and Colorado State University, as the national program leader for animal production research for the USDA's Agricultural Research Service, and as executive secretary of the White House's interagency working group on animal genomics within the National Science and Technology Council. Prior to returning to the University of Nebraska, he served as senior global director of technical services for Pfizer Animal Health's (now Zoetis) animal genomics business.

Dr. Green is an internationally recognized authority in animal genetics; he has published 130 refereed publications and abstracts, nine book chapters and 56 invited symposia papers; and has delivered invited presentations in 43 U.S. states and 21 countries around the world. He is a past-president of the American Society of Animal Science (ASAS) and has served in a number of leadership positions for the U.S. Beef Improvement Federation, National Cattlemen's Beef Association, National Pork Board, and National Research Council. He currently serves on the board of directors of the Association of Public Land-grant Universities (APLU), Neogen Corporation, and the national Alpha Gamma Rho fraternity. He has been honored as a Fellow of both ASAS and the American Association for the Advancement of Science.

Ronnie and best friend Jane are the parents of four children, all graduates of, or enrolled at, the University of Nebraska–Lincoln. Justin, a political science/history graduate, is a political journalist in Washington, D.C.; Nate is a graduate of the College of Business and Nebraska Law and is with Hausmann Construction in Lincoln; Kelli is an advertising, public relations and global studies graduate and is preparing for the ministry at Princeton Theological Seminary; and Regan is a current student in human development and family science and agricultural communications. Collectively, members of the Green family hold or are pursuing a total of 15 University of Nebraska–Lincoln degrees.

NEBRASKA'S CHANCELLORS

1871-1876	Allen R. Benton
1876-1882	Edmund B. Farfield
1884-1888	Irvin J. Manatt
1888-1891	Charles E. Bessey
1891-1895	James H. Canfield
1895-1899	George E. MacLean
1900-1908	E. Benjamin Andrews
1908-1927	Samuel Avery
1927-1938	Edgar A. Burnett
1938-1946	Chauncey S. Boucher
1947-1953	Reuben G. Gustavson
1953-1954	John K. Selleck*
1954-1968	Clifford Hardin
1968-1971	Joseph Soshnik
1972-1975	James H. Zumberge
1975-1976	Adam C. Breckenridge*
1976-1980	Roy A. Young
1980-1981	Robert H. Rutford*
1981-1991	Martin A. Massengale
1991-1991	Jack Goebel
1991-1995	Graham B. Spanier
1995-1996	Joan R. Leitzel*
1996-2000	James Moeser
2000-2016	Harvey S. Perlman
2016-Present	Ronnie Green

* Interim Chancellor

JOSEPHINE POTUTO

Faculty Athletics Representative 22nd Season

Josephine (Jo) R. Potuto, the Richard H. Larson Professor of Constitutional Law, has been Nebraska's faculty representative (FAR) at the NCAA and conference level since May 15, 1997.

In 2002, Potuto was named Outstanding Faculty Athletics Representative by the All-American Football Foundation. From 2008-09 to 2011-12 she was president of the 1A FAR (FARs from FBS institutions). Among her NCAA positions, Potuto spent nine years (the maximum) on the NCAA Division I Committee on Infractions (chair her last two years) and currently substitutes when a member cannot serve. She was one of three Big 12 Conference representatives on the NCAA Division I Management Council, served on the NCAA Men's Gymnastics Championship Committee, and currently serves on an NCAA-wide (all divisions) committee to advise NCAA staff on student-athlete issues and educational programming for coaches, staff, and student-athletes. She currently serves on the NCAA Interpretations Committee.

A sports law expert, Potuto regularly lectures and consults on sports issues in general and NCAA processes in particular. She has presented to, among others, the Knight Commission on Intercollegiate Athletics, the National Association of College and University Attorneys, the Association of Public and Land Grant Universities, and the National Association of Collegiate Directors of Athletics, as well at numerous university and law college conferences. She is an expert witness in litigation invoving sports issues and a media "go-to" person. Potuto also lectures and consults on risk management and on free speech issues.

Potuto is a past adviser to the Uniform Law Commissioners Committee to draft a sports agent statute, has drafted rules governing search and seizure and hearings for the Nebraska Racing Commission, and also has written on issues of gender equity in college athletics. She has authored numerous articles on sports law issues. She just completed an article on how baseball hitting informs legal argument. The articles is in the National Baseball Hall of Fame archives.

Potuto teaches constitutional law, procedure, federal jurisdiction, and sports law. She has been a visiting professor of law at the University of Arizona, Rutgers University, the Cardozo College of Law at New York's Yeshiva University, the University of Oregon, the University of North Carolina, and Seton Hall University. She currently teaches in the Summer Sports Law Institute at Oregon Law School.

Potuto was project director and a drafter of the Uniform Law Commissioners Sentencing and Corrections Act, as well as the drafter for the Nebraska Supreme Court Committee to Draft Criminal Jury Instructions. She is the author of three books. She was elected to membership in the American Law Institute, the Nebraska State Bar Foundation, and the Douglass Society.

Potuto earned her bachelor's degree in journalism at Rutgers' Douglass College, and her master's degree in English literature at Seton Hall. She earned her juris doctorate at the Rutgers Law College.

She is a member of the bars of Nebraska and New Jersey and is admitted to practice before the U.S. Supreme Court, the U.S. Court of Appeals for the Third Circuit, and the U.S. District Courts for Nebraska and New Jersey.

NEBRASKA'S FACULTY REPS

1931-1946	T.J. Thompson
1947-1958	Earl Fullbrook
1959-1964	Charles S. Miller
1965-1968	Merk Hobson
1969-1970	John R. Davis
1971-1982	Keith L. Broman
1982-1997	James O'Hanlon
1997-Present	Josephine Potuto

HANK M. BOUNDS, PH.D

University of Nebraska President Fourth Season

On Jan. 12, 2015, the Board of Regents appointed lifelong educator Hank M. Bounds, Ph.D, as the seventh president of the University of Nebraska. Bounds began his tenure as president on April 13, 2015, bringing with him a demonstrated record of expanding opportunities for students, improving higher education outcomes and efficiencies, and building successful partnerships with policymakers, donors and business leaders.

He has continued working to improve educational outcomes and build partnerships since his arrival in Nebraska. Bounds has connected with leaders within the university, in the private sector, in government and in the military to increase collaboration and innovation. In late 2015, he worked with the University of Nebraska Foundation to launch a two-year, $200 million fundraising initiative to increase access and create success for current and future students. In 2015, Bounds also launched a university-wide Food for Health Initiative - the first of several programs designed to increase collaborations across NU and incentivize new research that addresses critical issues important to Nebraskans and result in greater research funding opportunities. Supporting quality teaching is an important focus for Bounds, and in the spring of 2016, he made a $3.5 million strategic investment to hire additional faculty and expand NU's online course offerings. Bounds also announced late in 2015 that NU's enrollment had grown to its highest level in 22 years - marking progress toward the Board of Regents' goals to expand educational access to Nebraskans and attract more talent to the state to meet workforce needs.

Bounds grew up in Mississippi. His service in the Army National Guard helped him pay for college, and he earned bachelor's and master's degrees from the University of Southern Mississippi and a doctorate from the University of Mississippi.

Bounds has devoted his 25-year career to helping change students' lives in the same way education opened doors in his own life. He began as a high school teacher, then rose to principal, superintendent and state superintendent before becoming Mississippi's commissioner of higher education in 2009. In that role, he oversaw a complex system of eight public universities.

Today, under his leadership, the University of Nebraska enrolls nearly 52,000 students, employes over 13,000 faculty and staff, and operates with an annual budget of $2.5 billion - including $235 million in research expenditures.

He has identified four cornerstones that will separate NU from the rest of higher education and define a new era in university history: (1) The University of Nebraska will be the best university in the nation to be a student. (2) The University of Nebraska will transform lives through research and innovation. (3) The University of Nebraska will work hand in hand with our partners to achieve our goals. (4) The University of Nebraska will win with people.

Bounds holds a faculty appointment in the College of Education and Human Sciences at the University of Nebraska-Lincoln and courtesy faculty appointments in the Colleges of Education at the University of Nebraska at Omaha and the University of Nebraska at Kearney. He serves on the board of directors for several organizations, including the National Association of System Heads (NASH), the Robert B. Daugherty Water for Food Institute, the Nebraska Innovation Campus Development Corporation, the Nebraska Advanced Manufacturing Coalition and the Consultation Committee for U.S. Strategic Command (USSTRATCOM). He is also on the Board of Governors for the Knights of AKSARBEN.

He and his wife, Susie, are the parents of a son, Will, and a daughter, Caroline. They reside in Lincoln.

UNIVERSITY OF NEBRASKA BOARD OF REGENTS

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Nebraska-Omaha

BIG TEN CONFERENCE

James E. Delany
Commissioner

Known as one of intercollegiate sports' most successful undertakings, the Big Ten is home to a lineage of legendary names and an ongoing tradition of developing strong leaders. Even in its infancy, the conference established itself as the preeminent collection of institutions in the nation, where the pursuit of academic excellence prevailed as the definitive goal.

The history of the Big Ten traces back 122 years to the Palmer House hotel in Chicago, where on Jan. 11, 1895, then-Purdue president James H. Smart and leaders from the universities of Chicago, Illinois, Michigan, Minnesota, Northwestern and Wisconsin set out to organize and develop principles for the regulation of intercollegiate athletics.

At that meeting, a blueprint for the administration of college athletics under the direction of appointed faculty representatives was outlined. The presidents' first known action "restricted eligibility for athletics to bonafide, full-time students who were not delinquent in their studies." That important legislation, along with other legislation that would follow in the coming years, served as the primary building block for intercollegiate athletics.

On Feb. 8, 1896, one faculty member from each of those seven universities met at the same Palmer House and officially established the mechanics of the conference, which was officially incorporated as the "Intercollegiate Conference Athletic Association" in 1905.

Indiana and Iowa became the eighth and ninth members in 1899. In 1908, Michigan briefly withdrew its membership, and in 1912 Ohio State joined the conference, bringing its membership total back to nine. Upon Michigan's return in 1917, the conference was first referred to as the "Big Ten" by media members, and that name was eventually incorporated in 1987.

As the 1900s opened, faculty representatives established rules for intercollegiate athletics that were novel for the time. As early as 1904, the faculty approved legislation that required eligible athletes to meet entrance requirements and to have completed a full year's work, along with having one year of residence.

In 1901, the first Big Ten Championship event was staged when the outdoor track and field championships were held at the University of Chicago. The debut event marked what is now a staple of conference competition. Today, the Big Ten sponsors 28 official sports, 14 for men and 14 for women, including the addition of men's ice hockey and men's and women's lacrosse the last three years. Big Ten schools compete in a total of 42 sports, furthering the conference's commitment to broad-based programming and providing more participation opportunities than any conference in the country.

One of the conference's proudest traditions began in 1902 when Michigan took on Stanford in the Rose Bowl, the nation's first bowl game. Big Ten teams only appeared in Pasadena twice before the conference signed an exclusive contract with the Tournament of Roses in 1946, making it the first bowl game with permanent conference affiliations. But Michigan's appearance in 1902 cultivated a relationship that has endured for more than a century.

Coupling the academic goals set forth by the conference leaders and their steadfast commitment to athletics, the conference instituted the Big Ten Medal of Honor in 1915. It is awarded annually by each conference institution to a student of the graduating class who has attained the greatest proficiency in scholarship and athletics. It is the most prestigious honor a student competing in Big Ten athletics can receive.

In 1922, Major John L. Griffith became the conference's first "Commissioner of Athletics." Griffith was the first of five men to assume the role of commissioner in the conference's history, followed by Kenneth L. "Tug" Wilson in 1945, Bill Reed in 1961, Wayne Duke in 1971 and current commissioner James E. Delany in 1989.

After nearly 30 years with 10 members, the conference consolidated to nine schools when Chicago formally withdrew its membership in 1946. Michigan State was added to the Big Ten three years later, bringing the number of affiliated conference schools to 10 once again.

In 1955, the Big Ten formulated a revenue-sharing model designed to pool all football television rights of its members and share those proceeds equally. The conference and its members continue to utilize a revenue-sharing model, dividing media rights, bowl payouts and other profits among all conference institutions.

While academics have always played an integral role in the conference, presidents of the Big Ten member institutions formalized the primacy of academics with the establishment of the Big Ten Academic Alliance (formerly the Committee on Institutional Cooperation) in 1958. The Big Ten Academic Alliance is an academic consortium of all Big Ten universities. In 2014, the schools currently constituting the Big Ten Academic Alliance produced over $10 billion in funded research, $5 billion more than any other conference.

In one of Duke's first actions as commissioner, he oversaw the adoption of the Big Ten Advisory Commission in 1972, designed to study conference programs and make suggestions that would further Big Ten objectives. The Advisory Commission enlists former students that competed in Big Ten athletics to serve as liaisons to the NCAA's Diversity and Inclusion Department, the Big Ten Student-Athlete Advisory Commission and other organizations.

In 1981, the conference presidents and chancellors endorsed a proposal that enabled universities to affiliate their women's intercollegiate programs with the conference, and the first conference championships for women were staged that fall. The Big Ten was the first conference to voluntarily adopt male and female participation goals after launching its Gender Equity Action Plan in 1992.

In December of 1989, the conference agreed in principle to invite Penn State for membership. On June 4, 1990, the Council of Presidents officially voted to integrate Penn State into the conference, giving the Big Ten 11 members.

On June 11, 2010, the Big Ten Council of Presidents/Chancellors (COP/C) approved a formal membership application by Nebraska, which officially joined the Big Ten Conference on July 1, 2011.

The conference expanded to 14 programs when Maryland and Rutgers officially became Big Ten members on July 1, 2014, giving the conference almost 9,500 students participating in intercollegiate athletics and more than 11,000 participation opportunities on 350 teams.

On June 3, 2013, the Big Ten announced that Johns Hopkins had been accepted as the conference's first sport affiliate member. Johns Hopkins' addition in men's lacrosse gave the Big Ten six institutions sponsoring the sport, allowing the debut of men's lacrosse as an official conference sport. On June 17, 2015, the conference announced that Johns Hopkins was accepted as a sport affiliate member for women's lacrosse beginning in 2016-17. On March 23, 2016, the conference announced that Notre Dame will join the Big Ten for men's ice hockey beginning in 2017-18.

Since opening in the fall of 2013, the Big Ten Conference Center in Rosemont, Ill., has played host to more than 300 meetings annually for member institutions, Big Ten Academic Alliance-related committees and coaching groups. The headquarters also feature an interactive digital museum - the Big Ten Experience - which opened to the public on June 7, 2014. For more information on the Big Ten Experience, visit bigten.org.

In June 2014, the Big Ten opened a second office in New York City, featuring both office and meeting space in Midtown Manhattan. Three Big Ten staff members are based in the New York City office to provide expanded coverage and service. The conference manages 28 championships and tournaments, offers legislative and compliance services, oversees the production and distribution of nearly 1,400 events annually, provides staff services to coaching and administrative personnel and services media and fans interest for information on the Big Ten Conference.

More than 120 years after its inception, the Big Ten remains a national leader in intercollegiate athletics on and off the field. Big Ten programs have combined to win more than 450 team and 1,800 individual national championships, consistently taking home individual honors for athletic and academic accomplishments and fulfilling the Big Ten's mission of academic achievement and athletic success.

BIG TEN SWIMMING & DIVING CHAMPIONSHIPS

The 2019 Big Ten Championships will be held at the Counsilman-Billingsley Aquatics Center on the Indiana campus in Bloomington. Opened in 1996, the aquatics center in the Student Recreational Sports Center will serve as host to its second Big Ten Women's Swimming and Diving Championships, after also hosting the event in 2011. The Big Ten meet is scheduled to run Feb. 20-23, 2019.

BIG TEN ADMINISTRATION

Commissioner ..... James E. Delany
Deputy Commissioner, CFO/COO ..... Brad Traviola
Deputy Commissioner, Public Affairs ..... Diane Dietz
Senior Associate Commissioner, Television Administration ..... Mark D. Rudner
Associate Commissioner, Finance ..... Julie Suderman
Associate Commissioner, Football Operations ..... Scott Chipman
Associate Commissioner, Men's Basketball ..... Rick Boyages
Associate Commissioner, Policy ..... Chad Hawley
Associate Commissioner, Sports Administration ..... Wendy Fallen
Associate Commissioner, Technology ..... Mike McComiskey
Associate Commissioner, Branding ..... Robin Jentes
Associate Commissioner, Compliance ..... Gil Grimes
Assistant Commissioner, Basketball Operations ..... Jessica Palermo
Assistant Commissioner, Public Affairs ..... Kerry Kenny

BIG TEN COMMUNICATIONS STAFF

Associate Commissioner - Communications ..... Jason Yellin
Director of Communications ..... Adam Augustine
Associate Director of Communications ..... Chris Masters
Assistant Director of Communications ..... Megan Rowley
Assistant Director of Communications ..... Shannon Malone
Robert Hammel Communications Intern ..... Leigh McGuirk

BIG TEN OFFICE

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REVIEW & HISTORY

KNAPTON, HAEBIG EARN NCAA CHAMPIONSHIP BIDS

Abigail Knapton made Nebraska diving history, the Husker swimmers smashed school records across the board, and the Big Red produced its third consecutive top-40 NCAA Championship finish in 2017-18.

Nebraska's success in the pool, the diving well, the classroom and the community during the 2017-18 campaign also earned the Huskers a distinct national honor.

SwimSwam.com ranked the Nebraska swimming and diving program No. 1 in the nation for recruiting, retention and improvement among all NCAA Division I women's programs.

Knapton, a 2018 sophomore from Omaha, became the first Husker diver in history to earn back-to-back first-team All-America honors. She captured her second career top-eight national finish by taking eighth on the platform at the NCAA Championships. It followed her fourth-place finish on the same event at nationals in 2017.

"It was a very strong contest," Nebraska Diving Coach Natasha Chikina said. "Abi demonstrated a solid performance."

Knapton added a 22nd-place finish on the three-meter board at nationals, an eight-spot improvement over her finish at the NCAA meet as a freshman.

Knapton's 11 points scored at the national meet helped the Huskers finish 35th as a team, giving Nebraska its third straight top-40 finish at the NCAA Championships.

Knapton was not alone in representing the Huskers at the NCAA Championships in 2018, as freshman Autumn Haebig competed in the 100 backstroke and the 500 freestyle at the meet.

The newcomer from Grafton, Wis., finished 40th in the backstroke at nationals after shattering the school record in the event at the NCAA Last Chance meet in Columbia, Mo., on Feb. 24. Haebig's time of 52.29 broke Erin Oeltjen's previous school mark set in 2017 by 1.14 seconds.

"It was a strong showing in her first NCAAs," Nebraska Coach Pablo Morales said. "It caps off a great year for her, something she can build on for USA Summer Nationals and next year at Nebraska. It shows again what a great

Abigail Knapton capped an outstanding sophomore season by becoming the first diver in Nebraska history to earn back-to-back first-team All-America honors. Knapton finished eighth on the platform dive at the 2018 NCAA Championships.

competitor she is and how well she is able to handle pressure of top-level competition. Many great swims still ahead of her."

It was far from the only school record the 14-time Wisconsin high school state champion set in her first season in the pool at Nebraska. Haebig added a school-record swim of 4:42.69 in the 500 free at the Big Ten Championships. She went on to finish 43rd in the event at the 2018 NCAA Championships to complete her first appearance at nationals.

Haebig was also a member of Nebraska's school-record-setting 400-yard medley relay team that raced to a time of 3:36.03. That relay, which returns intact with Gwen Worlton, Izzie Murray and Lindsay Helferich, also joined forces for the second-best 200 medley relay time (1:39.43) in Nebraska history.

Haebig was also a member of the 800 free relay squad that posted the second-best mark in Husker history (7:11.60), while also recording the second-best individual time in school history in the 200 free (1:46.22).

While Haebig made an instant splash for the Huskers, she was just one of many young Nebraska swimmers demonstrating the ability to raise the bar for the Big Red in years to come.

Not only did 2018 freshman Izzie Murray join Haebig on the 200 and 400 medley relay teams, she also put up the fourth-fastest time in Husker history in the 100 butterfly (53.72) at the Big Ten Championships.

Murray edged ahead of teammate Dana Posthuma on Nebraska's all-time top five in the 100 fly, and both swimmers could hunt that school record in 2018-19.

Posthuma, a 2018 junior out of Omaha Burke High School, also owns the second-fastest time in Husker history in the 200 fly. Both of those times were set at the 2017 Big Ten Championships, but Posthuma recorded top-24 finishes in both events for the second straight year at the conference meet in 2018.

Tori Beeler set the school record in the 200 IM (1:59.02) at the 2018 Big Ten Championships. The sophomore from Missouri added the fourth-fastest time in Husker history in the 200 breaststroke (1:01.23) at the Mizzou Invite. Beeler produced top-16 finishes in both the 100 and 200 breast events at the 2018 Big Ten Championships.

Anna McDonald is also chasing Husker school records in the 200 and 400 IM. McDonald's

2017-18 NEBRASKA SCHEDULE/RESULTS

Final Dual Record: 4-3

Date	Opponent	Location	Result
Oct. 6	**Scarlet vs. Cream Intrasquad**	**Devaney Natatorium**	**Tie, 116-116**
Oct. 13	at Northern Iowa	Cedar Falls, Iowa	W, 154-86
Oct. 21	**Iowa State**	**Devaney Natatorium**	**W, 193-102**
Nov. 3	at Arkansas	Fayetteville, Ark.	L, 154-84
Nov. 4	at Kansas	Lawrence, Kan.	L, 159-141
Nov. 9-11	Minnesota Invitational (Diving)	Minneapolis, Minn.	No Team Score
Nov. 16-18	Mizzou Invitational	Columbia, Mo.	2nd/11
Nov. 12-13	USA Swimming Winter Nationals	Columbus, Ohio	No Team Score
Jan. 13	at Omaha	Omaha, Neb.	W, 189-103
Jan. 20	**Illinois**	**Devaney Natatorium**	**W, 183-112**
Jan. 26-27	at Rutgers	Piscataway, N.J.	L, 186-167
Feb. 14-17	Big Ten Championships	Columbus, Ohio	10th, 358
March 5-7	NCAA Zone Diving Meet	Minneapolis, Minn.	No Team Score
March 14-17	NCAA Championships	Columbus, Ohio	35th, 11 Points

HUSKERS CLAIM THIRD STRAIGHT TOP 40 NCAA FINISH

Tori Beeler set a school record in the 200-yard individual medley (1:59.02) at the 2018 Big Ten Championships. Beeler added top-16 finishes in the 100 and 200 breaststrokes at the conference meet as a sophomore for the Huskers.

time of 1:59.91 in the 200 IM at the 2018 Big Ten Championships was the third-fastest time in school history, while her 400 IM time of 4:18.41 at the 2017 conference meet also ranks top five in the NU record book.

Allison Kopas, a 2018 freshman from Fort Lauderdale, Fla., also put herself in position to challenge the school record in the 400 IM with her time of 4:18.01, which came at the Mizzou Invite. She also notched a top-24 finish in the event at her first Big Ten Championships.

While the growing strength of Nebraska's up-and-coming swimmers was evident in 2017-18, the Huskers also said farewell to a pair of outstanding seniors in Jordan Ehly and Katt Sickle. Ehly, a four-year letterwinner from Las Cruces, N.M., finished her career strong with a 17th-place finish in the 100 breaststroke at the Big Ten Championships. She also helped the Huskers to a 10th-place team finish at the conference meet.

A three-time academic All-Big Ten selection, Ehly was a two-time CSCAA Scholar All-American in her career and a Big Ten Distinguished Scholar. She was also a Nebraska Sam Foltz Hero 27 Leadership Award winner in 2017.

Sickle, a sixth-year senior from Grain Valley, Mo., earned her fifth varsity letter for the Big Red while continuing her career as one of the most outstanding students in program history. A four-time Big Ten Distinguished Scholar and four-time academic All-Big Ten selection, Sickle also earned a Nebraska Heart & Soul Award as one of the most committed Huskers across all sports in community outreach.

Nebraska celebrated senior day for Ehly and Sickle by closing its home schedule with a 183-112 dual victory over Illinois at the Devaney Natatorium on Jan. 20, 2018. Ehly put an exclamation point on the Big Red victory by leading a sweep of the top three spots in the 100-yard breaststroke in front of Beeler and Worlton.

The Huskers also raced to a 193-102 dual win over Iowa State at the Devaney Center to open their home schedule on Oct. 21, 2017.

The victory over the Cyclones followed a 154-86 season-opening win at Northern Iowa, Oct. 13. The Huskers notched the fourth victory of the year with a 189-103 swim past UNO in Omaha on Jan. 13.

The Huskers suffered setbacks to Arkansas, Kansas and Rutgers in their other dual meets on the year, but continued to see improved times and performances from start to finish throughout the season.

In fact, Nebraska's success in the water has continued to snowball in recent years.

In 2017-18, the Husker swimmers produced 26 NCAA B-qualifying standards, which represented an increase in that total for the sixth consecutive season for Nebraska.

During those six seasons, Huskers have set 17 school records, while at least one Husker has qualified for the NCAA Championships in all six of those seasons.

Nebraska continued its commitment to academic achievement at the highest levels in 2017-18. In fact, eight Huskers earned Big Ten Distinguished Scholar recognition for maintaining at least a 3.7 grade-point average. Graduate student Katt Sickle led the list of distinguished scholars, along with 2018 juniors Francesca Giganti, Lindsay Helferich, Anna McDonald and Bridget Pacilio, while sophomores Abigail Knapton and Abigail Greeneway earned recognition for the first time.

In addition, 19 Husker swimmers and divers captured academic All-Big Ten honors in 2017-18, including Giganti, Greeneway, Helferich, Knapton, McDonald, Pacilio and Sickle, along with Shea Bougie, Jordan Ehly, Kaylyn Flatt, Carla Gonzalez-Garcia, Jacqueline Jeschke, Morgan McCafferty, Dana Posthuma, Savannah Savitt, Lindsey Stalheim, Katrina Voge, Gwen Worlton and Allie Worrall.

2017-18 TOP PERFORMANCES

50-yard Freestyle		
Lindsay Helferich	2/15/18	23.04
100-yard Freestyle		
Lindsay Helferich	2/17/18	50.19
200-yard Freestyle		
Autumn Haebig	2/16/18	1:46.22
500-yard Freestyle		
Autumn Haebig	2/15/18	4:42.69
1,000-yard Freestyle		
Kaylyn Flatt	10/21/17	10:09.89
1,650-yard Freestyle		
Kaylyn Flatt	2/14/18	16:40.25
100-yard Butterfly		
Izzie Murray	2/16/18	53.72
200-yard Butterfly		
Dana Posthuma	2/17/18	1:58.52
100-yard Backstroke		
Autumn Haebig	2/24/18	52.29
200-yard Backstroke		
Anna McDonald	2/17/18	1:57.46
100-yard Breaststroke		
Tori Beeler	2/24/18	1:01.09
200-yard Breaststroke		
Jordan Ehly	11/18/17	2:11.17
200-yard Individual Medley		
Tori Beeler	2/15/18	1:59.02
400-yard Individual Medley		
Allison Kopas	11/17/17	4:18.01
One-Meter Dive		
Abigail Knapton	3/5/18	535.85
Three-Meter Dive		
Abigail Knapton	2/16/18	351.85
Platform Dive		
Abigail Knapton	3/5/18	589.70
200 Freestyle Relay		
Big Ten Championships	2/16/18	1:32.38
400 Freestyle Relay		
Big Ten Championships	2/17/18	3:20.38
800 Freestyle Relay		
Big Ten Championships	2/14/18	7:11.60
200 Medley Relay		
Big Ten Championships	2/14/18	1:39.43
400 Medley Relay		
Big Ten Championships	2/15/18	3:36.03

2017-18 SEASON RESULTS

Autumn Haebig set two school records on her way to qualifying for the NCAA Championships as a freshman in 2018. Haebig smashed the Husker record with a time of 52.29 in the 100-yard backstroke at the NCAA Last Chance meet, after setting the school record in the 500-yard freestyle (4:42.69) at the Big Ten Championships.

NEBRASKA AT NORTHERN IOWA

October 13, 2017 | Cedar Falls, Iowa
Nebraska def. Northern Iowa, 154-86

Husker Victories

Tori Beeler	100 Breast	1:05.12
	200 IM	2:06.87
Kaylyn Flatt	500 Free	5:30.26
	1,000 Free	10:19.24
Abigail Knapton	Three Meter	290.63
Izzie Murray	100 Fly	56.44
Katrina Voge	One Meter	267.90
Abigail Knapton	One Meter	277.27
	Three Meter	328.35
Morgan McCafferty	100 Back	57.20
Izzie Murray	100 Fly	55.83
	200 Fly	2:04.10

IOWA STATE AT NEBRASKA

October 21, 2017 | Devaney Natatorium
Nebraska def. Iowa State, 193-102

Husker Victories

Tori Beeler	100 Breast	1:03.00
	200 IM	2:05.77
Jordan Ehly	200 Breast	2:13.93
Kaylyn Flatt	500 Free	5:00.61
	1,000 Free	10:09.89
Carla Gonzalez-Garcia	200 Back	2:03.90
Autumn Haebig	200 Free	1:52.01

NEBRASKA AT ARKANSAS

November 3, 2017 | Fayetteville, Arkansas
Arkansas def. Nebraska, 154-84

Husker Victories

Jordan Ehly	200 Breast	2:15.74

NEBRASKA AT KANSAS

November 4, 2017 | Lawrence, Kansas
Kansas def. Nebraska, 159-141

Husker Victories

Tori Beeler	100 Breast	1:03.66
	200 IM	2:06.34
Jordan Ehly	200 Breast	2:16.51
Autumn Haebig	500 Free	5:00.71
Abigail Knapton	One Meter	303.15
	Three Meter	337.80

MINNESOTA INVITATIONAL (DIVING ONLY)

November 9-11, 2017 | Minneapolis, Minnesota

Husker Victories

Abigail Knapton	Platform	261.30

MIZZOU INVITATIONAL

November 16-18, 2017 | Columbia, Missouri

Husker Victories

Abigail Knapton	Three Meter	348.50
	Platform	270.60

NEBRASKA AT OMAHA

January 13, 2018 | Omaha, Nebraska
Nebraska def. Omaha, 189-103

Husker Victories

Kaylyn Flatt	200 Free	1:54.35
	500 Free	5:06.50
Autumn Haebig	200 Back	2:06.18
Lindsay Helferich	100 Back	57.68
Abigail Knapton	One Meter	295.04
	Three Meter	331.20
Anna McDonald	200 IM	2:10.40
Izzie Murray	200 Fly	2:07.97
Jessica Pentlarge	100 Free	53.38
Dana Posthuma	100 Fly	57.86
Rachel Powers	1,000 Free	10:32.57
Savannah Savitt	200 Breast	2:31.22
Gwen Worlton	100 Breast	1:05.22

ILLINOIS AT NEBRASKA

January 20, 2018 | Devaney Natatorium
Nebraska def. Illinois, 183-112

Husker Victories

Jordan Ehly	100 Breast	1:03.95
	200 Breast	2:15.96
Kaylyn Flatt	1,000 Free	10:12.87
Autumn Haebig	200 Free	1:50.97
	500 Free	4:58.02
Lindsay Helferich	50 Free	24.21
Abigail Knapton	One Meter	263.73
	Three Meter	324.22
Anna McDonald	200 Back	2:04.49
Jessica Pentlarge	100 Free	52.23
Dana Posthuma	200 Fly	2:03.51
Allie Worrall	100 Free	52.09
	200 Free Relay	1:36.02

NEBRASKA AT RUTGERS

January 26-27, 2018 | Piscataway, New Jersey
Rutgers def. Nebraska, 186-167

Husker Victories

Tori Beeler	200 IM	2:03.50
Gwen Worlton	100 Breast	1:04.24
Jordan Ehly	200 Breast	2:18.97
Autumn Haebig	200 Free	1:51.95

NCAA LAST CHANCE

February 23, 2018 | Columbia, Missouri

Husker Victories

Tori Beeler	100 Breast	1:01.09
Jordan Ehly	200 Breast	2:13.00
Autumn Haebig	100 Back	52.29
Lindsay Helferich	100 Free	50.25

2018 BIG TEN CHAMPIONSHIPS

Feb. 14-17, 2018 | Columbus, Ohio
Final Standings
1. Michigan (1465)
2. Indiana (1152.5)
3. Ohio State (1094.5)
4. Minnesota (1049)
5. Wisconsin (755)
6. Purdue (693)
7. Northwestern (528)
8. Penn State (418)
9. Rutgers (386)
10. Nebraska (358)
11. Iowa (338)
12. Illinois (187)
13. Michigan State (172)

Swimmer of the Meet: Lilly King, Indiana
Diver of the Meet: Yu Zhou, Minnesota
Freshman of the Year: Tevyn Waddell, Minnesota

Top Three Finishers
(1-8 championship finalists; 9-16 consolation finalists; 17-24 bonus finalists)

50 Freestyle

1.	Zhesi Li	Ohio State	21.28@
2.	Danielle Nack	Minnesota	22.10
3.	Macie McNichols	Ohio State	22.14
27.	Lindsay Helferich	Nebraska	23.04
43.	Allie Worrall	Nebraska	23.48
65.	Gwen Worlton	Nebraska	23.81
72.	Katt Sickle	Nebraska	24.07

100 Freestyle

1.	Zhesi Li	Ohio State	47.43@
2.	Siobhan Haughey	Michigan	47.54
3.	Gabrielle Deloof	Michigan	48.01
27.	Lindsay Helferich	Nebraska	50.19
44.	Jessica Pentlarge	Nebraska	50.71
45.	Allie Worrall	Nebraska	50.83
70.	Katt Sickle	Nebraska	52.12
84.	Abigail Greeneway	Nebraska	55.61

200 Freestyle

1.	Siobhan Haughey	Michigan	1:41.66@
2.	Gabrielle Deloof	Michigan	1:42.91
3.	Catherine Deloof	Michigan	1:43.32
17.	Autumn Haebig	Nebraska	1:46.22
27.	Carla Gonzalez-Garcia	Nebraska	1:48.37
30.	Kaylyn Flatt	Nebraska	1:48.90
33.	Jessica Pentlarge	Nebraska	1:49.24
38.	Allie Worrall	Nebraska	1:49.64
50.	Katt Sickle	Nebraska	1:50.62
59.	Rachel Powers	Nebraska	1:51.21
61.	Savannah Savitt	Nebraska	1:51.38
66.	Sutton Marvin	Nebraska	1:51.98
80.	Abigail Greeneway	Nebraska	1:59.73

500 Freestyle

1.	Yirong Bi	Michigan	4:35.09
2.	Kaersten Meitz	Purdue	4:37.15
3.	G Ryan	Michigan	4:37.37
12.	Autumn Haebig	Nebraska	4:42.69
33.	Kaylyn Flatt	Nebraska	4:50.14
43.	Rachel Powers	Nebraska	4:52.60
56.	Savannah Savitt	Nebraska	4:57.03
65.	Sutton Marvin	Nebraska	5:04.04
69.	Abigail Greeneway	Nebraska	5:15.17

1,650 Freestyle

1.	Allyson McHugh	Penn State	15:43.34@
2.	Yirong Bi	Michigan	15:51.18
3.	Molly Kowal	Ohio State	15:53.11
21.	Kaylyn Flatt	Nebraska	16:40.25
31.	Rachel Powers	Nebraska	17:01.39
36.	Sutton Marvin	Nebraska	17:47.86

100 Backstroke

1.	Elizabeth Nelson	Wisconsin	51.05
2.	Alexandra Rockett	Indiana	51.41
3.	Clara Smiddy	Michigan	52.08
10.	Autumn Haebig	Nebraska	52.68
21.	Lindsay Helferich	Nebraska	53.83
27.	Carla Gonzalez-Garcia	Nebraska	54.74
33.	Morgan McCafferty	Nebraska	55.09
38.	Jessica Pentlarge	Nebraska	55.51
42.	Jacqueline Jeschke	Nebraska	56.02
45.	Izzie Murray	Nebraska	56.33
47.	Lindsey Stalheim	Nebraska	56.45

200 Backstroke

1.	Elizabeth Nelson	Wisconsin	1:49.59@
2.	Clara Smiddy	Michigan	1:50.63
3.	Kennedy Goss	Indiana	1:51.66
19.	Anna McDonald	Nebraska	1:57.46
31.	Carla Gonzalez-Garcia	Nebraska	1:58.87
38.	Jacqueline Jeschke	Nebraska	2:00.05
47.	Lindsey Stalheim	Nebraska	2:02.79

100 Breaststroke

1.	Lilly King	Indiana	56.46#
2.	Lindsey Kozelsky	Minnesota	57.91
3.	Miranda Tucker	Michigan	57.93
16.	Tori Beeler	Nebraska	1:02.06
30.	Gwen Worlton	Nebraska	1:02.29
40.	Jordan Ehly	Nebraska	1:03.12

200 Breaststroke

1.	Lilly King	Indiana	2:04.68#
2.	Miranda Tucker	Michigan	2:06.59
3.	Lindsey Kozelsky	Minnesota	2:07.37
15.	Tori Beeler	Nebraska	2:13.14
17.	Jordan Ehly	Nebraska	2:12.37
18.	Gwen Worlton	Nebraska	2:13.01
44.	Savannah Savitt	Nebraksa	2:18.83

100 Butterfly

1.	Zhesi Li	Ohio State	50.48
2.	Danielle Nack	Minnesota	51.15
3.	Christine Jensen	Indiana	51.28
23.	Izzie Murray	Nebraska	53.88
24.	Dana Posthuma	Nebraska	53.99
27.	Morgan McCafferty	Nebraska	54.29
55.	Lindsey Stalheim	Nebraska	56.96
64.	Mira Rhodes	Nebraska	59.40

200 Butterfly

1.	Vanessa Krause	Michigan	1:53.44@
2.	Danielle Nack	Minnesota	1:54.72
3.	Meg Bailey	Ohio State	1:55.59
19.	Dana Posthuma	Nebraska	1:58.52
24.	Izzie Murray	Nebraska	2:02.02
31.	Madison Coughlen	Nebraska	2:01.08
34.	Shea Bougie	Nebraska	2:02.34
41.	Allison Kopas	Nebraska	2:04.78
42.	Jacqueline Jeschke	Nebraska	2:04.79
48.	Mira Rhodes	Nebraska	2:13.99

200 IM

1.	Siobhan Haughey	Michigan	1:53.59@
2.	Elizabeth Nelson	Wisconsin	1:53.85
3.	Clara Smiddy	Michigan	1:55.35
18.	Tori Beeler	Nebraska	1:59.02
24.	Anna McDonald	Nebraska	2:00.27
28.	Morgan McCafferty	Nebraska	2:00.55
42.	Shea Bougie	Nebraska	2:02.04
49.	Dana Posthuma	Nebraska	2:03.08
52.	Madison Coughlen	Nebraska	2:03.33
55.	Allison Kopas	Nebraska	2:03.47
66.	Jordan Ehly	Nebraska	2:05.74
78.	Mira Rhodes	Nebraska	2:12.32

400 IM

1.	Meg Bailey	Ohio State	4:04.85
2.	Allyson McHugh	Penn State	4:06.43
3.	Kristen Romano	Ohio State	4:06.90
23.	Allison Kopas	Nebraska	4:18.38
25.	Madison Coughlen	Nebraska	4:19.97
27.	Anna McDonald	Nebraska	4:20.89
28.	Shea Bougie	Nebraska	4:21.35

One-Meter Dive

1.	Sarah Bacon	Minnesota	353.80
2.	Addison Walkowiak	Rutgers	340.25
3.	Jessica Parratto	Indiana	330.20
26.	Abigail Knapton	Nebraska	249.00
38.	Grace Tiernon	Nebraska	226.30
43.	Katrina Voge	Nebraska	212.05

Three-Meter Dive

1.	Olivia Rosendahl	Northwestern	389.95
2.	Sarah Bacon	Minnesota	383.40
3.	Addison Walkowiak	Rutgers	369.05
9.	Abigail Knapton	Nebraska	351.85
34.	Katrina Voge	Nebraska	248.45
40.	Grace Tiernon	Nebraska	234.45

Platform Dive

1.	Jessica Parratto	Indiana	378.15
2.	Olivia Rosendahl	Northwestern	360.05
3.	Emily Meaney	Purdue	345.15
10.	Abigail Knapton	Nebraska	317.00
22.	Katrina Voge	Nebraska	241.75
27.	Grace Tiernon	Nebraska	217.05

200 Free Relay

1.	Ohio State	1:27.08@
2.	Michigan	1:28.00
3.	Wisconsin	1:28.41
9.	Nebraska	1:32.48

Helferich, Kopas, Pentlarge, Worrall

400 Free Relay

1.	Michigan	3:10.96#
2.	Ohio State	3:13.35
3.	Wisconsin	3:14.12
9.	Nebraska	3:20.38

Helferich, Worrall, Pentlarge, Haebig

800 Free Relay

1.	Michigan	6:56.28
2.	Minnesota	6:59.53
3.	Indiana	7:02.24
10.	Nebraska	7:11.60

Haebig, Flatt, Pentlarge, Worrall

200 Medley Relay

1.	Indiana	1:34.16@
2.	Minnesota	1:35.06
3.	Wisconsin	1:36.23
8.	Nebraska	1:39.43

Haebig, Worlton, Murray, Helferich

400 Medley Relay

1.	Indiana	3:27.81@
2.	Minnesota	3:28.96
3.	Michigan	3:29.90
7.	Nebraska	3:36.03

Haebig, Worlton, Murray, Helferich

NCAA ZONE D DIVING
March 5-7, 2018 | Minneapolis, Minn.

Husker Participants

2. Abigail Knapton, Platform	589.70
15. Abigail Knapton, One-Meter Dive	535.85
18. Katrina Voge, Platform	408.00

NCAA CHAMPIONSHIPS
March 16-17, 2018 | Columbus, Ohio
Nebraska - 35th (11 points)

Husker Participants

8. Abigail Knapton, Platform	286.15
22. Abigail Knapton, Three-Meter Dive	307.60
40. Autumn Haebig, 100 Back	53.55
43. Autumn Haebig, 500 Free	4:44.40

2017-18 NEBRASKA PERFORMANCE LIST

50-yard Freestyle

1. Lindsay Helferich	Big Ten Championships, 2/15/18	23.04
2. Allie Worrall	Big Ten Championships, 2/15/18	23.48
3. Jessica Pentlarge	Mizzou Invite, 11/16/17	23.71
4. Gwen Worlton	Big Ten Championships, 2/15/18	23.81
5. Clara Walstad	Mizzou Invite, 11/16/17	24.08

100-yard Freestyle

1. Lindsay Helferich	Big Ten Championships, 2/17/18	50.19
2. Jessica Pentlarge	Mizzou Invite, 11/18/17	50.52
3. Allie Worrall	Big Ten Championships, 2/17/18	50.83
4. Katt Sickle	Mizzou Invite, 11/18/17	51.78
5. Kaylyn Flatt	Mizzou Invite, 11/18/17	52.64

200-yard Freestyle

1. Autumn Haebig	Big Ten Championships, 2/16/18	1:46.22
2. Carla Gonzalez-Garcia	Big Ten Championships, 2/16/18	1:48.37
3. Kaylyn Flatt	Big Ten Championships, 2/16/18	1:48.90
4. Jessica Pentlarge	Big Ten Championships, 2/16/18	1:49.24
5. Allie Worrall	Big Ten Championships, 2/16/18	1:49.64

500-yard Freestyle

1. Autumn Haebig	Big Ten Championships, 2/15/18	4:42.69
2. Kaylyn Flatt	Last Chance, 2/24/18	4:49.88
3. Rachel Powers	Big Ten Championships, 2/15/18	4:52.60
4. Savannah Savitt	Mizzou Invite, 11/16/17	4:52.80
5. Katt Sickle	Mizzou Invite, 11/16/17	4:58.88

1,000-yard Freestyle

1. Kaylyn Flatt	Iowa State, 10/21/17	10.09.89
2. Autumn Haebig	Arkansas, 11/3/17	10:10.05
3. Rachel Powers	Iowa State, 10/21/17	10:31.26
4. Bridget Pacilio	Northern Iowa, 10/13/17	10:32.92
5. Madison Coughlen	Arkansas, 11/3/17	10:36.41

1,650-yard Freestyle

1. Kaylyn Flatt	Big Ten Championships, 2/14/18	16:40.25
2. Rachel Powers	Mizzou Invite, 11/18/17	16:56.19
4. Sutton Marvin	Mizzou Invite, 11/18/17	17:36.43

100-yard Backstroke

1. Autumn Haebig	Last Chance, 2/24/18	52.29
2. Lindsay Helferich	Big Ten Championships, 2/16/18	53.83
3. Carla Gonzalez-Garcia	Big Ten Championships, 2/16/18	54.74
4. Morgan McCafferty	Mizzou Invite, 11/17/17	55.00
5. Jessica Pentlarge	Big Ten Championships, 2/16/18	55.51

200-yard Backstroke

1. Anna McDonald	Big Ten Championships, 2/17/18	1:57.46
2. Morgan McCaffety	Big Ten Championships, 2/17/18	1:58.85
3. Carla Gonzalez-Garcia	Big Ten Championships, 2/17/18	1:58.87
4. Jacqueline Jeschke	Mizzou Invite, 11/18/17	1:59.65
5. Autumn Haebig	Mizzou Invite, 11/18/17	2:00.21

100-yard Breaststroke

1. Tori Beeler	Last Chance, 2/24/18	1:01.09
2. Jordan Ehly	USA Winter Nationals, 12/1/17	1:01:62
3. Gwen Worlton	Mizzou Invite, 11/16/17	1:01.76
4. Gabby Baratta	Mizzou Invite, 11/16/17	1:05.65
5. Bridget Pacilio	Mizzou Invite, 11/16/17	1:06.67

200-yard Breaststroke

1. Jordan Ehly	Mizzou Invite, 11/18/17	2:11.17
2. Tori Beeler	Mizzou Invite, 11/18/17	2:12.24
3. Gwen Worlton	Mizzou Invite, 11/18/17	2:12.66
4. Savannah Savitt	Mizzou Invite, 11/18/17	2:17.74
5. Bridget Pacilio	Mizzou Invite, 11/18/17	2:18.22

100-yard Butterfly

1. Izzie Murray	Big Ten Championships, 2/16/18	53.72
2. Dana Posthuma	Big Ten Championships, 2/16/18	53.99
3. Morgan McCafferty	Big Ten Championships, 2/16/18	54.29
4. Lindsay Helferich	Mizzou Invite, 11/16/17	55.02
5. Shea Bougie	Mizzou Invite, 11/16/17	55.27

200-yard Butterfly

1. Dana Posthuma	Big Ten Championships, 2/17/18	1:58.52
2. Izzie Murray	USA Winter Nationals, 12/2/17	1:59.67
3. Madison Coughlen	Big Ten Championships, 2/17/18	2:01.08
4. Shea Bougie	Big Ten Championships, 2/17/18	2:02.34
5. Allison Kopas	Mizzou Invite, 11/18/17	2:02.58

200-yard Individual Medley

1. Tori Beeler	Big Ten Championships, 2/15/18	1:59.02
2. Anna McDonald	Big Ten Championships, 2/15/18	1:59.91
3. Morgan McCafferty	Big Ten Championships, 2/15/18	2:00.55
4. Allison Kopas	Mizzou Invite, 11/16/17	2:01.05
5. Shea Bougie	Big Ten Championships, 2/15/18	2:02.04

400-yard Individual Medley

1. Allison Kopas	Mizzou Invite, 11/17/17	4:18.01
2. Madison Coughlen	Mizzou Invite, 11/17/17	4:19.09
3. Anna McDonald	Big Ten Championships, 2/16/18	4:20.89
4. Shea Bougie	Big Ten Championships, 2/16/18	4:21.35
5. Bridget Pacilio	Mizzou Invite, 11/17/17	4:22.22

One-Meter Dive

1. Abigail Knapton	NCAA Zone D, 3/5/18	535.85
2. Katrina Voge	Northern Iowa, 10/13/17	267.90
2. Grace Tiernon	Northern Iowa, 10/13/17	248.47

Three-Meter Dive

1. Abigail Knapton	Big Ten Championships, 2/16/18	351.85
2. Katrina Voge	Iowa State, 10/21/17	288.22
3. Grace Tiernon	Iowa State, 10/21/17	266.02

Platform Dive

1. Abigail Knapton	NCAA Zone D, 3/5/18	589.70
2. Katrina Voge	NCAA Zone D, 3/5/18	408.00
3. Grace Tiernon	Big Ten Championships, 2/17/18	217.05

200-yard Freestyle Relay

Big Ten Championships, 2/16/18	1:32.38

400-yard Freestyle Relay

Big Ten Championships, 2/17/18	3:20.38

800-yard Freestyle Relay

Big Ten Championships, 2/14/18	7:11.60

200-yard Medley Relay

Big Ten Championships, 2/14/18	1:39.43

400-yard Medley Relay

Big Ten Championships, 2/15/18	3:36.03

NEBRASKA'S ALL-TIME TOP FIVE

50-yard Freestyle

Taryn Collura	22.42	2013
Therese Alshammar	22.58	1999
Ariel Weech	22.81	2013
Beth Karaica	22.85	2001
Melanie Dodd	22.88	1993

100-yard Freestyle

Therese Alshammar	48.76	1999
Taryn Collura	48.87	2016
Ariel Weech	49.13	2013
Helene Muller	49.21	1998
Melanie Dodd	49.60	1993

200-yard Freestyle

Helene Muller	1:45.61	2000
Autumn Haebig	**1:46.22**	**2018**
Shandra Johnson	1:46.53	1998
Anna Windsor	1:47.58	1998
Melanie Dodd	1:47.85	1995

500-yard Freestyle

Autumn Haebig	**4:42.69**	**2018**
Shandra Johnson	4:43.48	1998
Katt Sickle	4:46.52	2016
Lauren Bailey	4:46.96	2006
Bailey Pons	4:47.34	2014

1,000-yard Freestyle

Lauren Bailey	9:50.78	2007
Michelle Butcher	9:55.00	1990
Bailey Pons	9:59.20	2014
Kaylyn Flatt	**10:01.01**	**2017**
Shandra Johnson	10:04.65	1998

1,650-yard Freestyle

Lauren Bailey	16:14.36	2007
Michelle Butcher	16:25.99	1990
Bailey Pons	16:27.53	2014
Jackie Lobdell	16:32.96	2001
Kate Wheeler	16:33.18	2006
Kaylyn Flatt	**16:39.10**	**2017**

100-yard Backstroke

Autumn Haebig	**52.29**	**2018**
Erin Oeltjen	53.43	2017
Hayley Martin	53.81	2013
Lindsay Helferich	**53.83**	**2018**
Rebekah Land	54.32	2015

200-yard Backstroke

Erin Oeltjen	1:55.17	2017
Anna McDonald	**1:57.21**	**2017**
Jacqueline Jeschke	**1:57.22**	**2017**
Ellan Dufour	1:57.23	2013
Jane Glazebrook	1:57.99	1995

100-yard Breaststroke

Penny Heyns	1:00.18	1996
Julia Russell	1:00.67	1997
Kaitlin Arntz	1:00.98	2010
Tori Beeler	**1:01.23**	**2017**
Jordan Ehly	1:01.62	2018

200-yard Breaststroke

Penny Heyns	2:08.90	1996
Julia Russell	2:10.25	1997
Jordan Ehly	2:11.17	2018
Elvira Fischer	2:11.27	2001
Kaitlin Arntz	2:12.01	2010

The only six-time female swimmer in Olympic history, Therese Alshammar holds the Nebraska record in the 100-yard free. She swam in her first Olympics for Sweden in 1996, and made her most recent appearance in Rio in 2016.

100-yard Butterfly

Taryn Collura	53.21	2016
Shannon Guy	53.23	2013
Erin Oeltjen	53.63	2017
Izzie Murray	**53.72**	**2018**
Dana Posthuma	**53.95**	**2017**

200-yard Butterfly

Rebecca Wolfe	1:57.94	2001
Dana Posthuma	**1:58.16**	**2017**
Julia Roller	1:58.54	2015
Destiny Lauren	1:59.02	1995
Mariah Hutchinson	1:59.27	2009

200-yard Individual Medley

Tori Beeler	**1:59.02**	**2018**
Julia Russell	1:59.13	1997
Anna McDonald	**1:59.91**	**2018**
Samantha Hardewig	2:00.03	2015
Kaitlin Arntz	2:00.39	2010

400-yard Individual Medley

Emma Johnson	4:12.83	1999
Sasha Pine	4:16.68	1999
Lauren Bailey	4:17.30	2007
Allison Kopas	**4:18.01**	**2018**
Anna McDonald	**4:18.41**	**2017**

One-Meter Dive

Anna Filipcic	608.10	2017
Amy Aarsen	464.75	1988
Julie May	454.35	1989
Wendy Lucero	449.94	1983
Heidi Hecker	440.15	1985

Three-Meter Dive

Abigail Knapton	**609.90**	**2017**
Anna Filipcic	608.25	2017
Amy Aarsen	562.85	1991
Julie Grimmer	536.50	1995
T.D. Rowe	523.25	1996

200-yard Freestyle Relay

Martin, Collura, Guy, Weech	1:30.11	2013
Collura, Oeltjen Deveaux, Bilunas	1:30.92	2015
Muller, Karaica, Windsor, Alshammar	1:31.06	1998
Collura, Bilunas, Deveaux, Oeltjen	1:31.41	2016
Collura, Guy, Land, Bilunas	1:31.48	2014

400-yard Freestyle Relay

Martin, Collura, Guy, Weech	3:18.10	2013
Muller, Karaica, Windsor, Alshammar	3:18.46	1998
Muller, S. Johnson, Sedlacek, Alshammar	3:19.05	1999
Hutchinson, Andrews, Toler, Stroud	3:20.13	2009
Windsor, Karaica, Sedlacek, Muller	3:20.19	1997

800-yard Freestyle Relay

Windsor, Muller, Alshammar, S. Johnson	7:10.89	1998
Haebig, Flatt, Pentlarge, Worrall	**7:11.60**	**2018**
Johnson, Muller, Pine, Highstrom	7:12.20	2000
Sickle, Brassard, Collura, Deveaux	7:12.50	2016
Flatt, Brassard, Hedrick, Roller	7:12.71	2017

200-yard Medley Relay

Martin, Guy, Collura, Weech	1:39.13	2013
Haebig, Worlton, Murray, Helferich	**1:39.43**	**2018**
Brassard, Beeler, Oeltjen, Worrall	1:40.24	2017
Juffer, Ehly Oeltjen, Collura	1:40.54	2015
Dufour, Guy, Grushecky, Weech	1:41.08	2011

400-yard Medley Relay

Haebig, Worlton, Murray, Helferich	**3:36.03**	**2018**
Land, Hardewig, Deveaux, Collura	3:38.82	2015
McCafferty, Ehly, Deveaux, Collura	3:39.16	2016
Haebig, Beeler, Posthuma, Helferich	**3:39.20**	**2018**
Martin, Reiter, Guy, Weech	3:39.36	2013

SWIMMING & DIVING RECORDS

Event	Nebraska	Devaney Center	Big Ten	Big Ten Meet	NCAA	American	U.S. Open
50-yard Freestyle	22.42 Taryn Collura 2013	22.17 Tammy Thomas Kansas, 1983	21.28 Zhesi Li Ohio State, 2018	21.28 Zhesi Li Ohio State, 2018	21.17 Simone Manuel Stanford, 2017	21.12 Abbey Weitzell Canyons Aquatic, 2016	21.12 Abbey Weitzell Canyons Aquatic, 2016
100-yard Freestyle	48.76 Therese Alshammar 1999	48.40 Tammy Thomas Kansas, 1983	46.91 Siobhan Haughey Michigan, 2018	47.71 Siobhan Haughey Michigan, 2016	45.56 Simone Manuel Stanford, 2017	46.09 Simone Manuel Stanford, 2015	45.56 Simone Manuel Stanford, 2017
200-yard Freestyle	1:46.53 Shandra Johnson 1998	1:46.35 Sue Habernigg USC, 1983	1:40.69 Siobhan Haughey Michigan, 2018	1:41.66 Siobhan Haughey Michigan, 2018	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015
500-yard Freestyle	**4:42.69** **Autumn Haebig** **2018**	4:39.95 Marybeth Linzmeir Stanford, 1983	4:34.28 Gillian Ryan Michigan, 2016	4:34.40 Gillian Ryan Michigan, 2017	4:24.06 Katie Ladecky Stanford, 2017	4:24.06 Katie Ladecky Stanford, 2017	4:24.06 Katie Ladecky Stanford, 2017
1,650-yard Freestyle	16:14.36 Lauren Bailey 2006	16:03.76 Marybeth Linzmeir Stanford, 1983	15:36.27 Allyson McHugh Penn State, 2018	15:49.98 Lindsey Clary Ohio State, 2016	15:03.92 Katie Ladecky Stanford, 2016	15:03.31 Katie Ledecky Stanford, 2017	15:03.92 Katie Ladecky Stanford, 2016
100-yard Backstroke	**52.29** **Autumn Haebig** **2018**	54.20 Erin Oeltjen Nebraska, 2017	49.78 Beata Nelson Wisconsin, 2018	49.78 Beata Nelson Wisconsin, 2018	49.69 Ally Howe Stanford, 2017	49.69 Ally Howe Stanford, 2017	49.69 Ally Howe Stanford, 2017
200-yard Backstroke	1:55.17 Erin Oeltjen 2017	1:57.45 Janie Wagstaff K.C. Blazers (Club), 1991	1:49.27 Beata Nelson Wisconsin, 2018	1:50.46 Beata Nelson Wisconsin, 2018	1:47.30 Kathleen Baker California, 2018	1:47.30 Kathleen Baker California, 2018	1:47.30 Kathleen Baker California, 2018
100-yard Breaststroke	1:00.18 Penny Heyns 1996	1:01.64 Penny Heyns Nebraska, 1996	56.25 Lilly King Indiana, 2018	56.30 Lilly King Indiana, 2017	56.25 Lilly King Indiana, 2018	56.25 Lilly King Indiana, 2018	56.25 Lilly King Indiana, 2018
200-yard Breaststroke	2:08.90 Penny Heyns 1996	2:13.35 Jeanne Childs Hawaii, 1983	2:02.60 Lilly King Indiana, 2018	2:05.58 Lilly King Indiana, 2016	2:02.60 Lilly King Indiana, 2018	2:02.60 Lilly King Indiana, 2018	2:02.60 Lilly King Indiana, 2018
100-yard Butterfly	53.21 Taryn Collura 2016	53.54 Jill Sterkel Texas, 1983	50.45 Gia Dalesandro Indiana, 2017	50.45 Gia Dalesandro Indiana, 2017	49.43 Kelsi Worrell Louisville, 2016	49.43 Kelsi Worrell Louisville, 2016	49.43 Kelsi Worrell Louisville, 2016
200-yard Butterfly	1:57.94 Rebecca Wolfe 2001	1:56.71 Mary T. Meagher California, 1983	1:53.31 Vanessa Krause Michigan, 2018	1:53.95 Gia Dalesandro Indiana, 2014	1:49.51 Ella Eastin Stanford, 2018	1:49.51 Ella Eastin Stanford, 2018	1:49.51 Ella Eastin Stanford, 2018
200-yard IM	**1:59.02** **Tori Beeler** **2018**	2:00.34 Tracy Caulkins Florida, 1983	1:53.48 Siobhan Haughey Michigan, 2018	1:53.59 Siobhan Haughey Michigan, 2018	1:50.67 Ella Eastin Stanford, 2018	1:50.67 Ella Eastin Stanford, 2018	1:50.67 Ella Eastin Stanford, 2018
400-yard IM	4:12.83 Emma Johnson 1999	4:15.24 Tracy Caulkins Florida, 1983	4:01.41 Alyssa Vavra Indiana, 2012	4:01.41 Alyssa Vavra Indiana, 2012	3:54.60 Ella Eastin Stanford, 2018	3:54.60 Ella Eastin Stanford, 2018	3:54.60 Ella Eastin Stanford, 2018
200-yard Freestyle Relay	1:30.11 Martin, Collura, Guy, Weech 2013	1:31.66 Stanford 1983	1:27.08 Ohio State 2018	1:27.08 Ohio State 2018	1:25.43 Stanford 2018	1:25.43 Stanford 2018	1:25.43 Stanford 2018
400-yard Freestyle Relay	3:18.10 Martin, Collura, Guy, Weech 2013	3:24.34 Texas 1983	3:10.73 Michigan 2018	3:12.96 Wisconsin 2015	3:07.61 Stanford 2017	3:08.51 Stanford 2017	3:07.61 Stanford 2017
800-yard Freestyle Relay	7:10.89 Windsor, Muller, Alshammar, Johnson 1998	7:16.50 Stanford 1983	6:50.03 Michigan 2018	6:55.34 Michigan 2017	6:45.91 Stanford 2017	6:45.91 Stanford 2017	6:45.91 Stanford 2017
200-yard Medley Relay	1:39.13 Martin, Guy, Collura, Weech 2013	1:42.90 Arkansas 2015	1:33.89 Indiana 2018	1:34.16 Indiana 2018	1:33.11 Stanford 2018	1:33.11 Stanford 2018	1:33.11 Stanford 2018
400-yard Medley Relay	**3:36.03** **Haebig, Worlton,** **Murray, Helferich** **2018**	3:43.00 Florida 1983	3:26.09 Indiana 2018	3:27.81 Indiana 2018	3:25.09 Stanford 2018	3:25.09 Stanford 2018	3:25.09 Stanford 2018
One-Meter Dive	608.10 Anna Filipcic 2017	346.88 Anna Filipcic, Nebraska 2017	375.70 (6 Dives) Christina Loukas Indiana, 2008	370.30 (6 Dives) Kelci Bryant Minnesota, 2011	361.55 (6 Dives) Cassidy Krug Stanford, 2007		
Three-Meter Dive	**609.90** **Abigail Knapton** **2017**	372.30 Anna Filipcic, Nebraska 2017	437.75 (6 Dives) Christina Loukas Indiana, 2009	421.70 (6 Dives) Kelci Bryant Minnesota, 2011	437.75 (6 Dives) Christina Loukas Indiana, 2009		***Key*** ***r- relay leadoff split*** ***p- time in prelims***

NEBRASKA'S ALL-TIME LETTERWINNERS

Jordan Ehly earned her fourth letter for the Huskers in 2018. Ehly (Las Cruces, N.M.) is one of three all-time Nebraska swimming and diving letterwinners from the state of New Mexico.

A

Aarsen, Amy (Wichita, Kan.) 1988-89-90-91
Agee, Cindy (Omaha, Neb.) 1977-78-79-80
Ahl, Karla (Omaha, Neb.) 1995-96
Allen, Missy J. (Kansas City, Mo.) 1991-92-93
Allington, Missy (Firebaugh, Calif.) 1986
Alshammar, Therese (Stockholm, Sweden) 1998-99
Ambrosich, Jordyn (Aurora, Colo.) 2010
Andrews, Jess (Gillette, Wyo.) 2008-09-10
Apker, Jean (Omaha, Neb.) 1980
Appleget, Olivia (Lincoln, Neb.) 2017
Armijo, Rachael (Omaha, Neb.) 2002
Arntz, Kaitlin (Omaha, Neb.) 2007-08-09-10
Arntzen, Kellye (Lincoln, Neb.) 1978
Ashley, Samantha (Windsor, Colo.) 1996-97-98-99
Atoe, Jehan (Parker, Colo.) 2010
Auer, Barbara (Austria) 2001
Austin, Eila 1976-77

B

Backhaus, Cary L. (Omaha, Neb.) 1978-79
Bailey, Lauren (San Mateo, Calif.) 2004-05-06-07
Baker, Lana (Long Beach, Calif.) 2003-04-05-06
Balogh, Bobbi (Lincoln, Neb.) 2009-10-11-12
Baratta, Gabby (Old Tappan, N.J.) 2018
Barker, Allison (Cambridge, England) 1988-89
Barker, Melody (Mission Viejo, Calif.) 1982
Barragan, Kathy (Laguna Hills, Calif.) 1989-90
Bauernfeind, Jenny (Pekin, Ill.) 1989-90
Becker, Emily (Bakersfield, Calif.) 2003-04-05
Beeler, Tori (Parkville, Mo.) 2017-18
Berger, Carol (Omaha, Neb.) 1980
Bernth, Tamara (Ralston, Neb.) 1999-2000
Bickel, Eileen (Omaha, Neb.) 1979
Biggs, Ann K. (Lincoln, Neb.) 1981-82-83-85
Bilunas, Alexandra (Omaha, Neb.) 2014-15-16
Birmingham, Sherri (Omaha, Neb.) 1985-86-87-88
Bodner, Marci (North Huntington, Pa.) 1991-92-93-94
Bodzek, Amanda (Omaha, Neb.) 1997
Bolinske, Bailey (Williston, N.D.) 2009-10
Bonge, Jennifer (Omaha, Neb.) 1996
Bougie, Shea (Lakeville, Minn.) 2017-18
Bowden, Katie (Plant City, Fla.) 2005-07
Bowser, Charlene (Mesa, Ariz.) 1991-92-93-94
Braddock, Lynne (Rapid City, S.D.) 1988-89-90-91
Brandenburg, Trisha (Anoka, Minn.) 1997
Brassard, Cassandra (Regina, Saskatchewan, Canada) 2015-16-17
Bray, C.J. (Omaha, Neb.) 2007-08-09
Brinkman, Anne 1976
Brochner, Michelle (Abilene, Texas) 1983-84
Brock, Janna (Allen, Texas) 1999-2000
Broker, Sarah (Downers Grove, Ill.) 2007-08
Broyhill, Kristin (Dakota City, Neb.) 2002
Brudvik, Elisabeth (Hamar, Norway) 1982
Buchholz, Heidi (Aurora, Colo.) 1991-92
Buoy, Amie (Edmonton, Alberta, Canada) 2003-04-05-06
Burbach, Emily (Lincoln, Neb.) 2008-09
Burley, Shannon 1976
Butcher, Michelle (Alpine, Calif.) 1990-91-92-93
Butler, Jenny (Bellevue, Wash.) 1987-88-89

C

Campos, Elsa (Lincoln, Neb.) 1996
Carew, Erin (Cedar Rapids, Iowa) 1995-96-97-98
Cashman, Susan (Palm Beach Gardens, Fla.) 1984-85
Cassidy, Coleen (Topeka, Kan.) 1978-79
Christensen, Kelly (Walnut Creek, Calif.) 1991-92-93-94
Christensen, Molly (Woodbury, Minn.) 2001
Clark, Becki (Omaha, Neb.) 1987-88-89-90
Clark, Catherine (The Woodlands, Texas) 2002
Clark, Erica (Oakley, Calif.) 1995-96-97
Clark, Mackenzie (Colorado Springs, Colo.) 2003-04-05-06
Clements, Sarah 1996
Clennan, Stephanie (El Dorado, Kan.) 1984-85-87-88
Cloud, Mariesa (Maple Valley, Wash.) 2008
Coffman, Renee (Rockville, Md.) 1985-86
Collura, Taryn (Phoenix, Ariz.) 2013-14-15-16
Cosgrove, Carmen (Perth, Australia) 2001
Cottrell, Kara (Cypress, Texas) 2016
Coughlen, Madison (Frisco, Texas) 2018
Crawford, Emilee (Overland Park, Kan.) 2004-05-06-07
Criss, Colleen (Omaha, Neb.) 2007-08-09-10
Criss, Karen (Omaha, Neb.) 2009-10
Criss, Michelle (Omaha, Neb.) 2004-05-06-07
Crooks, Cathy (Orinda, Calif.) 1992-93-94-95
Crosby, Michaela (Omaha, Neb.) 1976-77-78
Culbertson, Alyssa (Omaha, Neb.) 2001
Cunningham, Michaela (Severna Park, Md.) 2013-14-15-16
Custer, Tammy (Edmonds, Wash.) 1989-90-91-92

D

Danburg, Janet (Council Bluffs, Iowa) 1995-96-97-98
Davis, Katie (Lincoln, Neb.) 2012-13
Dean, Hailey (San Diego, Calif.) 2007-08-09-10
Delue, Diana 1976
Den Hartog, Bobi 1981
Den Otter, Tami (Des Moines, Iowa) 1993-94
Desormey, Claire (St. Charles, Ill.) 2008-09-10-11
Deveaux, Bria (Nassau, Bahamas) 2013-14-15-16
DiBaise, Patty (Omaha, Neb.) 1982
Ditch, Mary 1976
Ditter, Katie (Ralston, Neb.) 2013-14-15-16
Dodd, Melanie (Sydney, Australia) 1993-94-95-96
Doering, Natalie A. (Madison, S.D.) 1979
Drummond, Jerilyn (Edmonton, Alberta, Canada) 2001-02
Dufour, Ellan (Medicine Hat, Alberta, Canada) 2010-11-12-13
Dulgar, Kate (San Diego, Calif.) 2003-04-05-06
Dunn, Kelly (Winfield, Ill.) 2012-13-14-15
Dykes, Nancy 1976

E

Eckstrom, JoDea L. (Marshall, Minn.) 1978-79-80
Ehly, Jordan (Albuquerque, N.M.) 2015-16-17-18
Ely, Pam E. (McCook, Neb.) 1985-86-87-88
Enoch, Ann (Carmel, Ind.) 1997-98-99-00
Ericksen, Heather (Elm Grove, Wis.) 1991-92-93-94
Erickson, Danielle (Portland, Ore.) 2003-04

F

Falck, Kathy 1976
Filipcic, Anna (Omaha, Neb.) 2014-15-16-17
Fischer, Aimee (Lincoln, Neb.) 2015-16-17
Fischer, Elvira (Vienna, Austria) 2000-01
Fitzpatrick, Abby (Lakeville, Minn.) 2005-06
Flannigan, Morgan (Lawrence, Kan.) 2011-12-13-14
Flatt, Kaylyn (Centennial, Colo.) 2016-17-18
Fonfara, Elizabeth (Omaha, Neb.) 1997
Forsberg, Christy L. (Minot, N.D.) 1985
Fortino, Jeni (Modesto, Calif.) 2000-01-02-03
Fox, Kelly (Albuquerque, N.M.) 1989-90
Freathy, Mary (Bloomington, Minn.) 1980
Frederick, Chris P. (Hartford, Wis.) 1990-91-92-93
Froiland, Kathryn (Anchorage, Alaska) 1996
Frymire, Jana (Grand Island, Neb.) 1978

G

Garcia, Jenell (Boulder, Colo.) 1988-89-90-91
Giehl, Julie (Boulder, Colo.) 2008-09-10-11
Giganti, Francesca (St. Louis, Mo.) 2015-16
Gilmore, Shauna (Grand Junction, Colo.) 1983-85-86-87
Glazebrook, Jane (Newcastle, Australia) 1993-94-95-96
Gmeiner, Chris (Omaha, Neb.) 1988-89-90-91
Goble, Gail (Bellevue, Neb.) 1978
Goebel, Beth 1976
Gonzalez-Garcia, Carla (Merida, Venezuela) 2017-18
Goodman, Adrienne (Ballwin, Mo.) 2005-06-07-08
Goodridge, Janet (Hinsdale, Ill.) 1981
Gordon, Kristen (Plano, Texas) 2002
Gotchel, Ingrid (Glen Mills, Pa.) 1997-98-99-00
Grammar, Ashleigh (St. Louis, Mo.) 2011-12-13-14
Greeneway, Abigail (Appleton, Wis.) 2017-18
Grimmer, Julie M. (St. Louis, Mo.) 1992-93-94-95
Grover, Betsy (Sioux City, Iowa) 2005
Grushecky, Kelsey (West Newton, Pa.) 2008-09-10-11
Guy, Shannon (Omaha, Neb.) 2011-12-13-14

H

Haebig, Autumn (Grafton, Wis.) 2018
Hain, Anne 1981
Hall, Carol (Haysville, Kan.) 1980
Hampel, Cindy L. (Danville, Calif.) 1985-86
Hardewig, Samantha (Cincinnati, Ohio) 2013-14-15-16
Harmon (Creek), Kailey (Bothell, Wash.) 2011-12-13
Harnly, Jennifer J. (Houston, Texas) 1992-93-94-95
Harris, Heidi L. (Topeka, Kan.) 1977-78-79
Havens, Sara Kate (Mobile, Ala.) 1997
Haws, Kris (Sandy, Utah) 1991-92-93
Hayman, Lois (Lincoln, Neb.) 1976-77-78

NEBRASKA'S ALL-TIME LETTERWINNERS

Hayward, Sherri M. (Columbus, Ohio) 1980-81-82-83
Heaton, Marcia (Omaha, Neb.) 1982-84
Hecker, Heidi (Des Moines, Iowa).....1984-85-86-87
Hedrick, Samantha (Pella, Iowa) 2017
Hegge, Shellie (Omaha, Neb.) 1994-95
Hehn, Keri (Fargo, N.D.)..... 2000-01
Heisler, Cathy (Stockton, Calif.) 1983-84
Helferich, Lindsay (Odessa, Texas) 2016-17-18
Herman, Amy (Lincoln, Neb.) 2010-11-12-13
Heyns, Penny (Amanzimtoti, South Africa)..1993-94-95-96
Highstrom, Lindsey (Cedarburg, Wis.)..... 2000-01
Hill, Laurel (Omaha, Neb.).....1989-90-91-92
Hoffman, Katie (Beatrice, Neb.)..... 1997-98
Holderman, Esmie (San Pedro, Calif.)..2003-04-05-06
Hollander, Ellen (Omaha, Neb.).....1976-77-78-79
Holmes, Brooke (Omaha, Neb.) 2016
Hoppenrath, Blaine (Liberty, Mo.) 2008-09-10-11
Hunsicker, Beth (Ottumwa, Iowa) 1997-98-99-00
Hunter-Beckinsall, Amanda
(Johannesburg, South Africa) 1995-96-97-98
Hurley, Erin D. (Snyder, N.Y.) 1985-86-87-88
Hutchinson, Mariah (Topeka, Kan.).....2007-08-09-10

I

Ida, Kelsey (Highlands Ranch, Colo.)...2007-08-09-10
Ingles, Bailey (Omaha, Neb.).....2004-05-06-07

J

Jakob, Melanie (Grand Island, Neb.)...1977-78-79-80
Jenkins, Ciara (Mesa, Ariz.).....2012-13-14-15
Jensen, Courtney (Sheridan, Wyo.) 1997-98-99-00
Jeschke, Jacqueline (Augusta, Ga.)..... 2016-17-18
Johnson, Brooke (Lincoln, Neb.) 2000
Johnson, Becky (Anoka, Minn.) 2003-04-05-06
Johnson, Carole (Manhattan, Kan.) 1987-88-89-90
Johnson, Emma (Sydney, Australia)..... 1999-00
Johnson, Melissa (Lincoln, Neb.)..... 1985
Johnson, Shandra (Omaha, Neb.) 1998-99-00
Jones, Juli (Aurora, Colo.) 1993-94-95-96
Jolly, Courtney (Plantation, Fla.) 2006-07-08-09
Jowsey, Sara (Strathfield, Australia) 1997-98-99-00
Juffer, Jacqueline (Wagner, S.D.).....2013-14-15-16

K

Kafka, Sheena (Omaha, Neb.) 2003
Kalman, Michelle (Littleton, Colo.) 1984
Kane, Kathy (Omaha, Neb.)..... 1980
Kappenman, Lorie (Sioux Falls, S.D.)..... 1986-87-88
Karaica, Beth (Natrona Heights, Pa.) ...1997-98-99-01
Karty, Cheryl A. (Chesterfield, Mo.) 1992-93
Kavalec, Brandie (Loveland, Colo.).....2008-09-10-11
Keathley, Mallory (Midland, Texas) 2004
Keester, Pam (Lincoln, Neb.) 1978
Kelling, Amy (Cedar Falls, Iowa)..... 1995-96
Kelly, Kenya S. (Plantation, Fla.)..... 1984-85-86
Kennedy, Ann (St. Paul, Minn.) 1980
Kennedy, Peg (St. Paul, Minn.) 1980
Keown, Kelli L. (Omaha, Neb.) 1982
Kerns, Carrie L. (Valparaiso, Ind.)..... 1992-93
Killin, Sandra (Toronto, Ontario, Canada)..... 1981
Kincade, Virginia..... 1976
King, Alex (Amarillo, Texas) 2003-04-05-06
Klein, Kristina N. (Bellevue, Neb.) 1992-93-94-95
Knapton, Abigail (Omaha, Neb.)..... 2017-18
Kopas, Allison (Fort Lauderdale, Fla.)..... 2018
Korinek, Christy (Lincoln, Neb.) 1980-81
Koss, Haley (St. Helens, Ore.)..... 2005
Kruse, Audrey (Sioux Falls, S.D.)..... 2008
Kurzdorfer, Conley (Kansas City, Mo.)..... 1981

L

Lammel, Julie (Omaha, Neb.).....1983-84-85-86
Land, Rebekah (Hannibal, Mo.) 2012-13-14-15
Landgreen, Laura (Eugene, Ore.) 2002-03
Langemeier, Karla K. (O'Neill, Neb.) 1983
Larka, Karin (Stockholm, Sweden) 2000-01
Larson, Kelsey (Newport Beach, Calif.).....2010-11-12-13

Jacqueline Jeschke is Nebraska's most recent letterwinner from Georgia. The senior joins three-time letterwinner Kristina Tobin as the only swimming letterwinners from Georgia in Husker history.

Lashley, Debora (Belmont, Calif.) 1982
Lauren, Destiny [Mikaela] (Stockholm, Sweden)...1995-96-97-98
Lawrie, Dianne (Lincoln, Neb.)..... 1978
Lawson, Wendy (Blue Springs, Mo.)..... 1991
Lehman, Patti (Bellevue, Neb.)..... 1978
Leigh, Maureen (Bellevue, Neb.)..... 1978
Leslie, Mailene (Corvallis, Ore.) 2009-10-11-12
Lewis, Sue (Omaha, Neb.)..... 1977-78
Liston, Shawn (Atlantic Beach, Fla.)..... 1986-87
Lobdell, Jackie (Gig Harbor, Wash.) 2001
Long, Terri A. (Portland, Ore.).....1987-88-89-90
Lucero, Wendy (Denver, Colo.)..... 1982-83
Luellen, Katherine J. (Norfolk, Neb.) 1994-95
Lundy, Catherine A. (Prairie Village, Kan.) 1982-84-85
Lunn, Laura (Regina, Saskatchewan, Canada) 2003

M

Maack, Marian C. (Omaha, Neb.)..... 1979
Magee, Lise 1976
Manhalova, Lenka (Liberec, Czech Republic) 1997-98
Margetic, Anja
(Sarajevo, Bosnia Herzegovina) 1993-94-95-96
Marinkovich, Andie (Omaha, Neb.)..... 1980
Markgraaff, Lezelle (Bloemfontein, South Africa) 1993-94-95
Markota, Nicole T. (Los Angeles, Calif.)..... 1996-97
Marshall, Kenna (Vermillion, S.D.)..... 1985
Martin, Hayley (Monona, Wis.) 2010-11-12-13
Maruk, Leane
(Saskatoon, Saskatchewan, Canada) ...1990-91-92-93
Marvin, Sutton (Austin, Texas) 2018
Matheny, Mindy (Little Rock, Ark.).....1988-89-90-91
Matheu, Angie (Sacramento, Calif.)..... 2003-04
Matthies, Meredith (Wichita, Kan.).....2008-09-10-11
Mauck, Teresa (San Clemente, Calif.) 1996-97
May, Julie (Denver, Colo.).....1985-86-87-88
McCafferty, Morgan (Reynoldsburg, Ohio)..... 2016-17-18
McCauley, Julie (Tualatin, Ore.)..... 2004
McClain, Rachell (Henderson, Nev.) 2008-09-10-11
McDonald, Anna (Evergreen, Colo.)..... 2016-17-18
McDonald, Molly (Bismarck, N.D.)..... 1998-99-00
Meier, Jan (Pueblo, Colo.) 1987
Melrose, Jenny (Seffner, Fla.)..... 1991-92
Mexia, Melisa (Zapopan, Jalisco, Mexico)..... 2013-14
Meyer, Jane (Billings, Mont.) 1982
Michaud, Payton (Lincoln, Neb.) 2011-12-13-14
Miller, Terrie (Kolbotn, Norway)..... 1997-98-99
Milliman, Sally (Apple Valley, Minn.)..... 1980
Millis, Dani (Frisco, Texas)..... 2007
Moninger, Ann (Kansas City, Mo.)..... 1979-80-81
Morrison, Cathy (Louisville, Ky.)..... 1978-79-80-81
Morris, Natalie (Lenexa, Kan.).....2012-13-14-15
Moss, Elizabeth (Vacaville, Calif.)..... 2000-01
Mugge, Sarah (Spencer, Iowa)..... 2002
Muller, Helene
(Potchefstroom, South Africa).....1997-98-99-2000
Murray, Izzie (North Bend, Ohio) 2018

N

Neuenfeldt, Gretchen E. (Plymouth, Minn.) 1990
Neuenfeldt, Kristen L. (Plymouth, Minn.).... 1988-89-90-91
Nilsson, Anna (Sodertaye, Sweden)..... 1996-97-98-99

O

Oeltjen, Erin (Omaha, Neb.).....2014-15-16-17

P

Pacilio, Bridget (Colleyville, Texas) 2016-17
Park, Heather D. (Durban, South Africa)..... 1994-95-96
Pearman, Lori (Houston, Texas) 1978
Pederson, Jennifer (Anaheim, Calif.) ... 1986-87-88-89
Peffer, Sarah (Newark, Del.)..... 2000-01
Pennefather, Lee (Pinetown, South Africa)..... 1987-88
Pentlarge, Jessica (San Diego, Calif.) 2018
Perri, Jennifer (Irvine, Calif.)..... 1987-88
Petersen, Courtney..... 2003
Petersen, Kristin (Omaha, Neb.)..... 2002
Peterson, Ashley (Lincoln, Neb.)..... 2002
Peterson, Deborah 1976-77
Pike, Lori L. (Cherry Hill, N.J.)..... 1982
Pine, Sasha (New South Wales, Australia) ..1997-98-99-2000
Pons, Bailey (Cedar Falls, Iowa).....2011-12-13-14
Pool, Carrie (Portland, Ore.) 1994-95-96
Porter, Stacia L. (Lincoln, Neb.)..... 1980-81-82-83
Posthuma, Dana (Omaha, Neb.)..... 2016-17-18
Powers, Dana (Tacoma, Wash.)..... 1984-85-86-87
Powers, Rachel (Sun Prairie, Wis.)..... 2018
Pratt, Laura (Bracebridge, Ontario, Canada) 1987
Premo, Michelle (Lincoln, Neb.) 1981
Prey, Sharill (Lincoln, Neb.) 1983-84-85-86

R

Ramsey, Alyson (Olathe, Kan.)..... 2010-11-12
Ramus, Liza R. (Chula Vista, Calif.)..... 1987
Reiter, Ashley (Fargo, N.D.) 2010-11-12-13
Ressler, Kaci (Tampa, Fla.)..... 2005-06-07
Reyes, Sarah-Erin (Reno, Nev.) 1995
Rhodenbaugh, Courtney (Tucson, Ariz.)..... 2010

NEBRASKA'S ALL-TIME LETTERWINNERS

Rhodes, Mira (Oakwood, Ohio)..... 2018
Ridgeway, Lydia (Chicago, Ill.)..... 2010
Rieke, Elizabeth (Lincoln, Neb.)..... 2000-01
Ricketts, Emily (Irvine, Calif.....1983-84-85-86
Riegal, Julie (London, England).....1991-92-93-94
Rinne, Ann M. (Lincoln, Neb.)..... 1978-79-80
Roller, Julia (Naperville, Ill.) 2014-15-16-17
Rowe, Taradee (Issaquah, Wash.) 1996-97
Russell, Julia (Durban, South Africa)....1994-95-96-97
Rye, Mary Beth (Lincoln, Neb.)..... 2012-13

S

Saad, Yasmin (Omaha, Neb.)..... 2002
Sabo, Nikolina (Zagreb, Croatia) 2012-13
Sandeberg, Katrina (Burnsville, Minn.) 2003
Savage, Katie (Studio City, Calif.) 1991-93
Savitt, Savannah (Tampa, Fla.)..... 2017-18
Schlatter, Rachel (Middleton, Wis.).....2003-04-05-06
Schmidt, Cheryl (South Sioux City, Neb.) 1977-78-79
Schmidt, D'Arcy (Scottsdale, Ariz.).....2009-10-11-12
Schmerbach, Michele (Muskego, Wis.)..... 2000-01
Schnack, Casey (Quincy, Ill.) 2004-05-06-07
Schreiner, Christine..... 2001
Schubert, Tami (Muskego, Wis.) 1988
Schwery, Nicole (Roca, Neb.) 2013-14-15-16
Sebesta, Linda (Pine Island, Minn.).....1983-84-85-86
Sedlacek, Stacey (East Galesburg, Ill.).1997-98-99-00
Seidel, Riley (LaCrosse, Wis.).....2009-10-11-12
Seymour, Lauren (St. Charles, Ill.) 2001
Shacklett, Suzy (Danville, Calif.)..... 1997
Shea, Caroline (Denver, Colo.) 2009-10-11-12
Sickle, Katt (Grain Valley, Mo.).....2013-15-16-17-18
Sides, Allison J. (Omaha, Neb.)..... 1992-93-94
Siemert, Lynn (Sterling, Ill.).....2005-06-07-08
Simon, Laura (Madrid, Spain) 1997-98-99
Sloth, Heidi (Bellewood, Neb.)..... 1982-83
Smith, Beth (Marlboro, N.Y.)..... 1991
Snell, Jana (Colby, Kan.) 1992
Sougey, Debora (Lincoln, Neb.) 1978
Souppa, Kirstin (Naperville, Ill.) 2001
Spark, Amanda (Spencer, Iowa)..... 2002
Spencer, Ruth 1976
Spindler, Laura (Bloomington, Minn.)..... 1979-80-81-82
Stahlnecker, Ann (Omaha, Neb.)..... 1981
Stalheim, Lindsey (Omaha, Neb.)..... 2017-18
Stanek, Penny J. (Omaha, Neb.)..... 1985-86
Stansbury, Danielle (Lincoln, Neb.).....2004-05-06-07
Stenger, Candace (Lincoln, Neb.)..... 2002-03
Stewart, Rhonda F. (Topeka, Kan.)..... 1988
Stratton, Kristin (Aurora, Colo.)..... 2001
Strecker, Kristin (Topeka, Kan.) 2011-12-13-14
Stroud, Jenna (Lincoln, Neb.) 2006-07-08-09
Sue, Jackie (Peoria, Ariz.)..... 1993-94
Sullivan, Rene (Cedar Falls, Iowa)..... 1979-80-81
Sullivan, Tamara L. (Cedar Falls, Iowa).1982-83-84-85
Suppes, Marie (New Hope, Minn.) 1981-82

T

Thompson, Marla J. (Mission, Kan.).....1979-80-81-82
Theilen, Paige (Columbus, Neb.)..... 2012-13
Thoms, Cami (Lincoln, Neb.) 2002
Tidball, Ann E. (Lincoln, Neb.).....1991-92-93-94
Tiernon, Grace (Fishers, Ind.)..... 2018
Tobin, Kristina A.T. (Marietta, Ga.)..... 1987-88-89
Toler, Jenny (Elk Grove Village, Ill.).....2006-07-08-09
Toomey, Shannon (Ellisville, Mo.) 2010
Torres, Diana (Bogota, Colombia) 2002-03-05
Troy, Christine (Parramalta, Australia)..... 1997-98-99-00

V

Vahle, Kristin (Norfolk, Neb.)..... 2002
Vandriel, Libby (Edina, Minn.)..... 1990
Van Wie, Krista (Grand Island, Neb.)...2013-14-15-16
Vendl, Lori M. (Pleasant Hill, Calif.)..... 1988-89
Voge, Katrina (Franklin, Wis.)..... 2016-17-18

W

Wagner, Savannah (New York, N.Y.) 2013
Walker, Kaitlan (Albuquerque, N.M.)...2010-11-12-14
Walker, Susan (Plano, Texas).....2000-01-02-03
Wandling, Diana (Collinsville, Ill.) 1989
Ward, Wendy (Sunnyvale, Calif.).....1982-83-84-85
Watland, Anne C. (Omaha, Neb.)..... 1977-78-79
Weech, Ariel (Nassau, Bahamas) 2010-11-12-13
Weinberg, Sara (Bismarck, N.D.) 2010-11-12-13
Wells, Kristi A. (Lincoln, Neb.) 1976-77-78-79
Wetzel, Annette (Grand Island, Neb.) 1980
Wheeler, Kate (Issaquah, Wash.).....2004-05-06-07
White, Kristy (Walnut Creek, Calif.)..... 1987
Wilborn, Laura (Champaign, Ill.)..... 1989-90
Wilbourn, Deanna (Barstow, Calif.)..... 1988
Wilcox, Victoria (Omaha, Neb.)..... 1982
Wilkins, BriAnna (Lincoln, Neb.) 1994-95-96-97
Windsor, Anna (Orange, Australia) 1997-98
Wirtner, Melanie (Pittsburgh, Pa.)..... 1990-91

Lindsey Stalheim joined fellow Omahan Abigail Knapton as letterwinners in 2017 and 2018. A total of 102 Nebraska natives have earned swimming and diving letters for the Huskers.

HUSKER LETTERWINNERS BY STATE

Nebraska women's swimming and diving letterwinners have come from 33 states around the nation and 15 foreign countries since 1976.

Alaska	1
Alabama	1
Arizona	7
Arkansas	1
California	33
Colorado	19
Delaware	1
Florida	9
Georgia	2
Illinois	16
Indiana	3
Iowa	14
Kansas	18
Kentucky	1
Maryland	2
Minnesota	17
Missouri	14
Montana	1
Nebraska	102
Nevada	2
New Jersey	2
New Mexico	3
New York	3
North Dakota	7
Ohio	5
Oregon	7
Pennsylvania	5
Texas	17
South Dakota	6
Utah	1
Washington	8
Wisconsin	13
Wyoming	2

HUSKER LETTERWINNERS BY COUNTRY

Austria	2
Australia	8
Bahamas	2
Bosnia and Herzegovina	1
Canada	8
Colombia	1
Croatia	1
Czech Republic	1
England	2
Mexico	1
Norway	3
South Africa	8
Spain	1
Sweden	4
United States	334
Venezuela	1

Wockenfuss, Erica (Iowa City, Iowa)..... 1983
Wolfe, Rebecca (League City, Texas)..... 2001
Woody, Lorie G. (Coffeyville, Kan.)..... 1993
Worlton, Gwen (Fox Point, Wis.) 2017-18
Worrall, Allie (Phoenix, Ariz.) 2017-18
Wright, Shannon M. (Norfolk, Neb.)....1996-97-98-99

Y

Yemm, Christina (Sterling, Ill.).....2006-07-08-09

Z

Ziegelmann, Sarah (Fargo, N.D.).....2007-08-09-10
Ziemann, Megan (Round Rock, Texas)....2011-12-13-14
Zins, Amanda (Lincoln, Neb.) 1998-99
Zorn, Trischa (Mission Viejo, Calif.)..... 1984-85-86-87

NEBRASKA'S ALL-AMERICANS

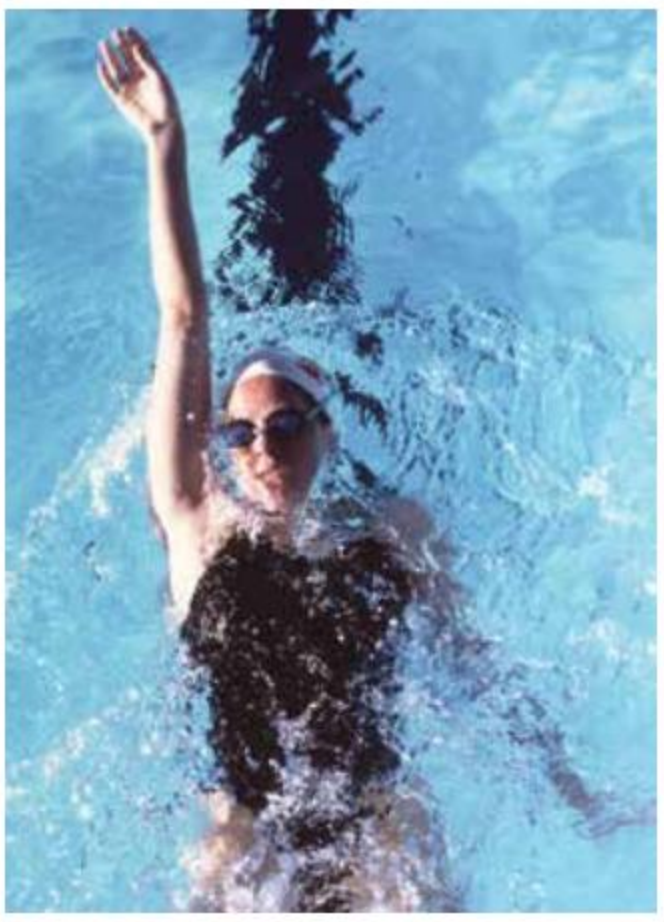
1979-80
NU All-Americans (Results): Sherri Hayward (200 Backstroke, 12th, 2:05.55).

1980-81
NU All-Americans (Results): Sherri Hayward (200 Backstroke, 14th, 2:05.84).

1981-82
NU All-Americans (Results): Sherri Hayward (200 Backstroke, sixth, 2:02.95; 100 Backstroke, 15th, 58.83).

1984-85
NCAA Finish: 9th
NU All-Americans (Results): Shauna Gilmore (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Cindy Hampel (200 Free Relay, third, 1:33.84; 200 Medley Relay, 15th, 1:46.31); Erin Hurley (200 Breaststroke, fifth, 2:17.90; 100 Breaststroke, 12th, 1:04.71; 400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31); Kenya Kelly (800 Free Relay, 11th, 7:28.11; 200 Medley Relay, 15th, 1:46.31); Dana Powers (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 50 Freestyle, 10th, 23.54; 100 Butterfly, 13th, 55.57; 400 Medley Relay, 13th, 3:51.42); Emily Ricketts (400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11; 200 Freestyle, 12th, 1:49.91; 400 Medley Relay, 13th, 3:51.42); Linda Sebesta (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Penny Stanek (400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31).

1985-86
NCAA Finish: 30th
NU All-Americans (Results): Shauna Gilmore (200 Free Relay, ninth, 1:34.52); Cindy Hampel (200 Free Relay, ninth, 1:34.52); Erin Hurley (200 Breaststroke, 15th, 2:21.42); Lorie Kappenman (200 Free Relay, ninth, 1:34.52); Dana Powers (200 Free Relay, ninth, 1:34.52).



Janet Danburg was a two-time All-American at Nebraska in 1996 and 1997.

1986-87
NCAA Finish: 19th
NU All-Americans (Results): Shauna Gilmore (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 200 Freestyle, 16th, 1:49.81; 400 Medley Relay, 16th, 3:51.25); Heidi Hecker (Three-meter Diving, 11th, 435.30); Erin Hurley (200 Medley Relay, seventh, 1:44.65; 200 Breaststroke, 14th, 2:20.43; 400 Medley Relay, 16th, 3:51.25); Carole Johnson (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25); Lorie Kappenman (200 Free Relay, 15th, 1:35.65); Dana Powers (200 Medley Relay, seventh, 1:44.65; 100 Butterfly, 10th, 55.16; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25).

1987-88
NCAA Finish: 39th
NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 290.50); Allison Barker (200 Medley Relay, 14th, 1:45.45); Erin Hurley (200 Medley Relay, 14th, 1:45.45); Carole Johnson (200 Medley Relay, 14th, 1:45.45); Mindy Matheny (200 Medley Relay, 14th, 1:45.45).

1988-89
NCAA Finish: 29th
NU All-Americans (Results): Julie May (One-meter Diving, fifth, 461.95); Jenell Garcia (400 Medley Relay, 16th, 3:53.30); Carole Johnson (400 Medley Relay, 16th, 3:53.30); Mindy Matheny (400 Medley Relay, 16th, 3:53.30); Kristen Neuenfeldt (400 Medley Relay, 16th, 3:53.30).

1989-90
NCAA Finish: 39th
NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 281.10); Jenell Garcia (100 Butterfly, 14th, 55.76).

1990-91
NCAA Finish: 28th
NU All-Americans (Results): Amy Aarsen (Three-meter Diving, eighth, 459.75); Lynne Braddock (200 Free Relay, 16th, NA); Christine Frederick (200 Free Relay, 16th, NA); Jenell Garcia (100 Butterfly, 15th, 55.79); Chris Gmeiner (200 Free Relay, 16th, NA); Mindy Matheny (200 Free Relay, 16th, NA); Melanie Wirtner (200 Butterfly, 15th, 2:02.83).

1991-92
NCAA Finish: 31st
NU All-Americans (Results): Michelle Butcher (1,650 Freestyle, sixth, 16:32.67).

1992-93
NCAA Finish: 20th
NU All-Americans (Results): Melanie Dodd (100 Freestyle, fifth, 49.60; 200 Medley Relay, 10th, 1:44.28; 200 Freestyle, 11th, 1:49.34; 50 Freestyle, 13th, 23.41; 400 Medley Relay, 13th, 3:49.15); Christine Frederick (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 3:49.15); Jane Glazebrook (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28); Penny Heyns (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28).

1993-94
NCAA Finish: 16th
NU All-Americans (Results): Marci Bodner (800 Free Relay, 13th, 7:23.75); Heather Ericksen (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); Jane Glazebrook (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59); Penny Heyns (100 Breaststroke, second, 1:01.43; 200 Breaststroke, sixth, 2:14.35; 200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 1:35.22); Katie Luellen (200 Free Relay, 16th, 1:35.22); Lezelle Markgraaff (800 Free Relay, 13th, 7:23.75); Heather Park (800 Free Relay, 13th, 7:23.75); Julia Russell (100 Breaststroke, eighth, 1:03.59; 200 Breaststroke, 12th, 2:15.22; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); BriAnna Wilkins (800 Free Relay, 13th, 7:23.75).

NCAA CHAMPIONSHIP TEAM FINISHES

8th	1997
9th	1985
9th	1995
10th	1996
11th	1998
12th	1999
16th	1994
19th	1987
20th	1993
20th	2000
23rd	2001
28th	1991
29th	1989
30th	1986
31st	1992
33rd	2017
35th	2018
36th	2006
39th	1988
39th	2016

1994-95
NCAA Finish: 9th
NU All-Americans (Results): Erin Carew (200 Free Relay, 17th, 1:34.29; 400 Free Relay, 18th, 3:27.63); Cathy Crooks (800 Free Relay, 11th, 7:24.18; 400 Individual Medley, 14th, 4:21.33; 400 Free Relay, 18th, 3:27.63); Melanie Dodd (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Freestyle, fifth, 1:47.85; 100 Freestyle, ninth, 50.03; 800 Free Relay, 11th, 7:24.18; 200 Free Relay, 17th, 1:34.29); Jane Glazebrook (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Backstroke, fourth, 1:58.07); Penny Heyns (100 Breaststroke, second, 1:00.41; 400 Medley Relay, second, 3:40.86; 200 Breaststroke, third, 2:11.38; 200 Medley Relay, fourth, 1:42.14); Destiny Lauren (400 Medley Relay, second, 3:40.86; 200 Butterfly, fourth, 1:59.20; 200 Free Relay, 17th, 1:34.29); Heather Park (800 Free Relay, 11th, 7:24.18); Julia Russell (200 Medley Relay, fourth, 1:42.14; 200 Breaststroke, 10th, 2:14.72); BriAnna Wilkins (800 Free Relay, 11th, 7:24.18).

1995-96
NCAA Finish: 10th
NU All-Americans (Results): Erin Carew (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Janet Danburg (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Melanie Dodd (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Penny Heyns (100 Breaststroke, first, 1:00.27; 200

NEBRASKA'S ALL-AMERICANS

Lauren Bailey captured All-America honors for Nebraska in the 1,650-yard freestyle at the 2006 NCAA Championships.

Breaststroke, second, 2:09.71; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Mandy Hunter-Beckinsall (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Destiny Lauren (200 Butterfly, ninth, 2:00.40; 800 Free Relay, 15th, 7:28.66; 100 Butterfly, 16th, 56.50); Heather Park (800 Free Relay, 15th, 7:28.66); Julia Russell (100 Breaststroke, third, 1:01.45; 200 Breaststroke, third, 2:12.12; 200 Individual Medley, fifth, 2:01.51; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); BriAnna Wilkins (800 Free Relay, 15th, 7:28.66); Shannon Wright (800 Free Relay, 15th, 7:28.66).

1996-97

NCAA Finish: 8th

NU All-Americans (Results): Janet Danburg (400 Medley Relay, 11th, 3:43.54); Sara Kate Havens (200 Medley Relay, ninth, 1:41.72); Sara Jowsey (400 Medley Relay, 11th, 3:43.54); Beth Karaica (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Medley Relay, ninth, 1:41.72; 400 Medley Relay, 11th, 3:43.54); Lenka Manhalova (200 Breaststroke, fifth, 2:12.18); Terrie Miller (100 Breaststroke, eighth, 1:02.15); Helene Muller (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 800 Free Relay, 10th, 7:21.44; 200 Medley Relay, ninth, 1:41.72); Julia Russell (100 Breaststroke, fourth, 1:01.22; 200 Breaststroke, second, 2:10.32; 200 Free Relay, sixth, 1:31.94; 200 Individual Medley, tie-10th, 2:00.33; 200 Medley Relay, ninth, 1:41.72); Stacey Sedlacek (400 Free Relay, sixth, 3:21.47); Laura Simon (400 Individual Medley, 16th, 4:21.01); BriAnna Wilkins (800 Free Relay, 10th, 7:21.44); Anna Windsor (200 Freestyle, seventh, 1:48.16; 200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Individual Medley, 15th, 2:02.74; 800 Free Relay, 10th, 7:21.44); Shannon Wright (800 Free Relay, 10th, 7:21.44).

1997-98

NCAA Finish: 11th

NU All-Americans (Results): Therese Alshammar (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 50 Freestyle, tie-ninth, 22.83; 200 Medley Relay, 11th, 1:41.90; 100 Backstroke, 15th, 55.63; 100 Freestyle, 16th, 50.20); Shandra Johnson (800 Free Relay, second, 7:10.89); Beth Karaica (400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Medley Relay, 11th, 1:41.90); Destiny Lauren (200 Butterfly, 11th, 1:59.93); Lenka Manhalova (200 Breaststroke, 12th, 2:14.76); Terrie Miller (200 Medley Relay, 11th, 1:41.90); Helene Muller (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Freestyle, 11th, 1:47.70; 200 Medley Relay, 11th, 1:41.90); Anna Windsor (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Freestyle, eighth, 1:48.19; 200 Free Relay, ninth, 1:31.17; 200 Individual Medley, 16th, 2:02.27).

1998-99

NCAA Finish: 12th

NU All-Americans (Results): Therese Alshammar (100 Freestyle, fourth, 48.76; 50 Freestyle, tie-fourth, 22.60; 800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28) Shandra Johnson (200 Backstroke, seventh, 1:58.53; 200 Freestyle, 14th, 1:48.36; 800 Free Relay, sixth, 7:15.00; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28); Emma Johnson (400 Individual Medley, 11th, 4:18.67; 800 Free Relay, sixth, 7:15.00); Beth Karaica (200 Free Relay, ninth, 1:31.89; 200 Medley Relay, 13th, 1:42.28); Destiny Lauren (200 Butterfly, sixth, 1:59.41); Terrie Miller (200 Medley Relay, 13th, 1:42.28); Helene Muller (800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05); Stacey Sedlacek (200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05).

1999-00

NCAA Finish: 20th

NU All-Americans (Results): Shandra Johnson (400 Freestyle, 11th, 4:09.88; 200 Freestyle, 13th, 2:00.02; 800 Free Relay, 14th, 8:14.00); Helene Muller (200 Freestyle, third, 1:57.88; 100 Freestyle, fifth, 55.06; 800 Free Relay, 14th, 8:14.00); Sasha Pine (800 Free Relay, 14th, 8:14.00); Lindsey Highstrom (800 Free Relay, 14th, 8:14.00); Elvira Fischer (200 Breaststroke, 10th, 2:28.56).

2000-01

NCAA Finish: 23rd

NU All-Americans (Results): Elvira Fischer (200 Breaststroke, fifth, 2:11.27; 100 Breaststroke, eighth, 1:02.04); Rebecca Wolfe (200 Butterfly, seventh, 1:59.78); Carmen Cosgrove (100 Butterfly, 16th, 55.33).

2005-06

NCAA Finish: 36th

NU All-Americans (Results): Lauren Bailey (1,650-Freestyle, ninth, 16:16.06).

2015-16

NCAA Finish: 39th

NU All-Americans (Results): Anna Filipcic (10th, One-Meter Dive, 310.60).

2016-17

NCAA Finish: 33rd

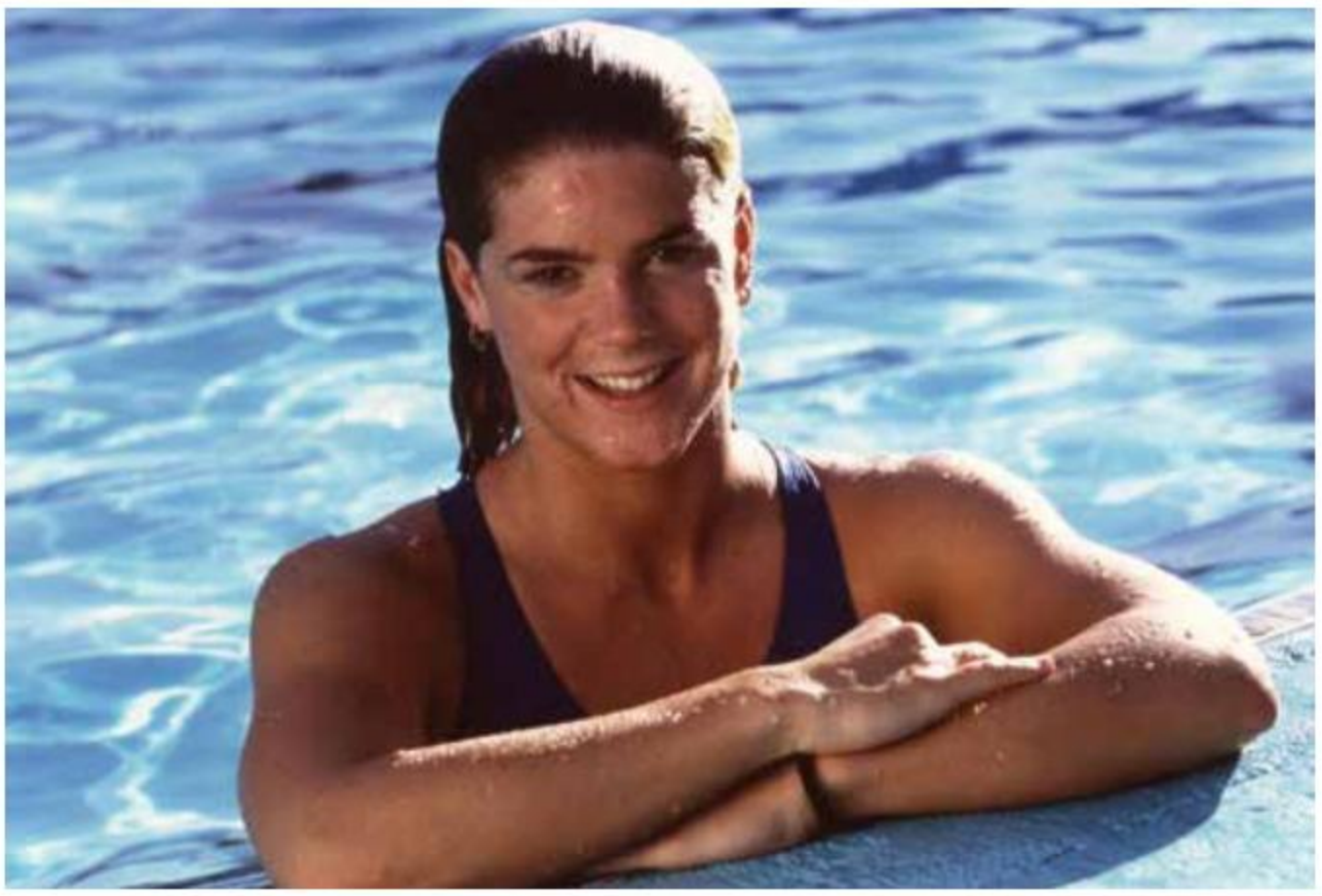
NU All-Americans (Results): Abigail Knapton (fourth, Platform Dive, 297.30).

2017-18

NCAA Finish: 35th

NU All-Americans (Results): Abigail Knapton (eighth, Platform Dive, 286.15).

CONFERENCE RESULTS & CHAMPIONS



A three-time conference champion in 1995 and 1996, Julia Russell was a member of four conference championship teams as a Husker from 1994 to 1997. She was an 18-time All-American.

1975
Team Champion: Kansas, 412 points
Nebraska Finish: Fifth, 180 points
NU Individual Champion: Ginny Kincade (One-meter Diving, 593.60; Three-meter Diving, 650.20)

1976
Team Champion: Kansas, 489 points
Nebraska Finish: Second, 419 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 33.48; 100 Breaststroke, 1:12.90; 200 Breaststroke, 1:12.90; 100 IM, 1:05.12); Kristi Wells (Three-meter Diving, 367.20)

1977
Team Champion: Kansas, 739.5 points
Nebraska Finish: Second, 573.5 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 32.99; 100 Breaststroke, 1:11.97; 200 Breaststroke, 2:34.17); Melanie Jakob (200 Butterfly, 2:12.56; 200 IM, 2:13.95); Anne Watland (500 Freestyle, 5:08.88; 1,650 Freestyle, 17:34.80); Kristi Wells (One-meter Diving, 376.10; Three-meter Diving, 424.00)

1978
Team Champion: Kansas, 604.5 points
Nebraska Finish: Third, 487.5 points
NU Individual Champion: JoDea Eckstrom (100 IM, 1:02.30)

1979
Team Champion: Kansas, 918 points
Nebraska Finish: Third, 665 points
NU Individual Champions: None

1980
Team Champion: Kansas, 905.5 points
Nebraska Finish: Third, 663 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:04.79)

1981
Team Champion: Kansas, 749 points
Nebraska Finish: Fifth, 265 points
NU Individual Champion: Sherri Hayward (100 Backstroke, 59.76; 200 Backstroke, 2:06.09)

1982
Team Champion: Kansas, 745 points
Nebraska Finish: Second, 459 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:05.25)

1983
Team Champion: Kansas, 823 points
Nebraska Finish: Second, 427 points
NU Individual Champions: Sherri Hayward (200 Backstroke, 2:05.18); Cathy Heisler (200 Breaststroke, 2:25.68); Wendy Lucero (One-meter Diving, 449.95)

1984
Team Champion: Kansas, 645 points
Nebraska Finish: Second, 542.5 points
NU Individual Champions: Susan Cashman (500 Freestyle, 4:55.83; 400 IM, 4:55.83); Marcia Heaton (One-meter Diving, 387.80); Dana Powers (50 Freestyle, 23.70); Emily Ricketts (200 Freestyle, 1:50.81)

1985
Team Champion: Nebraska, 682 points
NU Individual Champions: Heidi Hecker (One-meter Diving, 440.15; Three-meter Diving, 456.45); Erin Hurley (200 Breaststroke, 2:17.87); Dana Powers (50 Freestyle, 23.32; 100 Butterfly, 55.10); Emily Ricketts (200 Freestyle, 1:50.81; 500 Freestyle, 4:51.35); Penny Stanek (100 Backstroke, 58.34)

1986
Team Champion: Nebraska, 666.5 points
NU Individual Champions: Shauna Gilmore (200 Freestyle, 1:50.73); Erin Hurley (200 Breaststroke, 2:24.86); Dana Powers (100 Butterfly, 56.59; 100 Breaststroke, 1:06.23); Emily Ricketts (100 Freestyle, 51.54)

1987
Team Champion: Nebraska, 689 points
NU Individual Champions: Shauna Gilmore (100 Freestyle, 51.44; 200 Freestyle, 1:49.85); Erin Hurley (200 Breaststroke, 2:21.07); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.20); Julie May (One-meter Diving, 441.25); Lee Pennefather (500 Freestyle, 5:00.15; 200 Butterfly, 2:04.28); Dana Powers (100 Butterfly, 55.10; 100 Breaststroke, 1:05.10)

1988
Team Champion: Kansas, 715.5 points
Nebraska Finish: Second, 584 points
NU Individual Champions: Stephanie Clennan (Three-meter Diving, 462.8); Carole Johnson (100 Backstroke, 58.39); Terry Long (200 Breaststroke, 2:23.05); Mindy Matheny (50 Freestyle, 23.66)

1989
Team Champion: Kansas, 703 points
Nebraska Finish: Second, 626 points
NU Individual Champions: Lynne Braddock (50 Freestyle, 23.69); Jenell Garcia (200 Butterfly, 2:02.41); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.16); Julie May (One-meter Diving, 454.35; Three-meter Diving, 515.0)

1990
Team Champion: Nebraska, 654.5 points
NU Individual Champions: Michelle Butcher (50 Freestyle, 23.65; 500 Freestyle, 4:51.11; 1650 Freestyle, 16:25.99; 400 IM, 4:24.92); Jenell Garcia (100 Butterfly, 55.76); Carole Johnson (100 Backstroke, 59.21); Leane Maruk (100 Breaststroke, 1:05.58); Kris Neuenfeldt (200 Freestyle, 1:51.33); Melanie Wirtner (200 IM, 2:05.17)

1991
Team Champion: Nebraska, 671.5 points
NU Individual Champions: Amy Aarsen (Three-meter Diving, 562.85); Michelle Butcher (500 Freestyle, 4:52.86; 1,650 Freestyle, 16:38.72; 400 IM, 4:24.04); Jenell Garcia (200 Butterfly, 2:01.94); Mindy Matheny (100 Freestyle, 51.89); Julie Riegal (200 Backstroke, 2:05.40); Melanie Wirtner (100 Butterfly, 55.52)

1992
Team Champion: Kansas, 741 points
Nebraska Finish: Second, 586 points
NU Individual Champions: Heidi Buchholz (Three-meter Diving, 450.10); Michelle Butcher (500 Freestyle, 4:50.58; 1,650 Freestyle, 16:40.03; 400 IM, 4:26.13); Kris Haws (200 Backstroke, 2:04.01)

1993
Team Champion: Kansas, 685 points
Nebraska Finish: Second, 679.5 points
NU Individual Champions: Melanie Dodd (50 Freestyle, 22.88; 100 Freestyle, 50.04; 200 Freestyle, 1:49.14); Jane Glazebrook (100 Backstroke, 56.82; 200 Backstroke, 1:59.70); Jennifer Harnly (One-meter Diving, 434.70); Penny Heyns (100 Breaststroke, 1:03.64); Cheryl Kartye (Three-meter Diving, 495.10)

CONFERENCE RESULTS & CHAMPIONS

1994
Team Champion: Nebraska, 662 points
NU Individual Champions: Melanie Dodd (100 Freestyle, 50.19); Jane Glazebrook (100 Backstroke, 56.16; 200 Backstroke, 1:58.19); Marci Bodner (200 Butterfly, 2:03.13); Jennifer Harnly (One-meter Diving, 422.00); Penny Heyns (100 Breaststroke, 1:01.88; 200 Breaststroke, 2:13.93); BriAnna Wilkins (1,650 Freestyle, 16:39.75)

1995
Team Champion: Nebraska, 636 points
NU Individual Champions: Melanie Dodd (100 Freestyle, 50.13; 200 Freestyle, 1:49.48); Jane Glazebrook (100 Backstroke, 56.12; 200 Backstroke, 1:58.19); Julie Grimmer (Three-meter Diving, 536.50); Penny Heyns (100 Breaststroke, 1:01.57; 200 Breaststroke, 2:13.71); Destiny Lauren (200 Butterfly, 2:00.67); BriAnna Wilkins (1,650 Freestyle, 16:56.27)

1996
Team Champion: Nebraska, 663 points
NU Individual Champions: Janet Danburg (100 Backstroke, 57.13; 200 Backstroke, 2:03.60); Melanie Dodd (100 Freestyle, 50.25); Penny Heyns (100 Breaststroke, 1:00.18; 200 Breaststroke, 2:08.90); Destiny Lauren (100 Butterfly, 55.51; 200 Butterfly, 2:01.01; 400 IM, 4:20.51); Heather Park (500 Freestyle, 4:50.30; 1,650 Freestyle, 16:49.56); Julia Russell (200 IM, 2:00.77)

1997
Team Champion: Nebraska, 927 points
NU Individual Champions: Helene Muller (50 Freestyle, 22.98; 100 Freestyle, 50.02); Julia Russell (100 Breaststroke, 1:00.83; 200 Breaststroke, 2:10.25; 200 IM, 1:59.13); Laura Simon (400 IM, 4:19.15); Anna Windsor (200 Freestyle, 1:48.49)

1998
Team Champion: Nebraska, 868 points
NU Individual Champions: Shandra Johnson (200 Freestyle, 1:46.53; 500 Freestyle, 4:43.48; 200 Backstroke, 1:58.35); Destiny Lauren (200 Butterfly, 2:00.69); Lenka Manhalova (200 Breaststroke, 2:14.22)

1999
Team Champion: Texas, 881.5
Nebraska Finish: Second, 851.5 points
NU Individual Champions: Therese Alshammar (100 Freestyle, 49.46); Shandra Johnson (200 Freestyle, 1:48.08; 500 Freestyle, 4:50.31; 200 Backstroke, 1:58.70); Janna Brock (200 Breaststroke, 2:15.09); Destiny Lauren (200 Butterfly, 1:59.28)

2000
Team Champion: Texas, 914.5
Nebraska Finish: Third, 634 points
NU Individual Champions: Shandra Johnson (500 Freestyle, 4:47.35; 200 Backstroke 1:59.05); Elvira Fischer (100 Breaststroke 1:03.19; 200 Breaststroke, 2:13.71)

2001
Team Champion: Texas, 997.50
Nebraska Finish: Third, 565 points
NU Individual Champions: Elvira Fischer (200 Breaststroke, 2:12.91); Rebecca Wolfe (200 Butterfly, 1:57.94)

2002
Team Champion: Texas, 1,055.50
Nebraska Finish: Sixth, 186 points
NU Individual Champions: None

2003
Team Champion: Texas
Nebraska Finish: Sixth, 316.50
NU Individual Champions: None

2004
Team Champion: Texas, 964
Nebraska Finish: Fourth, 420 points
NU Individual Champion: Lauren Bailey (400 IM, 4:17.57)

2005
Team Champion: Texas, 965
Nebraska Finish: Third, 461 points
NU Individual Champions: None

Abigail Knapton became the first two-time first-team All-America diver in Nebraska history by capturing her second straight honor on platform in 2018. Knapton finished fourth on platform in 2017, before taking eighth on platform at the 2018 NCAA Championships.

2006
Team Champion: Texas, 942.5
Nebraska Finish: Fifth, 386.5 points
NU Individual Champion: Lauren Bailey (1,650-Freestyle, 16:20.05)

2007
Team Champion: Texas A&M, 931
Nebraska Finish: Fifth, 350.5 points
NU Individual Champion: Lauren Bailey (1,650-Freestyle, 16:14.36)

2008
Team Champion: Texas A&M, 967
Nebraska Finish: Sixth, 343 points
NU Individual Champions: None

2009
Team Champion: Texas, 893
Nebraska Finish: Sixth, 298 points
NU Individual Champions: None

2010
Team Champion: Texas A&M, 1,002
Nebraska Finish: Sixth, 261 points
NU Individual Champions: None

2011
Team Champion: Texas, 948
Nebraska Finish: Fifth, 350 points
NU Individual Champions: None

2012
Team Champion: Minnesota, 680.5
Nebraska Finish: 11th, 82
NU Individual Champions: None

2013
Team Champion: Minnesota, 831.5
Nebraska Finish: Ninth, 195
NU Individual Champions: None

2014
Team Champion: Minnesota, 760
Nebraska Finish: Ninth, 145
NU Individual Champions: None

2015
Team Champion: Minnesota, 618.5
Nebraska Finish: Ninth, 143
NU Individual Champions: None

2016
Team Champion: Michigan, 1,361
Nebraska Finish: Ninth, 411.5
NU Individual Champions: None

2017
Team Champion: Michigan, 1,287
Nebraska Finish: 10th, 385
NU Individual Champions: None

2018
Team Champion: Michigan, 1,465
Nebraska Finish: 10th, 358
NU Individual Champions: None

INDIVIDUAL ACADEMIC AWARDS

CoSIDA ACADEMIC ALL-AMERICA AWARD WINNERS

KAITLIN ARNTZ
2010

Kaitlin Arntz earned her place among Nebraska's NCAA-leading 333 CoSIDA Academic All-Americans by capturing third-team honors in the at-large category following her senior season for the Huskers in 2010.

Arntz was one of Nebraska's top breaststroke and individual medley swimmers during her time in Lincoln. She capped her outstanding career by becoming the first CoSIDA Academic All-America women's swimmer in school history. She joins former Husker diver and first-team honoree Courtney Jensen (2000) as the only members of the Nebraska women's swimming and diving program to capture Academic All-America accolades.

Arntz capped her competitive career with a fourth-place finish in the 200-yard breaststroke at the 2010 Big 12 Championships. She added a fourth-place performance in the 100 breast and a sixth-place showing in the 200 IM.

She finished fifth in the 200-yard breaststroke and 11th in the 200 IM at the 2009 Big 12 Championships. She was Nebraska's team MVP as a junior.

As both a freshman and sophomore, Arntz finished eighth in the 200 breast and 10th in the 100 breast at the Big 12 Championships.

Arntz joined the Huskers after a stellar high school career at Millard West in Omaha. She was a 16-time All-American at Millard West and a five-Nebraska state champion. She closed her high school career holding seven school records.

An advertising major at Nebraska, Arntz was nominated with a 3.94 cumulative GPA. She also earned first-team CoSIDA All-District VII honors. An honorable-mention CSCAA Scholar-All-America selection in 2010, Arntz was also a three-time academic All-Big 12 Conference selection for the Big Red from 2008 to 2010.

COURTNEY JENSEN
2000

Courtney Jensen capped an outstanding academic and athletic career as a first-team CoSIDA Academic All-America selection in the at-large category as a senior in 2000.

Jensen, a Husker co-captain and four-year letterwinner from Sheridan, Wyo., was a leader for Nebraska in the diving well throughout her career.

As a senior, Jensen produced a career-best 11th-place finish on the three-meter board at the 2000 Big 12 Conference Championships. She added a 17th-place performance in the one-meter dive.

As a junior, Jensen took 13th on the three-meter board at the 1999 Big 12 Championships, while adding a 23rd-place finish in the one-meter event.

Those performances followed a sophomore season in which she placed 21st on the three-meter and 22nd on the one-meter at the 1998 Big 12 Championships.

She opened her Husker career with 13th-place finishes on both the one- and three-meter boards as a freshman at the 1997 Big 12 meet.

A high school All-American both in competition and in the classroom, Jensen was a two-time Wyoming state champion at Sheridan High School.

An elementary education major at Nebraska, Jensen was nominated for the CoSIDA Academic All-America At-Large team with a perfect 4.0 grade-point average. She claimed first-team CoSIDA All-District VII honors to advance to the national ballot and become Nebraska's first female swimming and diving CoSIDA Academic All-American.

CSCAA SCHOLASTIC ALL-AMERICA AWARD

(First team - 3.50-plus GPA and NCAA qualifier; Honorable Mention - 3.50 GPA and NCAA B qualifying standard or competition at NCAA regional or zone meet)

Kaitlin Arntz ..... HM, 2010
Shannon Guy ..... HM, 2012
Bailey Pons ..... HM, 2012
Taryn Collura ..... HM, 2015; HM, 2016
Jordan Ehly ..... HM, 2015; HM, 2016
Anna Filipcic 1st, 2015; 1st, 2016; 1st, 2017
Samantha Hardewig ..... HM, 2015; HM, 2016
Julia Roller ..... HM, 2015
Francesca Giganti ..... HM, 2016
Lindsay Helferich ..... HM, 2016; HM, 2017; HM, 2018
Erin Oeltjen ..... HM, 2016; HM, 2017
Nicole Schwery ..... HM, 2016
Katt Sickle ..... HM, 2016
Katrina Voge ..... HM, 2016; HM, 2017
Cassandra Brassard ..... HM, 2017
Samantha Hedrick ..... HM, 2017
Jacqueline Jeschke ..... HM, 2017
Abigail Knapton 1st, 2017; 1st, 2018
Anna McDonald ..... HM, 2017; HM, 2018
Autumn Haebig 1st, 2018
Izzie Murray 1st, 2018

BIG TEN CONFERENCE DISTINGUISHED SCHOLARS

Katie Davis 2012, 2013
Shannon Guy 2012, 2013, 2014
Bailey Pons 2012, 2013, 2014
Kristin Strecker 2012, 2014
Kailey Harmon 2013
Amy Herman 2013
Michaela Cunningham 2014, 2015, 2016
Samantha Hardewig 2014, 2015, 2016
Ciara Jenkins 2014, 2015
Rebekah Land 2014
Anna Filipcic 2015, 2016, 2017
Natalie Morris 2015
Katt Sickle 2015, 2016, 2017
Krista Van Wie 2015, 2016
Jordan Ehly 2016
Cassandra Brassard 2017
Aimee Fischer 2017
Lindsay Helferich 2017
Erin Oeltjen 2017
Bridget Pacilio 2017
Julia Roller 2017
Francesca Giganti 2018
Abigail Greeneway 2018
Abigail Knapton 2018
Anna McDonald 2018
Katrina Voge 2018

NEBRASKA OUTSTANDING SCHOLAR AWARD

(Seniors with 3.900 cumulative GPA or better)

Michaela Cunningham 2016

MAJOR TEAM & INDIVIDUAL AWARDS

CSCAA SCHOLAR ALL-AMERICA TOP 20 SCHOOL

Nebraska ..... 15th, 2014 (3.53 GPA)
Nebraska ..... 20th, 2015 (3.55 GPA)
Nebraska ..... 13th, 2016 (3.59 GPA)
Nebraska ..... 17th, 2017 (3.61 GPA)

NEBRASKA HERMAN TEAM GRADE-POINT AVERAGE AWARD

Swimming & Diving ..... 2015 (3.568 GPA)
Swimming & Diving ..... 2016 (3.581 GPA)
Swimming & Diving ..... 2017 (3.578 GPA)

NEBRASKA LIFE SKILLS TEAM AWARD OF EXCELLENCE

Swimming & Diving 2009
Swimming & Diving 2010
Swimming & Diving 2012
Swimming & Diving 2013
Swimming & Diving 2014

HEART & SOUL AWARD

(Nebraska's most prestigious individual Life Skills award)
Kelsey Larson 2013
Erin Oeltjen 2018

NEBRASKA STUDENT-ATHLETE HERO LEADERSHIP AWARD

Jenna Stroud 2008
C.J. Bray 2009
Mariah Hutchinson 2009, 2010
Meredith Matthies 2011
Kelsey Larson 2011, 2012, 2013
Sara Weinberg 2012
Kelly Dunn 2013
Shannon Guy 2014
Payton Michaud 2014
Ciara Jenkins 2015
Jacqueline Juffer 2015
Erin Oeltjen 2016
Krista Van Wie 2016
Lindsay Helferich 2016

NEBRASKA SAM FOLTZ HERO 27 LEADERSHIP AWARD

Jordan Ehly 2017
Katt Sickle 2017
Jacqueline Jeschke 2018
Bridget Pacilio 2018

SERVICE TRIP ABROAD

Jacqueline Juffer (Guatemala) 2015
Rebekah Land (Guatemala) 2015
Erin Oeltjen (Guatemala) 2015
Michaela Cunningham (Dominican Republic) 2016
Samantha Hardewig (Dominican Republic) 2016
Krista Van Wie (Dominican Republic) 2016
Francesca Giganti (Nicaragua) 2017
Julia Roller (Nicaragua) 2017
Katt Sickle (Panama) 2018

NEBRASKA ATHLETICS OUTSTANDING FEMALE NEWCOMER AWARD

Abigail Knapton 2017

The 2016-17 Nebraska swimming and diving team claimed the program's third consecutive Herman Team GPA Award, which is presented to the Husker women's team with the highest cumulative grade-point average. Nebraska's GPA ranked among the top 20 women's swimming and diving programs in the nation for the fourth straight year.

The 2008-09 Husker swimming and diving team claimed the first of five Life Skills Team Awards of Excellence for the program. No other Nebraska program has won more than three Life Skills Team awards since the inception of the award in 2004.

ACADEMIC ALL-CONFERENCE SELECTIONS

1997 (BIG 12)
First Team
Samantha Ashley ..... So. ..... Biology
Erin Carew ..... Jr. ..... Education
Ingrid Gotchel ..... Fr. .... Mechanical Engineering
Courtney Jensen ..... Fr. ..... Education
Anna Nilsson ..... So. ..... Art
Suzy Shacklett..... Fr. ..... Business Administration
Laura Simon..... Fr. ..... Industrial Engineering
Christine Troy..... Fr. ..... Undeclared
BriAnna Wilkins.... Sr. ..... Education
Shannon Wright... So. ..... Business Administration
Honorable Mention
Erica Clark..... Jr. ..... Marketing
Beth Hunsicker .... Fr. ..... Marketing
Teresa Mauck..... So. ..... Education
Julia Russell ..... Sr. ..... Advertising
Stacey Sedlacek... Fr. ..... Biology
Sasha Van Hamburg . Fr. ..... Marketing

1998
First Team
Therese Alshammar.. Fr. ..... Advertising
Samantha Ashley.... Jr. ..... Psychology
Erin Carew ..... Sr. ..... Education
Ann Enoch ..... So. ..... Communication Studies
Katie Hoffman..... So. ..... Pre-Physical Therapy
Amanda Beckinsall ... Jr. ..... Psychology
Courtney Jensen .... So. ..... Elementary Education
Molly McDonald .. Fr. ..... Undeclared
Suzy Shacklett..... So. ..... Business Administration
Laura Simon..... So. ..... Industrial Engineering
Christine Troy..... So. ..... Undeclared
Sasha Van Hamburg .... So. ..... Marketing
Anna Windsor..... So. ..... Biology
Amanda Zins..... Fr. ..... Undeclared
Honorable Mention
Erica Clark..... Sr. ..... Marketing
Ingrid Gotchel ..... So. ..... Meteorology
Anna Nilsson ..... Jr. ..... Art
Shannon Wright... Jr. ..... Economics

1999
First Team
Therese Alshammar..... So. ..... Advertising
Samantha Ashley.... Sr. ..... Psychology
Tami Bernth ..... Fr. ..... Pre-Medicine
Janna Brock ..... Fr. ..... Education
Ann Enoch ..... Jr. ..... Family Science
Ingrid Gotchel ..... Jr. ..... Meteorology
Beth Hunsicker .... Jr. ..... Design
Courtney Jensen . Jr. ..... Elementary Education
Emma Johnson .... Fr. ..... Undeclared
Destiny Lauren..... Sr. ..... News-Editorial
Molly McDonald .. So. ..... Undeclared
Anna Nilsson ..... Sr. ..... Art
Stacey Sedlacek... Jr. ..... Fisheries and Wildlife
Laura Simon..... Jr. ..... Industrial Engineering
Christine Troy..... Sr. ..... Psychology
Sasha Pine ..... Jr. ..... Advertising
Shannon Wright... Sr. ..... Finance
Amanda Zins..... So. ..... Business Administration
Second Team
Helene Muller..... Jr. ..... Biology

2000
First Team
Ingrid Gotchel ..... Sr. ..... Meteorology
Courtney Jensen . Sr. ..... Elementary Education
Molly McDonald .. Jr. ..... Pre-Physical Therapy
Sasha Pine ..... Sr. ..... Advertising
Stacey Sedlacek... Sr. ..... Fisheries and Wildlife
Christine Troy..... Sr. ..... Psychology
Second Team
Tami Bernth ..... So. ..... Pre-Medicine
Beth Hunsicker .... Sr. ..... Design
Helene Muller..... Sr. ..... Biology
Ingrid Gotchel ..... Sr. ..... Meteorology

2001
First Team
Keri Hehn..... So. ..... Undeclared
Lindsey Highstrom ... So. ..... Pre-Medicine
Beth Karaica ..... Sr. ..... Communication Studies
Karin Larka..... So. ..... General Studies
Liz Rieke..... So. ..... Biology
Michele Schmerbauch.... So. ..... Speech Pathology
Susan Walker ..... So. ..... Communication Studies
Second Team
Shandra Johnson. Sr. ..... Family Science

2002
First Team
Rachael Armijo .... So. ..... Elementary Education
Kristin Broyhill..... So. ..... International Business
Jerilyn Drummond.. So. ..... Undeclared
Laura Landgreen.. So. ..... Elementary Education
Sarah Mugge ..... So. ..... Biology
Kristin Petersen.... So. ..... Family Science
Amanda Spark ..... So. ..... Elementary Education
Kristin Vahle..... Jr. ..... Nursing
Susan Walker ..... Jr. ..... Communication Studies
Second Team
Ashley Peterson... Jr. ..... Advertising
Yasmin Saad..... Sr. ..... Broadcasting

2003
First Team
Jeni Fortino ..... Sr. ..... Criminal Justice
Laura Landgreen.. Jr. ..... Elementary Education
Susan Walker ..... Sr. ..... Communication Studies

Nebraska's 2016-17 seniors (from bottom) Erin Oeltjen, Anna Filipcic and Julia Roller combined for nine academic All-Big Ten awards during their Husker careers.

2004
First Team
Emily Becker..... So. ..... Veterinary Science
Amie Buoy..... So. ..... International Business
Kate Dulgar ..... So. ..... Elementary Education
Esmie Holderman.... So. ..... Biological Sciences
Becky Johnson..... So. ..... Undeclared
Alex King ..... So. ..... Chemical Engineering
Rachel Schlatter... So. ..... Undeclared
Second Team
Mackenzie Clark .. So. ..... Undeclared

2005
First **Team**
Emily Becker..... Jr.. ..... Veterinary Science
Amie Buoy..... Jr.. ..... International Studies
Emilee Crawford.. So.. Middle Grades Education
Abby Fitzpatrick... So. ..... Criminal Justice/Pre-Law
Esmie Holderman.... Jr. ..... Biological Sciences
Bailey Ingles ..... So. ..... Elementary Education
Becky Johnson..... Jr. ..... Elementary Education
Alex King ..... Jr. ..... Chemical Engineering
Rachel Schlatter... Jr. ..... Advertising
Casey Schnack..... So. ..... Psychology
Second Team
Lauren Bailey ..... So. ..... Undeclared
Kate Dulgar ..... Jr. ..... Elementary Education
Danielle Stansbury.. So. ..... Elementary Education
Kate Wheeler..... So. ..... Physics

2006
First Team
Lauren Bailey ..... Jr. ... Family & Consumer Science
Amie Buoy..... Sr. ..... International Studies
Emilee Crawford.. Jr. ..... Advertising
Kate Dulgar ..... Sr. ..... Elementary Education
Abby Fitzpatrick... Jr. ..... Criminal Justice
Bailey Ingles ..... Jr. ..... Elementary Education
Becky Johnson..... Sr. ..... Elementary Education
Courtney Jolly ..... RFr. ..... Undeclared
Alex King ..... Sr. ..... Chemical Engineering
Kaci Ressler..... So. ..... Political Science
Rachel Schlatter... Sr. ..... Advertising
Casey Schnack..... Jr. ..... Psychology
Danielle Stansbury.. Jr. ..... Elementary Education
Kate Wheeler..... Jr. ..... Physics
Second Team
Mackenzie Clark .. Sr. ..... Advertising
Esmie Holderman.... Sr. ..... Biological Sciences

2007
First Team
Lauren Bailey ..... Sr. ... Family & Consumer Science
Katie Bowden ..... Sr. ..... Criminal Justice
Emilee Crawford.. Sr. ..... Communication Studies
Bailey Ingles ..... Sr. ..... Elementary Education
Courtney Jolly ..... So. ..... Animal Science
Dani Millis..... Jr. ..... Marketing
Kaci Ressler..... Jr. ..... Political Science
Casey Schnack..... Sr. ..... Psychology
Danielle Stansbury.. Sr. ..... Elementary Education
Jenny Toler ..... So. ..... Art History & Criticism
Christina Yemm.... So.. Nutrition, Exercise & Health Science
Second Team
Kate Wheeler..... Sr. ..... Physics

2008
First Team
Kaitlin Arntz ..... So. ..... Advertising
C.J. Bray ..... Jr. ..... Nutritional Science & Dietetics
Sarah Broker ..... So. ..... Pre-Nursing
Kelsey Ida ..... So. ..... International Studies, Philosophy & Political Science
Courtney Jolly ..... Jr. ..... Animal Science

ACADEMIC ALL-CONFERENCE SELECTIONS

Jenny Toler ..... Jr. ..... Art History & Criticism
Christina Yemm.... Jr. ....Nutritional Science & Dietetics
Sarah Ziegelmann So..... Undeclared
Second Team
Colleen Criss ..... So..... Undeclared
Mariah Hutchinson.. So..... Undeclared
Jenna Stroud ..... Jr. .....Communication Studies

2009

First Team
Jess Andrews..... So..... Undeclared
Kaitlin Arntz ..... Jr. .....Advertising
Emily Burbach..... So..... Animal Science
Julie Giehl..... So..... Finance
Kelsey Grushecky ....So..... Biological Sciences
Kelsey Ida ..... Jr. .....International Studies
.....Philosophy & Political Science
Courtney Jolly ..... Sr. ..... Animal Science
Meredith Matthies ...So.....Business Administration
Jenna Stroud ..... Sr. .....Communication Studies
Jenny Toler ..... Sr. ..... Art History & Criticism
Christina Yemm.... Sr. .....Marketing
Second Team
C.J. Bray ..... Sr. ....Nutritional Science & Dietetics
Colleen Criss ..... Jr. ..... Speech-Language Pathology

2010

First Team
Kaitlin Arntz ..... Sr. .....Advertising
Bobbi Balogh..... So...Biological Systems Engineering
Bailey Bolinske..... So.....Civil Engineering
Hailey Dean ..... Sr. .....Psychology
Julie Giehl..... Jr. .....Finance/Management
Kelsey Grushecky ....Jr. ..... Biological Sciences
Kelsey Ida ..... Sr. .... History, International Studies
..... & Philosophy
Mailene Leslie..... So.....Business Administration
Meredith Matthies ...Jr. .....Business Administration
Sarah Ziegelmann....Sr. ..... Management
Second Team
Jess Andrews..... Jr. .....Nutritional Science
Claire Desormey.. Jr. ..... Art
Brandie Kavalec... Jr. .....Communication Studies
Mariah Hutchinson.. Sr. .....Broadcasting
Riley Seidel ..... So.....Marketing

2011

First Team
Bobbi Balogh..... Jr. ...Biological Systems Engineering
Julie Giehl..... Sr. .....Finance/Accounting
Kelsey Grushecky Sr. ..... Biological Sciences
Amy Herman ..... So...Dietetics/Nutrition, Exercise
..... & Health Sciences
Kelsey Larson..... So..... Biochemistry
Hayley Martin ..... So.....Fisheries and Wildlife
Meredith Matthies ...Sr. ..... Management
Ashley Reiter..... So.....Biological Sciences & Spanish
Sara Weinberg..... So...Dietetics/Nutrition, Exercise
..... & Health Sciences
Second Team
Claire Desormey.. Sr. ..... Art
Blaine Hoppenrath ... Sr. .....Industrial Engineering
Mailene Leslie..... Jr. .....Business Administration
Rachell McClain ... Sr. .....Communication Studies
Alyson Ramsey .... So.....Psychology
Caroline Shea ..... Jr. ..... Forensic Science
Ariel Weech ..... So..... Biological Sciences

2012 (BIG TEN)

Bobbi Balogh..... Sr. ...Biological Systems Engineering
Morgan Flannigan ...So..Biological Sciences & Chemistry
Ashleigh Grammar.. So..Biological Sciences & Chemistry
Shannon Guy ..... So.....Psychology
Kailey Harmon ..... So..Nutrition, Exercise & Health Science
Amy Herman ..... Jr. Dietetics/Nutrition, Exercise
.....& Health Science
Kelsey Larson..... Jr. ..... Biochemistry
Mailene Leslie..... Sr. .....Business Administration
Payton Michaud... So... Criminology & Criminal Justice
Bailey Pons ..... So.....English & Geology
Alyson Ramsey .... Jr. .....Psychology
Ashley Reiter..... Jr. .. Biological Sciences & Spanish
Riley Seidel ..... Sr. .....Marketing
Caroline Shea ..... Sr. ..... Forensic Science
Kristin Strecker..... So..... Biochemistry
Sara Weinberg..... Jr. Dietetics/Nutrition, Exercise
.....& Health Science
Megan Ziemann .. So..... Interior Design

2013

Katie Davis..... Sr. .....Elementary Education
.....& Mild/Moderate Disabilities K-6
Ellan Dufour..... Sr. ..... Fisheries & Wildlife
Kelly Dunn ..... So.....Marketing
Morgan Flannigan ...Jr. .. Biological Sciences/Chemistry
Ashleigh Grammar.. Jr. .. Biological Sciences/Chemistry
Shannon Guy..... Jr. .....Psychology
Kailey Harmon ..... Sr. .. Nutrition, Exercise & Health Science
Amy Herman ..... Sr. ...Dietetics/Nutrition, Exercise
.....& Health Science
Ciara Jenkins ..... So....Mild/Moderate Disabilities K-6
Kelsey Larson..... Sr. ..... Biochemistry
Payton Michaud... Jr. ... Criminology & Criminal Justice
Natalie Morris..... So....Mild/Moderate Disabilities K-6
Bailey Pons ..... Jr. ..... English/Geology
Ashley Reiter..... Sr. ... Biological Sciences/Spanish
Mary Beth Rye ..... Jr. .....Communication Studies
Kristin Strecker..... Jr. ..... Biochemistry
Paige Theilen..... So.....Agribusiness
Sara Weinberg..... Sr. Dietetics/Nutrition, Exercise
.....& Health Science
Megan Ziemann .. Jr. ..... Interior Design

2014

Alexandra Bilunas....Jr.. ..... Biological Sciences
Taryn Collura..... Jr. .....Psychology
Michaela Cunningham... Jr. .....Biological Sciences/
..... Mathematics
Bria Deveaux ..... So.....Marketing
Kelly Dunn ..... Jr. .....Marketing/Spanish
Morgan Flannigan ...Sr. .... Biological Sciences/Chemistry
Ashleigh Grammar.. Sr. .... Biological Sciences/Chemistry
Shannon Guy..... Sr. .....Psychology
Samantha Hardewig ....So..... Art
Ciara Jenkins ..... Jr. .... Elementary Education &
..... Mild/Moderate K-6
Jacqueline Juffer . So.....Economics
Payton Michaud... Sr. ... Criminology & Criminal Justice
Natalie Morris..... Jr. .... Elementary Education &
..... Mild/Moderate K-6
Bailey Pons ..... Sr. ..... Geology/English
Nicole Schwery.... So...Biological Systems Engineering
Kristin Strecker..... Sr. ..... Biological Sciences
Megan Ziemann .. Sr. .....Interior Design

2015

Alexandra Bilunas....Sr. ..... Biological Sciences
Taryn Collura..... Jr. .....Psychology
Michaela Cunningham.....Sr. .....Biological Sciences/
..... Mathematics
Bria Deveaux ..... Jr. .....Finance/Marketing
Katie Ditter ..... Jr. .....Business Administration
Kelly Dunn ..... Sr. .....Marketing/Spanish
Anna Filipcic ..... Jr. .....Music
Samantha Hardewig ....Jr. ..... Art
Ciara Jenkins ..... Sr. .... Elementary Education &
.....Special Education K-6
Jacqueline Juffer .....Jr. ..... Economics/Political Science
Rebekah Land..... Sr. ....Communication Studies
Natalie Morris..... Sr. .... Elementary Education &
.....Special Education K-6
Erin Oeltjen ..... So..... Biochemistry
Julia Roller ..... So.....Dietetics
Nicole Schwery.... Jr. ...Biological Systems Engineering
Katt Sickle..... Jr. .... Elementary Education &
.....Special Education K-6
Krista Van Wie ..... Jr. .....Psychology

2016

Alexandra Bilunas....Sr. ..... Biological Sciences
Cassandra Brassard .. So..... Animal Science
Taryn Collura..... Sr. .....Psychology
Michaela Cunningham.. Sr. .....Biological Sciences/
..... Mathematics
Bria Deveaux ..... Sr. .....Finance/Marketing
Katie Ditter ..... Sr. .....Business Administration
Jordan Ehly..... So.....Advertising & Public Relations
Anna Filipcic ..... Jr. .....Music
Aimee Fischer..... So.....Pre-Health
Francesca Giganti....So..... Communications
Samantha Hardewig ....Sr. ..... Art
Jacqueline Juffer . Sr. ... Economics/Political Sciencs
Erin Oeltjen ..... Jr. ..... Biochemistry
Julia Roller ..... Jr. ..... Nutrition/Dietetics
Nicole Schwery.... Sr. ...Biological Systems Engineering
Katt Sickle..... Jr. .... Elementary Education &
.....Special Education K-6
Krista Van Wie ..... Sr. .....Psychology

2017

Cassandra Brassard....Jr. ..... Animal Science
Jordan Ehly..... Jr.....Advertising & Public Relations
Anna Filipcic ..... Sr. ..... Music/Psychology
Aimee Fischer..... Jr. .....Elementary Education
Kaylyn Flatt..... So..... Health Science
Lindsay Helferich .....So.....Civil Engineering
Jacqueline Jeschke .. So..... Health Science
Morgan McCafferty .. So...Social Science Education
Anna McDonald... So..... Health Science
Erin Oeltjen ..... Sr. ..... Biochemistry
Bridget Pacilio ..... So...Child, Youth & Family Studies
Dana Posthuma ... Jr. .....Psychology
Julia Roller ..... Sr. .....Dietetics
Katt Sickle..... Sr. .....Teaching, Learning
.....& Teacher Education
Katrina Voge ..... Jr. ..... English

2018

Shea Bougie ..... So.....Accounting
Jordan Ehly..... Sr. ..Advertising & Public Relations
Kaylyn Flatt..... Jr.. ..... Health Science
Francesca Giganti....Jr. ... Communications/Management
Carla Gonzalez-Garcia .. Jr ...Accounting/Business Administration
Abigail Greeneway... So..... International Business
Lindsay Helferich .....Jr. .....Civil Engineering
Jacqueline Jeschke .. Jr. .....Nutrition
Abigail Knapton... So.....Psychology
Morgan McCafferty .. Jr. .....History
Anna McDonald... Jr. .....Nutrition
Bridget Pacilio ..... Jr. ...Child, Youth & Family Studies
Dana Posthuma ... Jr. .....English/Psychology
Savannah Savitt ... So.....Business Administration
Katt Sickle..... Sr. .....Teaching, Learning
.....& Teacher Education
Lindsey Stalheim.. So.....Nutrition
Katrina Voge..... Jr. ..... English
Gwen Worlton ..... So.....Nutrition
Allie Worrall..... So.....Accounting

ALL-TIME RESULTS & RECORDS

YEAR-BY-YEAR RESULTS

Year	Won	Lost	Tie	Conf.	Coach
1975-76	7	0	0	2nd (Big Eight)	Pat Sullivan
1976-77	5	2	0	2nd	Ray Huppert
1977-78	5	1	0	3rd	Ray Huppert
1978-79	5	2	0	3rd	Ray Huppert
1979-80	6	6	0	3rd	Ray Huppert
1980-81	3	9	0	5th	Ray Huppert
1981-82	6	5	0	2nd	Ray Huppert
1982-83	8	3	0	2nd	Ray Huppert
1983-84	10	4	0	2nd	Ray Huppert
1984-85	8	2	0	1st	Ray Huppert
1985-86	10	2	0	1st	Ray Huppert
1986-87	11	2	0	1st	Ray Huppert
1987-88	7	2	0	2nd	Ray Huppert
1988-89	6	7	0	2nd	Ray Huppert
1989-90	11	3	0	1st	Ray Huppert
1990-91	7	3	0	1st	Ray Huppert
1991-92	8	3	0	2nd	Ray Huppert
1992-93	6	2	0	2nd	Cal Bentz
1993-94	7	1	0	1st	Cal Bentz
1994-95	4	3	0	1st	Cal Bentz
1995-96	5	3	0	1st	Cal Bentz
1996-97	6	2	0	1st (Big 12)	Cal Bentz
1997-98	7	0	0	1st	Cal Bentz
1998-99	7	3	0	2nd	Cal Bentz
1999-00	2	8	0	3rd	Cal Bentz
2000-01	7	4	0	3rd	Paul Nelsen
2001-02	0	3	0	6th	Pablo Morales
2002-03	3	8	0	6th	Pablo Morales
2003-04	7	2	0	4th	Pablo Morales
2004-05	8	1	0	3rd	Pablo Morales
2005-06	7	2	0	5th	Pablo Morales
2006-07	7	6	0	5th	Pablo Morales
2007-08	7	2	0	6th	Pablo Morales
2008-09	3	4	0	6th	Pablo Morales
2009-10	4	4	0	6th	Pablo Morales
2010-11	6	4	0	5th	Pablo Morales
2011-12	3	2	0	11th (Big Ten)	Pablo Morales
2012-13	12	3	0	9th	Pablo Morales
2013-14	4	2	1	9th	Pablo Morales
2014-15	4	6	0	9th	Pablo Morales
2015-16	5	3	0	9th	Pablo Morales
2016-17	6	0	0	10th	Pablo Morales
2017-18	4	3	0	10th	Pablo Morales
Totals	264	137	1		

NEBRASKA HEAD COACHES

Name	Years	Won	Lost	Tie	Pct.
Pat Sullivan	1975-76	7	0	0	1.000
Ray Huppert	1976-92	116	56	0	.674
Cal Bentz	1992-00	44	22	0	.667
Paul Nelsen	2000-01	7	4	0	.636
Pablo Morales	2001-Present	86	51	1	.623

The home of the Huskers, the Devaney Natatorium opened in 1976. It is named after Nebraska Hall of Fame Coach and Athletic Director Bob Devaney.

ALL-TIME DUAL MEET RESULTS

Team	W-L-T
Air Force	1-0
Alabama	0-1
Arizona	0-2
Arizona State	1-1
Arkansas*	6-8
Auburn	0-1
Brigham Young	4-1
California-Santa Barbara	1-0
Colorado	2-0
Colorado State	12-6
Florida Atlantic	4-1
Florida Gulf Coast	0-1
Florida State	0-3
Fresno State	1-0
Georgia	0-1
Georgia Southern	1-0
Hawaii	1-0
Illinois*	5-5
Illinois State	1-0
Indiana	1-0
Iowa	6-7
Iowa State*	36-4-1
Kansas*	12-25
Lamar	2-0
Louisiana State	0-3
Louisville	1-1
Manitoba	1-0
Michigan	0-4
Michigan State	1-0
Minnesota	5-11
Missouri	19-12
Missouri State	4-0
Nebraska-Kearney	1-0
Nebraska-Omaha*	22-0
Nevada	5-1
New Mexico	1-1
North Carolina State	0-1
North Dakota	3-0
Northern Arizona	0-1
Northern Colorado	2-0
Northern Iowa*	9-0
Northwestern	2-1
Ohio State	0-1
Oklahoma	4-3
Oklahoma State	1-0
Pennsylvania	1-1
Purdue	1-1
Rutgers*	0-1
San Diego State	0-1
School of the Ozarks	1-0
Simon Frazier	1-0
South Dakota	5-0
South Dakota State*	13-0
Southern California	0-1
Southern Illinois	9-3
Southern Methodist	1-4
St. Cloud State	3-0
Texas	0-2
Texas A&M	3-3
Truman State	2-1
Tulane	1-0
UCLA	0-1
UNLV	0-1
Utah	5-0
Valparaiso	1-0
Villanova	1-0
Virginia Tech	1-0
Washington State	0-2
Wisconsin	0-1
Wyoming	12-1

**** indicates 2018-19 opponents***

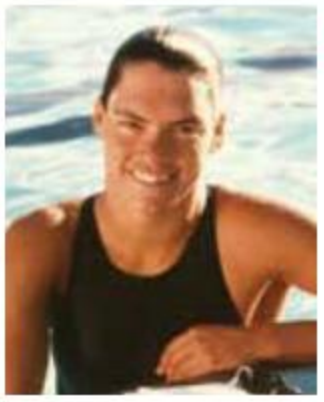
HUSKER OLYMPIANS

THERESE ALSHAMMAR (SWEDEN)
1996, 2000, 2004, 2008, 2012, 2016

The first six-time female Olympic swimmer in history, Therese Alshammar lettered for the Huskers in 1998 and 1999. Considered one of the top female freestyle sprinters in the world, Alshammar set two records at the 2000 European Short Course Championships. Alshammar took home three medals from the Sydney Olympics, a pair of silvers and a bronze.

ELVIRA FISCHER (AUSTRIA)
1996, 2000

A two-time Olympian, Fischer was a three-time All-American while at Nebraska. Fischer's top finish at the 1996 Olympics was 23rd in the 200-meter breaststroke (2:33.87). At the Sydney Olympics in 2000, Fischer's top performance was in the 100-meter breaststroke, where she touched the wall in 1:11.58, placing 24th overall, and winning her heat.



PENNY HEYNS (SOUTH AFRICA)
1992, 1996, 2000

A three-time Olympian, Penny Heyns became the most successful Olympian for South Africa and Nebraska at the same time. A Husker senior in 1996, Heyns' successful year culminated with two Olympic gold medals. For more on Heyns, please see page 104.

EMMA JOHNSON (AUSTRALIA)
1996

Emma Johnson competed for the Huskers during the 1998-99 season, earning All-America honors in the 400-yard IM at the 1999 NCAA Championships. She established the Nebraska record in the 400-yard IM at the 1998 Texas Invitational. Johnson finished fifth in the 400-meter IM at the 1996 Olympics, while also earning a bronze medal swimming on the Aussie's third-place 800-meter freestyle relay team.

WENDY LUCERO (UNITED STATES)
1988

Wendy Lucero competed for Nebraska from 1981 to 1983. Lucero's freshman season was highlighted by a runner-up finish in three-meter diving and a fourth-place finish on the one meter at the 1982 Big Eight Championships. Later that season, Lucero placed eighth at U.S. Nationals. A native of Denver, Colo., Lucero competed for the United States at the 1988 Olympics.

LENKA MANHALOVA (CZECH REPUBLIC) 1992, 1996

Lenka Manhalova finished 11th in the 200-meter breaststroke and 29th in the 100-meter breaststroke at the 1996 Olympic Games in Atlanta. A Czech National Team member, Manhalova was a two-time All-American at Nebraska, including a fifth-place 200-yard breaststroke finish at the 1997 NCAA Championships. Manhalova was also the 1998 Big 12 200-yard breaststroke champion.

ANJA MARGETIC (BOSNIA)
1992

Anja Margetic was a member of the Bosnian team for the 1992 Olympics in Barcelona. Margetic finished 27th in the 200-meter butterfly and 44th in the 100-meter butterfly. Margetic earned All-America honors at Nebraska in 1994 as a member of the 400-yard medley relay that notched a 13th-place finish at the NCAA Championships.

TERRIE MILLER (NORWAY)
1996

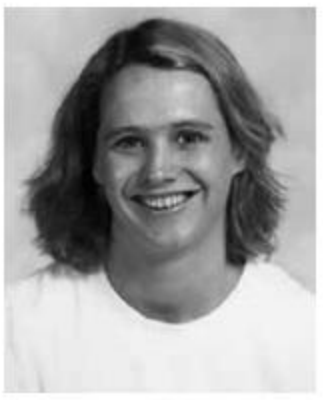
A standout breaststroker from 1997 to 1999, Terrie Miller earned All-America honors in each of her three seasons competing for Nebraska. As a freshman, she placed eighth in the 100-yard breaststroke at the NCAA Championships. She earned All-America honors competing on NU's medley relays in both 1998 and 1999. At the 1996 Olympics in Atlanta, she placed 20th in the 100-meter breaststroke.

HELENE MULLER (SOUTH AFRICA)
1996, 2000

Former Husker All-American Helene Muller swam for her native South Africa during the 1996 and 2000 Olympic Games. Muller lettered from 1997 to 2000, garnering All-America honors for the Huskers 13 times, including a bronze medal in the 200-meter freestyle at the 2000 NCAA Championships.

JULIA RUSSELL (SOUTH AFRICA)
1996

Julia Russell swam to a 12th-place finish in the 200-meter breaststroke in Atlanta in a career-best time of 2:30.38, while also finishing 17th in the 100-meter breaststroke and 26th in the 200-meter IM. In 1997, the 18-time All-American was the NCAA runner-up in the 200-yard breaststroke and the Big 12 Swimmer of the Year. She won three events at the 1997 Big 12 Championships and finished as NU's most prolific scorer at the NCAA Championships with 108 points.



ANNA WINDSOR (AUSTRALIA)
1996, 2000

Freestyle and individual medley standout Anna Windsor competed for NU during the 1997 and 1998 seasons. A two-time NCAA finalist in the 200-yard freestyle, Windsor placed seventh in the event in 1997. She also swam on NU's second-place 800-yard freestyle relay at the 1998 NCAA Championships. A nine-time All-American, Windsor represented Australia at the 1996 Olympics in Atlanta. She swam on the Aussie's eighth-place 400-meter freestyle relay. She also competed at the 2000 Sydney Olympics.

NEBRASKA'S GOLDEN PENNY

PENNY HEYNS
Amanzimtoti, South Africa
Olympic Gold & Bronze Medalist
World Record Holder

It's not every day you run across a golden penny.

But for South Africans and Nebraskans alike, there was one shining bright at the 1996 Olympic Games in Atlanta.

Penny Heyns, a former University of Nebraska standout, earned two gold medals and became the first female in Olympic history to sweep the breaststroke events.

Heyns' whirlwind year of success began on the collegiate level. In Husker suit and cap at the 1996 Big Eight Championships in mid-February, Heyns set a then-NCAA and U.S. Open record in the 200-yard breaststroke (2:08.90), as well as an NU record in the 100-yard event (1:00.18) to help Nebraska win its third consecutive conference crown.

After setting the records, Heyns was forced to travel home for the South African Olympic Trials, which were inconveniently scheduled between the two most important collegiate meets, the conference and national championships.

Nevertheless, it proved to be a trip Heyns would never forget.

During the preliminary heat of the 100-meter breaststroke at the trials, Heyns set a world record with a time of 1:07.46.

The time broke the record held by Australia's Samantha Riley, who had set a mark of 1:07.69 in September, 1994.

Just days after her return from South Africa, Heyns became the first Husker to win a national championship at the NCAA Championships in Ann Arbor, Mich.

Heyns dominated the 100-yard breaststroke with a pool-record 1:00.27 and also earned a silver medal in the 200-yard breaststroke with a 2:09.71 performance.

Heyns then entered the Olympics as the frontrunner in the 100-meter breaststroke event. She proved she had earned that title in the preliminaries, as she blew away the competition and shattered her own world record in a clocking of 1:07.02 in the process.

In the finals, Heyns got off to a quick start, but didn't dominate as she had in the prelims. America's Amanda Beard began her trademark kick at the 50-meter mark and almost caught Heyns at the wall. Heyns held on to finish in 1:07.72 and edged Beard (1:08.09), to claim gold for the first time.

Two days later, Heyns proved she wasn't finished.

After setting an Olympic record of 2:26.63 in the preliminaries of the 200-meter breaststroke, Heyns was timed at 2:25.41 in the finals and again beat out Beard (2:25.75) for the gold. Beard entered the Olympics ranked No. 1 in the 200, but couldn't catch up with the quick pace Heyns set from the start.

"That was one of the hardest races I ever swam," Heyns said following the race. "I'm just glad I had the guts to hang in there."

At a press conference in Lincoln, Neb., the week following her gold medal performances, Heyns admitted she was surprised about the win in the 200.

"In some ways, I sit back, and I really can't believe it," Heyns said. "The 200 (win) was totally unexpected. I don't think it has sunk in yet."

An extremely successful career at Nebraska fine-tuned Heyns for Olympic success. A 15-time All-American and 14-time conference champion for the Huskers, Heyns left Nebraska as the most decorated swimmer in the program's history. Heyns' accomplishments at Nebraska and on the international level will always be recognized.

Heyns has continually showed her appreciation for the University of Nebraska and its athletic department.

Following her double gold medal performance, Heyns didn't waste any time in thanking the Nebraska Swimming and Diving Program and its support staff for the role they played in her Olympic success.

"There is no way I would even be swimming today if I didn't come to Nebraska," Heyns said. "Nebraska has done so much for me that I could never express it. It's not just swimming, it's a family to me -- the whole coaching staff and all my friends."

For the next four years Heyns continued to define excellence in the sport of swimming on a world-class level by producing one of the greatest performances in the history of the sport.

At the 1999 Pan Pacific Championships, Heyns established three world records. Winning gold in both the 100- and 200-meter breaststrokes, Heyns touched the wall in 1:06.52 and 2:23.64, respectively, both world bests. In addition, she swam an exhibition 50-meter breaststroke, posting another world record with a time of 30.83.

Heyns took home her third medal at the 2000 Sydney Olympics by earning a bronze medal in the 100-meter breaststroke in a time of 1:07.55.

HEYNS' CAREER HIGHLIGHTS

+ Two-Time Olympic gold medalist; Three-Time medalist
+ First Woman in Olympic history to sweep the breaststroke events
+ First athlete to win a gold medal for South Africa since 1952
+ Former Olympic record holder, 100 & 200-meter breaststroke
+ 1996 Swimming World World Swimmer of the Year
+ 1996 Big Eight Female Athlete of the Year
+ 10-time First-Team NCAA All-American
+ Five-Time Honorable-Mention NCAA All-American
+ First Husker swimmer to win a national championship (100-yard breaststroke, 1:00.27, 1996)
+ 14-time Big Eight Conference champion
+ Three-time Pan Pacific champion
+ 1995 Big Eight Female Athlete of the Year

HEYNS' WORLD RECORDS

+ 50-meter breaststroke (long course): 30.83
+ 100-meter breaststroke (long course): 1:06.52
+ 200-meter breaststroke (long course): 2:23.64
+ 100-meter breaststroke (short course): 1:05.57

Olympic gold medalist Penny Heyns became the first Husker to win an NCAA Championship in 1996.

NEBRASKA
SOPHOMORES

NEBRASKA

SWIMMING & DIVING SCHEDULE

Sept. 28	**South Dakota State Devaney Natatorium**	**6 p.m.**
Oct. 5	**Scarlet vs. Cream Intrasquad Devaney Natatorium**	**4 p.m.**
Oct. 6	**Northern Iowa Devaney Natatorium**	**11 a.m.**
Oct. 26	at Iowa State Ames, Iowa	5 p.m.
Nov. 3	**Kansas Devaney Natatorium**	**2 p.m.**
Nov. 10-11	Big Ten/ACC Challenge West Lafayette, Ind.	TBA
Nov. 15-17	Hawkeye Invitational Iowa City, Iowa	10 a.m.
Nov. 28-Dec. 1	USA Swimming Winter Nationals Greensboro, N.C.	TBA
Nov. 29-Dec. 2	CAMO International Diving Invite Montreal, Quebec, Canada	TBA
Jan. 12	at Omaha Omaha, Neb.	2 p.m.
Jan. 26	at Illinois Champaign, Ill.	11 a.m.
Feb. 1 Feb. 2	**Rutgers Devaney Natatorium**	**5 p.m. 10 a.m.**
Feb. 20-23	Big Ten Championships Bloomington, Ind.	TBA
March 2-3	Mizzou Last Chance Meet Columbia, Mo.	TBA
March 11-13	NCAA Zone Diving Meet Austin, Texas	TBA
March 20-23	NCAA Championships Austin, Texas	TBA

All times central and subject to change. For updated schedule information, please visit Huskers.com.